O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song For the Beauty of the Earth

The promise of the Lord proves true; he is a shield for all who take refuge in him.

Psalm 18:25-33
With the loyal you show yourself loyal; with the blameless you show yourself blameless; with the pure you show yourself pure; and with the crooked you show yourself perverse.

For you deliver a humble people, but the haughty eyes you bring down. It is you who light my lamp; the Lord, my God, lights up my darkness. By you I can crush a troop, and by my God I can leap over a wall. This God—his way is perfect; the promise of the Lord proves true; he is a shield for all who take refuge in him.

For who is God except the Lord? And who is a rock besides our God— the God who girded me with strength, and made my way safe. He made my feet like the feet of a deer, and set me secure on the heights.

The promise of the Lord proves true; he is a shield for all who take refuge in him.

Old Testament Reading Genesis 1:1-13
Silent Reflection
New Testament Reading  1 John 1:5-2:2

Silent Reflection

The promise of the Lord proves true; **he is a shield for all who take refuge in him.**

John Polkinghorne said, “I believe that God created this world, this creation, to be other than God’s self and that it is allowed to be itself. However, as the Eastern churches have always maintained, through Christ creation is intended eventually to share in the life of God, the life of divine nature. Even now, this world contains sacraments, inklings of God’s new creation, the redemption of this world beyond its death. I believe that the new creation will be a totally sacramental world, totally suffused with God’s presence.”

Morning Prayer for the day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayer for Others

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Benediction**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song Praise to the Lord, the Almighty

The heavens are telling the glory of God; the firmament proclaims his handiwork.

Psalm 19:1-6
The heavens are telling the glory of God;
and the firmament proclaims his handiwork.
Day to day pours forth speech,
and night to night declares knowledge.
There is no speech, nor are there words; their voice is not heard;
yet their voice goes out through all the earth,
and their words to the end of the world.
In the heavens he has set a tent for the sun,
which comes out like a bridegroom from his wedding canopy,
and like a strong man runs its course with joy.
Its rising is from the end of the heavens,
and its circuit to the end of them;
and nothing is hidden from its heat.

The heavens are telling the glory of God; the firmament proclaims his handiwork.

Old Testament Reading Genesis 1:14-25
Silent Reflection
Silent Reflection

The heavens are telling the glory of God; the firmament proclaims his handiwork.

Meister Eckhart said, “If God gave the soul his whole creation, the soul would not be satisfied by it—but only by God Himself.”

Morning Prayer for the Day

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
Great is Thy Faithfulness

We are made a little lower than God, crowned with glory and honor.

Psalm 8
O Lord, our Sovereign,
  how majestic is your name in all the earth!
You have set your glory above the heavens.
  Out of the mouths of babes and infants
you have founded a bulwark because of your foes,
  to silence the enemy and the avenger.
When I look at your heavens, the work of your fingers,
  the moon and the stars that you have established;
what are human beings that you are mindful of them,
  mortals that you care for them?
Yet you have made them a little lower than God,
  and crowned them with glory and honour.
You have given them dominion over the works of your hands;
  you have put all things under their feet,
all sheep and oxen,
  and also the beasts of the field,
the birds of the air, and the fish of the sea,
  whatever passes along the paths of the seas.
O Lord, our Sovereign,
  how majestic is your name in all the earth!
We are made a little lower than God, crowned with glory and honor.

Old Testament Reading   Genesis 1:26-2:4a
Silent Reflection

New Testament Reading   2 Corinthians 5:16-21
Silent Reflection

We are made a little lower than God, crowned with glory and honor.

Eugene Peterson said, “If you keep the Sabbath, you start to see creation not as somewhere to get away from your ordinary life, but a place to frame an attentiveness to your life.”

Morning Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song    When Morning Dawns and Evening Fades (in back of prayer book)

Satisfy us in the morning with your steadfast love, so that we may rejoice and be glad all our days.

Psalm 90:1-4, 13-17
Lord, you have been our dwelling-place in all generations.  
Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.  
You turn us back to dust, and say, ‘Turn back, you mortals.’
For a thousand years in your sight are like yesterday when it is past, or like a watch in the night.
Turn, O Lord! How long?
    Have compassion on your servants!
Satisfy us in the morning with your steadfast love,
    so that we may rejoice and be glad all our days.
Make us glad for as many days as you have afflicted us,
    and for as many years as we have seen evil.
Let your work be manifest to your servants,
    and your glorious power to their children.
Let the favour of the Lord our God be upon us, and prosper for us the work of our hands— O prosper the work of our hands!

Satisfy us in the morning with your steadfast love, so that we may rejoice and be glad all our days.
Old Testament Reading   Genesis 2:4b-17
Silent Reflection
Silent Reflection

Satisfy us in the morning with your steadfast love, so that we may rejoice and be glad all our days.

E. Stanley Jones said, “Prayer is cooperation with God. It is the purest exercise of the faculties God has given us—an exercise that links these faculties with the Maker to work out the intentions He had in mind in their creation.”

Morning Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Creation

Friday, September 3

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song    O Worship the King, All Glorious Above

Happy is everyone who fears the Lord, happy is the one who walks in his ways.

Psalm 128

Happy is everyone who fears the Lord, who walks in his ways.

You shall eat the fruit of the labour of your hands;
you shall be happy, and it shall go well with you.
Your wife will be like a fruitful vine within your house;
your children will be like olive shoots around your table.
Thus shall the man be blessed who fears the Lord.

The Lord bless you from Zion.

May you see the prosperity of Jerusalem all the days of your life.

May you see your children’s children. Peace be upon Israel!

Happy is everyone who fears the Lord, happy is the one who walks in his ways.

Old Testament Reading    Genesis 2:18-24
Silent Reflection

New Testament Reading    Ephesians 5:21-32
Silent Reflection

Happy is everyone who fears the Lord, happy is the one who walks in his ways.
St. Augustine said, “Our bodies are shaped to bear children, and our lives are a working out of the processes of creation. All our ambitions and intelligence are beside that great elemental point.”

