

**HOUGHTON**  
COLLEGE

P.A.C.E.

# Orientation to Adult Development

## Course Materials

### Course Readings:

- Papalia Text
- Supplementary Reader
  - materials are loaned & returned
  - should not mark up pages

### Course Manual:

- Hard Copy--First 3 Weeks
  - contains syllabus, all weekly assignments and exercises, writing style sheet
  - assignments organized by week
- On web (downloadable) – contains all 5 weeks, be sure to download no later than Week #3

## Introduction to Adult Development

1. Nature and needs of adults during young, middle, and old adulthood.
2. Learn and discuss aspects of this discipline such as:
  - Key Concepts: development, identity accommodation, midlife transition, generativity, successful aging
  - Key Issues: “Do adults truly develop?” “Can one control the aging process?” “How many adults have a mid-life crisis?”
3. Apply knowledge to your personal, family, and work-related settings.
  - “How does the media portray the aging of adults?”
  - Developmental theories by Erikson, Baltes, Peck and others.
  - Gender and cultural issues related to adult development and aging.

## Why Study Adult Development?

1. Because this is **adult education**. This is a very relevant subject for you now!
2. **Increase understanding** of self, family members, friends, work-mates, adults “at large.”
3. **Good context** in which to learn more about your cohort members.
  1. Small and large group discussions
  2. In class exercises and projects
4. **Management applications!**

## Course Instructors

Dr. John Van Wicklin  
Professor of Psychology  
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Dr. Thom Kettelkamp  
Professor of Recreation  
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Professor Trini Rangel  
Instructor of Physical Education  
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## Your Instructors

1. Week One: Class A (John Van Wicklin)
2. Week Two: Class B (Trini Rangel)
3. Week Three: Class C (John Van Wicklin)
4. Week Four: Class D (John Van Wicklin)
5. Week Five: Class E (John Van Wicklin)

**NO CLASS F**

## Highlights From Syllabus

- **Attendance policy (pp. 8-9)**
  - Miss half or more of one class:
    - Makeup assignment substitutes for missed class (see syllabus)
  - Miss second class:
    - Attend missed class with a subsequent cohort
- **Evaluation (pp. 9-10)**
  - Worksheets and exercises done in preparation for class (given a check-plus, check, or check-minus)
    - Necessary forms downloaded with course manual
    - Type or write out by hand. Be sure to have backup copy for use with your Image Paper
  - Image paper each week in reflection upon the previous week's class and associated readings (first one not due until Week #2)
  - Track your grades and get class notes/PowerPoint's on Synapse

## Assignments for Week One

Turn to the Week #1 (Class A) Material in the Course Manual

- **Agenda (p. 11):** outline of class
- **Assignments (p. 12)**
  1. Five adjectives worksheet (pp. 13-14)
  2. Advertising exercise (pp. 15-17)
  3. Class A Study Questions (pp. 18-20)
  4. Class A: Cooperative Learning Exercise (pp. 21-22):
    - a. #'s by counting off by 3's
    - b. Complete two-thirds of page one before class.
    - c. Remainder completed in class in small group interaction.

**NOTE:** Worksheets, study questions, and cooperative exercise maybe printed on front AND back of page