
Equestrian Studies (minor)

(for major in Equestrian Studies see Recreation with Equestrian Studies Option)

Department of Leisure Studies: Thomas R. Kettelkamp, chair. Marcus W. Dean, Associate Dean

Faculty: Andrea N. Boon, Jo-Anne O. Young

Web site: www.houghton.edu/academics/programs/recreation

Phone: 585.567.8142

Equestrian Minor: 16 hours

A minor in Equestrian Studies will equip students with a broad base of knowledge in classical horsemanship encompassing theory and philosophy, riding, the teaching of riding, and care of the horse and cultivate Christ-like character enabling them to become effective servant-scholars.

REC 222	Leisure, Work and Society.....	4
EQST 223	Foundations of Equestrian Studies.....	4
EQST 224	Riding Instructor Certification	3
	Equestrian electives (EQST 200 or above)	5

Note: no more than eight hours of EQST courses may be counted towards graduation for students not majoring in Recreation with the equestrian option or minoring in equestrian studies.

COURSE DESCRIPTIONS

ALL equestrian courses have fees. EQST 113 and EQST 114 have a single fee; others have double fees.

EQST 113 Horsemanship I (1, F&S)
Fundamental skills in hunt seat, dressage, and/or western riding, according to student background or interest. Riding portion of grade based on mastery of basic skills. One riding lab per week; written final. Health and Wellness: Point 4.

EQST 114 Horsemanship II (1, F&S)
Building upon fundamental skills and expanding knowledge of hunt seat, dressage, and/or western riding, according to the students background or interest. Riding portion of grade based on mastery of basic skills. One riding lab per week; written final. Prerequisite: EQST 113 or permission. Health and Wellness: Point 4.

EQST 223 Foundations of Equestrian Studies (Activity Lab) (4, S)
Principles of horse management, stable design, equestrian competition, and recreation management, and improvement of riding skills in hunt seat and stock seat, in the arena and on trails.

EQST 224 CHA Riding Instructor Certification (3, M)
Certified Horsemanship Association (CHA) curriculum: CHA clinic and horsemanship teaching certification. Teaching and equitation skills in ring and trail riding of hunt and stock seat. Horsemanship teaching practicum. Prerequisite: EQST 114 and EQST 223 or permission.

EQST 230 Basic Western Riding (2, F)
Philosophy and techniques of western riding needed for ranch work, and basic western competitions. Prerequisite: EQST 113 or permission.

EQST 235 CHA Instructor of Riders with Disabilities Certification (1, M)
Certified Horsemanship Association (CHA) curriculum: CHA clinic and instructor of riders with disabilities (cognitive and physical) certification. Prerequisite: EQST 224 or permission.

EQST 240 Teaching Riding in Bolivia (2, OD)
Combines teaching with intercultural experience in a missions outreach setting. Students will teach riding in Club Hipico in and around the city of Santa Cruz and at Monte Blanco Christian Camp and Conference Center. Knowledge of Spanish is helpful but not essential. Prerequisite: EQST 224 or permission.

EQST 276 Dressage (2, F&S)
Philosophical and physiological building blocks of dressage, leading to mastery of Training Level and introduction to First Level dressage; lays the necessary foundation for effective horsemanship in all higher level disciplines. Prerequisite: EQST 114 or permission. Health and Wellness: Point 4.

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- EQST 323 Eventing** (2, F)
History and philosophy of the sport of eventing, current rules, and riding techniques (three-phase horse trials; includes fundamentals of dressage, cross-country galloping and jumping, stadium jumping techniques). Prerequisites: EQST 276 and EQST 325, or permission. Health and Wellness: Point 4.
- EQST 324 Principles of Training** (2, F)
Foundations of training the young horse and re-training the problem horse. Students work with the actual training of a young horse, utilizing classical principles, philosophy, methodology. Prerequisite: EQST 276 or permission.
- EQST 325 Horsemanship: Jumping I** (2, F)
Fundamentals of basic jumping position and introduction to correctly navigating a course. Philosophy of the hunt seat system of riding. Prerequisite: EQST 114 or permission. Health and Wellness: Point 4.
- EQST 326 Horsemanship: Jumping II** (2, S)
Building skills, refining techniques, and expanding technical knowledge learned in EQST 325. Prerequisite: EQST 325 or permission.
- EQST 327 Mini-Prix Jumping Equitation** (2, S)
Riding jumper seat equitation and showing hunters and jumpers; learning principles, practices, and philosophy of course design for the various classes and competitions for jumpers. Prerequisite: EQST 326 or permission.
- EQST 337 Adventure Trails Riding and Guiding** (2, OD)
Students build skills and knowledge researching potential trail riding sites, training horses for trail riding, and guiding clients on trail rides. Involves multiple off campus field trips. Prerequisite: EQST 114 or permission.
- EQST 328 Horse Show Judging** (2, F11, 13)
Lectures and field trips incorporating judging assignments for learners; understanding the duties of the judge; using good judging to educate riders. Prerequisites: EQST 276 and EQST 325 or permission.
- EQST 334 Competition Dressage** (2, F)
Builds on foundation laid in EQST 276 and guides students into the next two levels towards FEI. Prerequisite: EQST 276 or permission.
- EQST 421 Musical Freestyle Dressage** (2, S)
Combines a solid foundation in classical dressage with the artistry of choreography and music. Prerequisite: EQST 334 or permission.
- EQST 295, 395, 495 Special Topics** (2 or 3, OD)
Courses may be taught relative to special topics in horsemanship, such as riding for the disabled, CHA trail guide certification, CHA instructor of riders with disabilities certification, western reining, etc.
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Family Studies (minor)

Department of Psychology and Sociology: Paul D. Young, chair and Associate Dean

Web site: http://www.houghton.edu/academics/programs/psychology_sociology/minor_family_studies.htm

Phone: 585.567.9440

Minor: 16 hours

The family studies minor is an interdisciplinary program, combining the fields of anthropology, sociology, psychology, and religion. Special topics in other disciplines are also offered according to interest and demand. The minor is designed to provide students with adequate knowledge and skills needed for professional careers in human services and leadership roles in the church, family, and community, in addition to preparing students for further education in Family Studies and related areas.