Morning Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, September 6

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

*Song*  
*Immortal, Invisible, God Only Wise*

Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory.

*Psalm 25:1-15*

To you, O LORD, I lift up my soul.
O my God, in you I trust; do not let me be put to shame; do not let my enemies exult over me.
Do not let those who wait for you be put to shame;
   let them be ashamed who are wantonly treacherous.

Make me to know your ways, O LORD; teach me your paths.
Lead me in your truth, and teach me, for you are the God of my salvation; for you I wait all day long.

Be mindful of your mercy, O LORD, and of your steadfast love,
   for they have been from of old.
Do not remember the sins of my youth or my transgressions;
   according to your steadfast love remember me,
   for your goodness’ sake, O LORD!

Good and upright is the LORD; therefore he instructs sinners in the way.

He leads the humble in what is right, and teaches the humble his way.

All the paths of the LORD are steadfast love and faithfulness,
   for those who keep his covenant and his decrees.

For your name’s sake, O LORD, pardon my guilt, for it is great.
Who are they that fear the LORD?
   He will teach them the way that they should choose.
They will abide in prosperity, and their children shall possess the land.

The friendship of the LORD is for those who fear him,
   and he makes his covenant known to them.
My eyes are ever towards the LORD,
   for he will pluck my feet out of the net.

Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory.
Old Testament Reading
   Isaiah 6
Silent Reflection
New Testament Reading
   Luke 15:1-10
Silent Reflection

Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory.

Henri Nouwen wrote, “For most of my life I have struggled to find God, to know God, to love God. I have tried hard to follow the guidelines of the spiritual life—pray always, work for others, read the Scriptures—and to avoid the many temptations to dissipate myself. I have failed many times but always tried again, even when I was close to despair. Now I wonder whether I have sufficiently realized that during all this time God has been trying to find me, to know me, and to love me. The question is not “How am I to find God?” but “How am I to let myself be found by him?” The question is not “How am I to know God?” but “How am I to let myself be known by God?” And, finally, the question is not “How am I to love God?” but “How am I to let myself be loved by God?” God is looking into the distance for me, trying to find me, and longing to bring me home.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Take Time to Be Holy

Restore to me the joy of your salvation; and sustain in me a willing spirit.

Psalm 51:1-12
Have mercy on me, O God, according to your steadfast love;
according to your abundant mercy blot out my transgressions.
Wash me thoroughly from my iniquity, and cleanse me from my sin.
For I know my transgressions, and my sin is ever before me.
Against you, you alone, have I sinned, and done what is evil in your sight, so
that you are justified in your sentence and blameless when you pass judgement.
Indeed, I was born guilty, a sinner when my mother conceived me.
You desire truth in the inward being;
   therefore teach me wisdom in my secret heart.
Purge me with hyssop, and I shall be clean;
   wash me, and I shall be whiter than snow.
Let me hear joy and gladness; let the bones that you have crushed rejoice.
Hide your face from my sins,
   and blot out all my iniquities.
Create in me a clean heart, O God, and put a new and right spirit within me.
Do not cast me away from your presence,
   and do not take your holy spirit from me.
Restore to me the joy of your salvation,
   and sustain in me a willing spirit.

Restore to me the joy of your salvation; and sustain in me a willing spirit.
Old Testament Reading
Nehemiah 9:26-37

Silent Reflection

New Testament Reading
Romans 5:12-21

Silent Reflection

Restore to me the joy of your salvation; and sustain in me a willing spirit.

Paul Wadell wrote, “Christians think differently about friendship because their understanding of friendship is rooted not in rosy accounts of human perfectibility, but in a God who remains ever faithful to us and who never, no matter how egregious our failings, writes us out of the story of divine love.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name; Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Beautiful Savior

The Lord is good to those who wait for him, to the soul that seeks him.

Psalm 68:4-13

Sing to God, sing praises to his name;

   lift up a song to him who rides upon the clouds—

his name is the Lord—be exultant before him.

Father of orphans and protector of widows is God in his holy habitation.

God gives the desolate a home to live in; he leads out the prisoners
to prosperity, but the rebellious live in a parched land.

O God, when you went out before your people,

   when you marched through the wilderness,

the earth quaked, the heavens poured down rain

   at the presence of God, the God of Sinai,

   at the presence of God, the God of Israel.

Rain in abundance, O God, you showered abroad;

   you restored your heritage when it languished;

your flock found a dwelling in it;

   in your goodness, O God, you provided for the needy.

The Lord gives the command; great is the company of those who bore the tidings:

   ‘The kings of the armies, they flee, they flee!’

The women at home divide the spoil, though they stay among the sheepfolds—

the wings of a dove covered with silver, its pinions with green gold.
The Lord is good to those who wait for him, **to the soul that seeks him.**

**Old Testament Reading**
Jeremiah 31:2-9

**Silent Reflection**

**New Testament Reading**
Ephesians 4:17-24

**Silent Reflection**

The Lord is good to those who wait for him, **to the soul that seeks him.**

St. John of the Cross said, “Well and good if all things change, O Lord God, provided I am rooted in You.”

**Prayer for the Day**

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. **Amen.** (John Wesley)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

*Song*  
*How Gentle God’s Commands*

I long for your salvation, O Lord; **and your law is my delight.**

*Psalm 119:169-176*
Let my cry come before you, O Lord;
  **give me understanding according to your word.**
Let my supplication come before you;
  **deliver me according to your promise.**
My lips will pour forth praise, because you teach me your statutes.
My tongue will sing of your promise, for all your commandments are right.
Let your hand be ready to help me, for I have chosen your precepts.
**I long for your salvation, O Lord, and your law is my delight.**
Let me live that I may praise you,
  **and let your ordinances help me.**
I have gone astray like a lost sheep;
seek out your servant, for I do not forget your commandments.

I long for your salvation, O Lord; **and your law is my delight.**

*Old Testament Reading*  
*Exodus 25:17-22*

*New Testament Reading*  
*Matthew 15:21-28*
I long for your salvation, O Lord; and your law is my delight.

Herbert Alphonso wrote, “Prayer is not something we give to God (we can give nothing to God!); it is rather the opening of our heart so that God can give himself to us.”

*Prayer for the Day*

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

*Prayers for Others*

*The Lord’s Prayer*
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, September 10  
Lostness & Grace

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
God Reveals His Presence

Our eyes look to the Lord our God, until he has mercy upon us.

Psalm 123
To you I lift up my eyes, O you who are enthroned in the heavens!
As the eyes of servants look to the hand of their master,
as the eyes of a maid to the hand of her mistress,
so our eyes look to the Lord our God, until he has mercy upon us.
Have mercy upon us, O Lord, have mercy upon us,
for we have had more than enough of contempt.
Our soul has had more than its fill of the scorn of those who are at ease, of the contempt of the proud.

Our eyes look to the Lord our God, until he has mercy upon us.

Old Testament Reading  
Daniel 9:3-19
Silent Reflection
New Testament Reading  
Luke 15:11-32
Silent Reflection

Our eyes look to the Lord our God, until he has mercy upon us.
Amy Oden wrote, “Here we are going to church, living faithfully as best we can, trying to follow Jesus, loving God and neighbor. No one ever threw us a party or published a book about us. God’s welcome in this case is a wake-up call: we have had abundant life all along!...God’s welcome is an invitation to the party God is throwing, an invitation to celebrate God’s lavish generosity for both sons.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, September 13

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song
The Steadfast Love of the Lord
The steadfast love of the Lord never ceases; his mercies never come to an end.
They are new every morning, new every morning;
great is your faithfulness, O God; Great is your faithfulness.

We are God’s people; we are the sheep of His pasture.

Psalm 100
Make a joyful noise unto the Lord, all the earth:
    Worship the Lord with gladness;
    come into his presence with singing.
Know that the Lord is God.
    It is he that made us, and we are his;
    we are his people, and the sheep of his pasture.
Enter his gates with thanksgiving,
    and his courts with praise.
    Give thanks to him, bless his name.
For the Lord is good;
    his steadfast love endures for ever,
    and his faithfulness to all generations.

We are God’s people; we are the sheep of His pasture.

Old Testament Reading
Genesis 15:1-6
Silent Reflection
New Testament Reading
Acts 2:42-47

Silent Reflection

We are God’s people; we are the sheep of His pasture.

Marilynne Robinson said, “As individuals and as a species, we are unthinkable without our communities.”

Morning Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

The Servant Song

We bear one another’s burdens; in this way we fulfill the law of Christ.

Psalm 15
O Lord, who may abide in your tent?
Who may dwell on your holy hill?
Those who walk blamelessly, and do what is right,
and speak the truth from their heart;
who do not slander with their tongue,
and do no evil to their friends,
nor take up a reproach against their neighbours;
in whose eyes the wicked are despised,
but who honour those who fear the Lord;
who stand by their oath even to their hurt;
who do not lend money at interest,
and do not take a bribe against the innocent.
Those who do these things shall never be moved.

We bear one another’s burdens; in this way we fulfill the law of Christ.

Old Testament Reading
Proverbs 3:27-35
Silent Reflection

New Testament Reading
Galatians 6:1-10
Silent Reflection

We bear one another’s burdens; in this way we fulfill the law of Christ.
George Herbert wrote,
Thy friend put in thy bosom: wear his eyes
Still in thy heart, that he may see what’s there.
If cause require, thou art his sacrifice;
Thy drops of blood must pay down all his fear;
   But love is lost; the way of friendship’s gone,
   Though David had his Jonathan, Christ his John.

Morning Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that
You have kept me this night from all harm and danger; and I pray that You
would keep me this day also from sin and every evil, that all my doings and
life may please You. For into Your hands I commend myself, my body and
soul, and all things. Let Your holy angel be with me, that the evil foe may have
no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name.
Thy Kingdom come.
Thy will be done on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction
May the peace of the Lord Christ go with you: wherever he may send you;
may he guide you through the wilderness: protect you through the storm;
may he bring you home rejoicing: at the wonders he has shown you;
may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

Crown Him with Many Crowns

As the Father is in the Son and the Son is in the Father: so His children share in His love.

Psalm 133

How very good and pleasant it is
when kindred live together in unity!

It is like the precious oil on the head,
running down upon the beard,
on the beard of Aaron,
running down over the collar of his robes.

It is like the dew of Hermon,
which falls on the mountains of Zion.
For there the Lord ordained his blessing,
life for evermore.

Old Testament Reading  
1 Samuel 20:12-17

Silent Reflection

New Testament Reading  
John 17:1-26

Silent Reflection
As the Father is in the Son and the Son is in the Father: so His children share in His love.

John Henry Newman wrote, “…the best preparation for loving the world at large, and loving it duly and wisely, is to cultivate an intimate friendship and affection towards those who are immediately about us.”

Morning Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
Glorious Things of Thee Are Spoken

When God restores the fortunes of his people, Jacob will rejoice and Israel will be glad.

Psalm 53
Fools say in their hearts, ‘There is no God.’
They are corrupt, they commit abominable acts;
there is no one who does good.
God looks down from heaven on humankind to see if there are any who are wise, who seek after God.
They have all fallen away, they are all alike perverse; there is no one who does good, no, not one.
Have they no knowledge, those evildoers, who eat up my people as they eat bread, and do not call upon God?
There they shall be in great terror, in terror such as has not been.
For God will scatter the bones of the ungodly;
they will be put to shame, for God has rejected them.
O that deliverance for Israel would come from Zion!
When God restores the fortunes of his people,
Jacob will rejoice; Israel will be glad.

When God restores the fortunes of his people, Jacob will rejoice and Israel will be glad.
Old Testament Reading  Job 12:1-9
Silent Reflection
New Testament Reading  Romans 1:8-17
Silent Reflection

When God restores the fortunes of his people, Jacob will rejoice and Israel will be glad.

Dietrich Bonhoeffer wrote, “God hates visionary dreaming; it makes the dreamer proud and pretentious. The man who fashions a visionary ideal of community demands that it be realized by God, by others and by himself….He acts as if he is the creator of the Christian community, as if his dream binds men together….The person who loves their dream of community will destroy community, but the person who loves those around them will create community.”

Morning Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come.
Thy will be done on earth as it is in heaven. Give us this day our daily bread.
Forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction
May the peace of the Lord Christ go with you: wherever he may send you;
may he guide you through the wilderness: protect you through the storm;
may he bring you home rejoicing: at the wonders he has shown you;
may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

We Gather Together

God has put His spirit within us: God has spoken and He will act.

Psalm 28 (selected verses)
To you, O Lord, I call; my rock, do not refuse to hear me,
for if you are silent to me, I shall be like those who go down to the Pit.
Hear the voice of my supplication, as I cry to you for help,
as I lift up my hands towards your most holy sanctuary.
Do not drag me away with the wicked, with those who are workers
of evil, who speak peace with their neighbours, while mischief is in
their hearts.
Blessed be the Lord,
    for he has heard the sound of my pleadings.
The Lord is my strength and my shield; in him my heart trusts;
so I am helped, and my heart exults,
    and with my song I give thanks to him.
The Lord is the strength of his people;
    he is the saving refuge of his anointed.
O save your people, and bless your heritage;
    be their shepherd, and carry them for ever.

God has put His spirit within us: God has spoken and He will act.

Old Testament Reading

Ezekiel 37:1-14

Silent Reflection
New Testament Reading  James 5:7-20

Silent Reflection

God has put His spirit within us: **God has spoken and He will act.**

W.H. Auden wrote,
Easy at first, the language of friendship
Is, as we soon discover,
Very difficult to speak well…

Morning Prayer for the Day

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.

So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen.  (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Benediction

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Feasting

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Darkness Has Faded (in back of prayer book)

Let the heavens praise your wonders, O Lord; your faithfulness in the assembly of the holy ones.

Psalm 89:1-9
I will sing of your steadfast love, O Lord, for ever;
with my mouth I will proclaim your faithfulness to all generations.
I declare that your steadfast love is established for ever;
your faithfulness is as firm as the heavens.
You said, ‘I have made a covenant with my chosen one, I have sworn to my servant David: “I will establish your descendants for ever,
and build your throne for all generations.”’

Let the heavens praise your wonders, O Lord,
your faithfulness in the assembly of the holy ones.
For who in the skies can be compared to the Lord?
Who among the heavenly beings is like the Lord, a God feared in the council of the holy ones, great and awesome above all that are around him?
O Lord God of hosts, who is as mighty as you, O Lord? Your faithfulness surrounds you.
You rule the raging of the sea; when its waves rise, you still them.

Let the heavens praise your wonders, O Lord; your faithfulness in the assembly of the holy ones.

Old Testament Reading

Exodus 23:12-19a

Silent Reflection
Let the heavens praise your wonders, O Lord; your faithfulness in the assembly of the holy ones.

Richard Foster wrote, “Celebration gives us the strength to live in all the other disciplines. When faithfully pursued, the other disciplines bring us deliverance from those things that have made our lives miserable for years which, in turn, evokes increased celebration. Thus, an unbroken circle of life and power is formed.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
**Tuesday, September 21**

*Feasting*

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**

*There’s A Wideness in God’s Mercy*

Be exalted, O God, above the heavens: let your glory be over all the earth.

*Psalm 57*

Be merciful to me, O God, be merciful to me, for in you my soul takes refuge;
in the shadow of your wings I will take refuge,

until the destroying storms pass by.

I cry to God Most High, to God who fulfils his purpose for me.

He will send from heaven and save me,

he will put to shame those who trample on me.

God will send forth his steadfast love and his faithfulness.

I lie down among lions that greedily devour human prey;
their teeth are spears and arrows, their tongues sharp swords.

Be exalted, O God, above the heavens.

Let your glory be over all the earth.

They set a net for my steps; my soul was bowed down.

They dug a pit in my path, but they have fallen into it themselves.

My heart is steadfast, O God, my heart is steadfast.

I will sing and make melody.

Awake, my soul! Awake, O harp and lyre! I will awake the dawn.

I will give thanks to you, O Lord, among the peoples;

I will sing praises to you among the nations.

For your steadfast love is as high as the heavens;
your faithfulness extends to the clouds.

Be exalted, O God, above the heavens. Let your glory be over all the earth.
Be exalted, O God, above the heavens: let your glory be over all the earth.

Old Testament Reading Leviticus 16:20-34
Silent Reflection
Silent Reflection

Be exalted, O God, above the heavens: let your glory be over all the earth.

Wendell Berry wrote, “Rats and roaches live by competition under the laws of supply and demand; it is the privilege of human beings to live under the laws of justice and mercy.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Feasting

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Blest Be the Tie that Binds

The Lord of hosts is with us; the God of Jacob is our refuge.

Psalm 46

God is our refuge and strength, a very present help in trouble.
Therefore we will not fear, though the earth should change,
though the mountains shake in the heart of the sea;
though its waters roar and foam,
though the mountains tremble with its tumult.
There is a river whose streams make glad the city of God,
the holy habitation of the Most High.
God is in the midst of the city; it shall not be moved;
God will help it when the morning dawns.
The nations are in an uproar, the kingdoms totter;
he utters his voice, the earth melts.
The Lord of hosts is with us; the God of Jacob is our refuge.
Come, behold the works of the Lord;
see what desolations he has brought on the earth.
He makes wars cease to the end of the earth;
he breaks the bow, and shatters the spear;
he burns the shields with fire.
‘Be still, and know that I am God! I am exalted among the nations,
I am exalted in the earth.’
The Lord of hosts is with us; the God of Jacob is our refuge.
The Lord of hosts is with us; the God of Jacob is our refuge.

Old Testament Reading Leviticus 23:33-43
Silent Reflection
Silent Reflection

The Lord of hosts is with us; the God of Jacob is our refuge.

St. Augustine wrote, “Recognize in this bread what hung on the cross, and in this chalice what flowed from His side... whatever was in many and varied ways announced beforehand in the sacrifices of the Old Testament pertains to this one sacrifice which is revealed in the New Testament.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Feasting

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

Guide Me, O Thou Great Jehovah

My soul is satisfied as with a rich feast; and my mouth praises you with joyful lips.

Psalm 63

O God, you are my God, I seek you, my soul thirsts for you;
my flesh faints for you, as in a dry and weary land where there is no water.
So I have looked upon you in the sanctuary, beholding your power and glory.
Because your steadfast love is better than life, my lips will praise you.
So I will bless you as long as I live; I will lift up my hands and call on your name.
My soul is satisfied as with a rich feast, and my mouth praises you with joyful lips
when I think of you on my bed, and meditate on you in the watches of the night;
for you have been my help, and in the shadow of your wings I sing for joy.
My soul clings to you; your right hand upholds me.
But those who seek to destroy my life
shall go down into the depths of the earth;
they shall be given over to the power of the sword,
they shall be prey for jackals.
But the king shall rejoice in God; all who swear by him shall exult,
for the mouths of liars will be stopped.

My soul is satisfied as with a rich feast; and my mouth praises you with joyful lips.
My soul is satisfied as with a rich feast; **and my mouth praises you with joyful lips.**

Richard Foster wrote, “We who have turned our lives over to Christ need to know how very much he longs to eat with us, to commune with us. He desires a perpetual Eucharistic feast in the inner sanctuary of the heart.”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Feasting

Friday, September 24

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Darkness Has Faded (in back of prayer book)

Happy are those who live in your house, ever singing your praise.

Psalm 84

How lovely is your dwelling place, O Lord of hosts!
My soul longs, indeed it faints for the courts of the Lord;
my heart and my flesh sing for joy to the living God.
Even the sparrow finds a home, and the swallow a nest for herself,
where she may lay her young, at your altars, O Lord of hosts,
my King and my God.

Happy are those who live in your house, ever singing your praise.
Happy are those whose strength is in you,
in whose heart are the highways to Zion.
As they go through the valley of Baca they make it a place of springs;
the early rain also covers it with pools.
They go from strength to strength; the God of gods will be seen in Zion.
O Lord God of hosts, hear my prayer; give ear, O God of Jacob!
Behold our shield, O God; look on the face of your anointed.
For a day in your courts is better than a thousand elsewhere.
I would rather be a doorkeeper in the house of my God
than live in the tents of wickedness.
For the Lord God is a sun and shield; he bestows favour and honour.
No good thing does the Lord withhold from those who walk uprightly.
O Lord of hosts, happy is everyone who trusts in you.
Happy are those who live in your house, ever singing your praise.
Happy are those who live in your house, ever singing your praise. Elizabeth Barrett Browning wrote, “Earth’s crammed with heaven,/And every common bush afire with God;/ But only he who sees, takes off his shoes,/The rest sit round it and pluck blackberries.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, September 27  

The Love of God

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

What Wondrous Love is This

The Lord is my strength and my might; he has become my salvation.

Psalm 107

O give thanks to the LORD, for he is good; for his steadfast love endures forever.
Let the redeemed of the LORD say so, those he redeemed from trouble and gathered in from the lands, from the east and from the west, from the north and from the south.
Some wandered in desert wastes, finding no way to an inhabited town; hungry and thirsty, their soul fainted within them.
Then they cried to the LORD in their trouble,
and he delivered them from their distress;
he led them by a straight way, until they reached an inhabited town.
Let them thank the LORD for his steadfast love,
for his wonderful works to humankind.
For he satisfies the thirsty, and the hungry he fills with good things.
Some sat in darkness and in gloom, prisoners in misery and in irons, for they had rebelled against the words of God, and spurned the counsel of the Most High.
Their hearts were bowed down with hard labour;
they fell down, with no one to help.
Then they cried to the LORD in their trouble,
and he saved them from their distress;
he brought them out of darkness and gloom, and broke their bonds asunder.
Let them thank the LORD for his steadfast love, for his wonderful works to humankind.
For he shatters the doors of bronze, and cuts in two the bars of iron.
The Lord is my strength and my might; **he has become my salvation.**

*Old Testament Reading*  
*Exodus 15:1-13*

*Silent Reflection*

*New Testament Reading*  
*Romans 5:6-11*

*Silent Reflection*

The Lord is my strength and my might; **he has become my salvation.**

Henri Nouwen said, “At the heart of all intimacy…there can be a holy vacancy, a space reserved for the author of Love. This is a deeply personal space which, protected and nurtured, is also fertile ground for mature love and friendship.”

*Prayer for the Day*

**Lord God, almighty and everlasting Father, you have brought us in safety to this new day:** Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

*Prayers for Others*

**The Lord’s Prayer**

*Our Father, who art in heaven:* Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.
Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Of the Father’s Love Begotten

The Lord redeems our life from the Pit; he crowns us with steadfast love and mercy.

Psalm 103:1-10, 17-18

Bless the Lord, O my soul,
and all that is within me, bless his holy name.
Bless the Lord, O my soul, and do not forget all his benefits—
who forgives all your iniquity, who heals all your diseases,
who redeems your life from the Pit,
who crowns you with steadfast love and mercy,
who satisfies you with good as long as you live
so that your youth is renewed like the eagle’s.
The Lord works vindication and justice for all who are oppressed.
He made known his ways to Moses, his acts to the people of Israel.
The Lord is merciful and gracious, slow to anger and abounding in steadfast love.
He will not always accuse, nor will he keep his anger for ever.
But the steadfast love of the Lord is from everlasting to everlasting
on those who fear him, and his righteousness to children’s children,
to those who keep his covenant and remember to do his commandments.
The Lord has established his throne in the heavens, and his kingdom rules over all.
Bless the Lord, O you his angels, you mighty ones who do his bidding, obedient to his spoken word.
Bless the Lord, all his hosts, his ministers that do his will.
Bless the Lord, all his works, in all places of his dominion.
Bless the Lord, O my soul.
The Lord redeems our life from the Pit; he crowns us with steadfast love and mercy.

Old Testament Reading 1 Chronicles 16:23-34
Silent Reflection
New Testament Reading John 15:9-17
Silent Reflection

The Lord redeems our life from the Pit; he crowns us with steadfast love and mercy.

Eugene Peterson wrote, “Under the image of the Trinity we discover that we do not know God by defining him but by being loved by him and loving in return.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Joyful, Joyful, We Adore Thee

Answer me, O Lord, for your steadfast love is good; according to your abundant mercy, turn to me.

Psalm 69
It is zeal for your house that has consumed me; the insults of those who insult you have fallen on me.
When I humbled my soul with fasting, they insulted me for doing so. When I made sackcloth my clothing, I became a byword to them. I am the subject of gossip for those who sit in the gate, and the drunkards make songs about me.
But as for me, my prayer is to you, O Lord. At an acceptable time, O God, in the abundance of your steadfast love, answer me.
With your faithful help rescue me from sinking in the mire; let me be delivered from my enemies and from the deep waters. Do not let the flood sweep over me, or the deep swallow me up, or the Pit close its mouth over me.
Answer me, O Lord, for your steadfast love is good; according to your abundant mercy, turn to me.
Do not hide your face from your servant, for I am in distress—make haste to answer me.
Draw near to me, redeem me, set me free because of my enemies.
Answer me, O Lord, for your steadfast love is good; **according to your abundant mercy, turn to me.**

**Old Testament Reading**
Song of Solomon 2:10-17

**Silent Reflection**

**New Testament Reading**
Galatians 2:15-21

**Silent Reflection**

Answer me, O Lord, for your steadfast love is good; **according to your abundant mercy, turn to me.**

Martin Luther King said, “The greatness of our God lies in the fact that He is both tough minded and tender hearted.”

**Prayer for the Day**
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen.  

(John Wesley)

**Prayers for Others**

**The Lord’s Prayer**
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, September 30  

The Love of God

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
Love Divine, All Loves Excelling

Lead me in your truth, and teach me, for you are the God of my salvation.

Psalm 25:1-10
To you, O Lord, I lift up my soul.
O my God, in you I trust; do not let me be put to shame;
do not let my enemies exult over me.
Do not let those who wait for you be put to shame;
let them be ashamed who are wantonly treacherous.
Make me to know your ways, O Lord; teach me your paths.
Lead me in your truth, and teach me,
for you are the God of my salvation;
for you I wait all day long.
Be mindful of your mercy, O Lord, and of your steadfast love,for they have been from of old.
Do not remember the sins of my youth or my transgressions;according to your steadfast love remember me,for your goodness’ sake, O Lord!
Good and upright is the Lord; therefore he instructs sinners in the way.
He leads the humble in what is right, and teaches the humble his way.
All the paths of the Lord are steadfast love and faithfulness,for those who keep his covenant and his decrees.

Lead me in your truth, and teach me, for you are the God of my salvation.
Old Testament Reading  
Zephaniah 3:14-20

Silent Reflection

New Testament Reading  
John 13:31-34

Silent Reflection

Lead me in your truth, and teach me, for you are the God of my salvation.

Pope Benedict XVI wrote, “Because the truth of God is love, conversion to God is conversion to love.”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Let your steadfast love, O Lord, be upon us, even as we hope in you.

Psalm 33:13-22
The Lord looks down from heaven; he sees all humankind. From where he sits enthroned he watches all the inhabitants of the earth—he who fashions the hearts of them all, and observes all their deeds.

A king is not saved by his great army; a warrior is not delivered by his great strength. The war horse is a vain hope for victory, and by its great might it cannot save. Truly the eye of the Lord is on those who fear him, on those who hope in his steadfast love, to deliver their soul from death, and to keep them alive in famine.

Our soul waits for the Lord; he is our help and shield. Our heart is glad in him, because we trust in his holy name. Let your steadfast love, O Lord, be upon us, even as we hope in you.

Let your steadfast love, O Lord, be upon us, even as we hope in you.
Let your steadfast love, O Lord, be upon us, even as we hope in you.

Melinda Selmys wrote, “Christianity presents a God whose perfection includes a desire for His people, a love that is utterly gratuitous but not merely gratuitous, a love that gives the beloved the dignity of being able to respond with love in turn.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, October 4  Worship

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  O Worship the King

Ascribe to the Lord the glory due his name; bring an offering, and come into His courts.

Psalm 96
O sing to the LORD a new song; sing to the LORD, all the earth.
Sing to the LORD, bless his name; tell of his salvation from day to day.
Declare his glory among the nations, his marvelous works among all the peoples.
For great is the LORD, and greatly to be praised;
he is to be revered above all gods.
For all the gods of the peoples are idols, but the LORD made the heavens.
Honor and majesty are before him; strength and beauty are in his sanctuary.
Ascribe to the LORD, O families of the peoples,
ascribe to the LORD glory and strength.
Ascribe to the LORD the glory due his name;
bring an offering, and come into his courts.
Worship the LORD in holy splendour; tremble before him, all the earth.
Say among the nations, ‘The LORD is king! The world is firmly established;
it shall never be moved. He will judge the peoples with equity.’
Let the heavens be glad, and let the earth rejoice;
let the sea roar, and all that fills it; let the field exult, and everything in it.
Then shall all the trees of the forest sing for joy before the LORD; for he is coming, for he is coming to judge the earth.
He will judge the world with righteousness, and the peoples with his truth.

Ascribe to the Lord the glory due his name; bring an offering, and come into His courts.
Old Testament Reading  Exodus 34:1-9
Silent Reflection
New Testament Reading  Romans 12:1-8
Silent Reflection

Ascribe to the Lord the glory due his name; bring an offering, and come into His courts.

Romano Guardini wrote, “The liturgy wishes to teach, but not by means of an artificial system of aim-conscious educational influences; it simply creates an entire spiritual world in which the soul can live according to the requirements of its nature. The difference resembles that which exists between a gymnasium, in which every detail of the apparatus and every exercise aims at a calculated effect, and the open woods and fields. In the first everything is consciously directed towards discipline and development, in the second life is lived with Nature, and internal growth takes place in her. The liturgy creates a universe brimming with fruitful spiritual life, and allows the soul to wander about in it at will and to develop itself there.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, October 5    Worship
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song    God Reveals His Presence

God did not hide His face from me; but He heard when I cried to him.

Psalm 22:22-31
I will tell of your name to my brothers and sisters;
in the midst of the congregation I will praise you:
You who fear the LORD, praise him!
All you offspring of Jacob, glorify him;
stand in awe of him, all you offspring of Israel!
For he did not despise or abhor the affliction of the afflicted;
he did not hide his face from me, but heard when I cried to him.
From you comes my praise in the great congregation;
my vows I will pay before those who fear him.
The poor shall eat and be satisfied; those who seek him shall praise the LORD. May your hearts live for ever!
All the ends of the earth shall remember and turn to the LORD;
and all the families of the nations shall worship before him.
For dominion belongs to the LORD, and he rules over the nations.
To him, indeed, shall all who sleep in the earth bow down; before him shall bow all who go down to the dust, and I shall live for him.
Posterity will serve him;
future generations will be told about the Lord,
and proclaim his deliverance to a people yet unborn,
saying that he has done it.
God did not hide His face from me; **but He heard when I cried to him.**

**Old Testament Reading**  
*Deuteronomy 11:13-21*

**Silent Reflection**

God did not hide His face from me; **but He heard when I cried to him.**

Henri Nouwen wrote, “Once in a while I just know it: of course God hears my prayer. He himself prays in me and touches the whole world with his love right here and now. At those moments all questions about “the social relevance of prayer, etc.” seem dull and very unintelligent, and the silent prayer of the monks one of the few things that keeps some sanity in this world.”

**Prayer for the Day**

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.  

(Martin Luther)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**

*Crown Him With Many Crowns*

The nations will fear the name of the Lord; and all the kings of the earth will fear your glory.

*Psalm 102:12-22*

You, O LORD, are enthroned for ever; your name endures to all generations.
You will rise up and have compassion on Zion, for it is time to favour it; the appointed time has come.
For your servants hold its stones dear, and have pity on its dust.

The nations will fear the name of the LORD,
and all the kings of the earth will fear your glory.

For the LORD will build up Zion; he will appear in his glory.
He will regard the prayer of the destitute, and will not despise their prayer.
Let this be recorded for a generation to come,
so that a people yet unborn may praise the LORD:
that he looked down from his holy height,
from heaven the LORD looked at the earth,
to hear the groans of the prisoners,

to set free those who were doomed to die;
so that the name of the LORD may be declared in Zion,
and his praise in Jerusalem,
when peoples gather together, and kingdoms, to worship the LORD.

The nations will fear the name of the Lord; and all the kings of the earth will fear your glory.
Old Testament Reading  
1 Chronicles 16:23-34  
Silent Reflection  
New Testament Reading  
John 4:19-26  
Silent Reflection  

The nations will fear the name of the Lord; and all the kings of the earth will fear your glory.

Frederica Mathewes-Green wrote, “[There is an] abyss of sin inside each person, the murky depths of which only the top few inches are visible….What a relief it is to admit this. Like the woman weeping at Jesus’ feet, we have nothing more to conceal, no more self-justification, no more self-pity. We are fully known, even in the depths that we ourselves cannot see, cannot bear to see.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, October 7  Worship
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  For the Beauty of the Earth
Come and see what God has done: He is awesome in His deeds among mortals.

Psalm 66
Make a joyful noise to God, all the earth; sing the glory of his name;
give to him glorious praise.

Say to God, ‘How awesome are your deeds!
Because of your great power, your enemies cringe before you.
All the earth worships you;
they sing praises to you, sing praises to your name.’
Come and see what God has done:
he is awesome in his deeds among mortals.

He turned the sea into dry land; they passed through the river on foot.
There we rejoiced in him, who rules by his might for ever,
whose eyes keep watch on the nations—let the rebellious not exalt themselves.
Bless our God, O peoples, let the sound of his praise be heard,
who has kept us among the living, and has not let our feet slip.

For you, O God, have tested us; you have tried us as silver is tried.
You brought us into the net; you laid burdens on our backs;
you let people ride over our heads;
we went through fire and through water;
yet you have brought us out to a spacious place.
I will come into your house with burnt-offerings;
I will pay you my vows, those that my lips uttered
and my mouth promised when I was in trouble.
I will offer to you burnt-offerings of fatlings,
with the smoke of the sacrifice of rams;
I will make an offering of bulls and goats.
Come and see what God has done: **He is awesome in His deeds among mortals.**

Old Testament Reading 2 Kings 17:5-18

Silent Reflection

New Testament Reading 1 Corinthians 11:17-26

Silent Reflection

Come and see what God has done: **He is awesome in His deeds among mortals.**

Alexander Schmemann wrote, “In the Eucharist, the Church transcends the dimensions of “institution” and becomes the body of Christ. It is the ‘Eschaton’ (end goal) of the Church, her manifestation as the world to come.”

Prayer for the Day

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen.  (Orthodox)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

We Praise Thee, O God, our Redeemer, Creator

You are worthy, our Lord and God: to receive glory and honor and power.

Psalm 84
How lovely is your dwelling place, O LORD of hosts!
My soul longs, indeed it faints for the courts of the LORD;
my heart and my flesh sing for joy to the living God.
Even the sparrow finds a home, and the swallow a nest for herself,
where she may lay her young,
at your altars, O LORD of hosts, my King and my God.
Happy are those who live in your house, ever singing your praise.
Happy are those whose strength is in you,
in whose heart are the highways to Zion.
As they go through the valley of Baca they make it a place of springs;
the early rain also covers it with pools.
They go from strength to strength; the God of gods will be seen in Zion.
O LORD God of hosts, hear my prayer;
give ear, O God of Jacob!

You are worthy, our Lord and God: to receive glory and honor and power.

Old Testament Reading
Isaiah 19:18-25
Silent Reflection
New Testament Reading
Revelation 4:1-11
Silent Reflection
You are worthy, our Lord and God: to receive glory and honor and power.

Laurence Hull Stookey wrote, “Certainly the Eucharist is the memory of Emmaus made present to us, and the foretaste of the Great Supper in heaven, already with us through hope.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.
So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen.  (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, October 11  

O Lord, let my soul rise up to meet you 
as the day rises to meet the sun. 
Glory to the Father, and to the Son, and to the Holy Spirit, 
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

Jesus, Thy Blood and Righteousness

The Lord sets the prisoners free; **the Lord opens the eyes of the blind.**

Psalm 146

Praise the Lord! Praise the Lord, O my soul!  
**I will praise the Lord as long as I live;**  
I will sing praises to my God all my life long.

Do not put your trust in princes, in mortals, in whom there is no help.  
**When their breath departs, they return to the earth;**  
on that very day their plans perish.

Happy are those whose help is the God of Jacob, whose hope is in the Lord  
their God, who made heaven and earth, the sea, and all that is in them;  
**who keeps faith for ever; who executes justice for the oppressed;**  
who gives food to the hungry.

The Lord sets the prisoners free;  
**the Lord opens the eyes of the blind.**

The Lord lifts up those who are bowed down;  
the Lord loves the righteous.

The Lord watches over the strangers;  
he upholds the orphan and the widow,  
but the way of the wicked he brings to ruin.

The Lord will reign for ever, your God, O Zion, for all generations.  
Praise the Lord!
The Lord sets the prisoners free; the Lord opens the eyes of the blind.

Old Testament Reading
Nahum 1:2-10
Silent Reflection

New Testament Reading
Luke 4:14-30
Silent Reflection

The Lord sets the prisoners free; the Lord opens the eyes of the blind.

Martin Luther said, “A Christian is a perfectly free lord of all, subject to none. A Christian is a perfectly dutiful servant of all, subject to all.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, October 12                      Freedom and Responsibility

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                          Jesus Calls Us O’er the Tumult

O Lord, who is like you? You deliver the weak from those too strong
for them, the weak and needy from those who plunder them.

Psalm 35 (selected verses)
Contend, O Lord, with those who contend with me;
   fight against those who fight against me!
Take hold of shield and buckler, and rise up to help me!
Draw the spear and javelin against my pursuers;
say to my soul, ‘I am your salvation.’
For without cause they hid their net for me; without cause they
dug a pit for my life.
Let ruin come on them unawares.
And let the net that they hid ensnare them; let them fall in it—to their ruin.
Then my soul shall rejoice in the Lord, exulting in his deliverance.
All my bones shall say, ‘O Lord, who is like you? You deliver the
weak from those too strong for them, the weak and needy from
those who plunder them.’
How long, O Lord, will you look on?
   Rescue me from their ravages, my life from the lions!
Then I will thank you in the great congregation;
   in the mighty throng I will praise you.
You have seen, O Lord; do not be silent! O Lord, do not be far from me!
Wake up! Bestir yourself for my defence, for my cause, my God
and my Lord!
Vindicate me, O Lord, my God, according to your righteousness, and do not let them rejoice over me.

Let all those who rejoice at my calamity be put to shame and confusion; let those who exalt themselves against me be clothed with shame and dishonour.

Let those who desire my vindication shout for joy and be glad, and say evermore, ‘Great is the Lord, who delights in the welfare of his servant.’ Then my tongue shall tell of your righteousness and of your praise all day long.

O Lord, who is like you? You deliver the weak from those too strong for them, the weak and needy from those who plunder them.

Old Testament Reading Genesis 3:1-19
Silent Reflection
Silent Reflection

O Lord, who is like you? You deliver the weak from those too strong for them, the weak and needy from those who plunder them.

St. Augustine said, “The one who is kind is free even if he is a slave, and the one who is evil is a slave even if he is a king.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others
The Lord’s Prayer
Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, October 13

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Crown Him with Many Crowns

The fear of the Lord is the beginning of wisdom; all those who practice it have a good understanding.

Psalm 111

Praise the Lord!

I will give thanks to the Lord with my whole heart,
in the company of the upright, in the congregation.

Great are the works of the Lord, studied by all who delight in them.

Full of honour and majesty is his work,
and his righteousness endures for ever.

He has gained renown by his wonderful deeds; the Lord is gracious and merciful.

He provides food for those who fear him; he is ever mindful of his covenant.

He has shown his people the power of his works,
in giving them the heritage of the nations.

The works of his hands are faithful and just; all his precepts are trustworthy.

They are established for ever and ever,
to be performed with faithfulness and uprightness.

He sent redemption to his people; he has commanded his covenant
for ever. Holy and awesome is his name.

The fear of the Lord is the beginning of wisdom;
all those who practise it have a good understanding. His praise endures for ever.

The fear of the Lord is the beginning of wisdom; all those who practice it have a good understanding.
Old Testament Reading
Joshua 1:1-9

Silent Reflection

New Testament Reading
Romans 6:12-23

Silent Reflection

The fear of the Lord is the beginning of wisdom; all those who practice it have a good understanding.

St. Ephrem the Syrian said, “Inside the meek and humble man, the spirit of wisdom rests.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, October 14

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord : let us shout for joy to the Rock of our salvation.

Song
Jesus! What a Friend for Sinners

If the Son makes you free, you will be free indeed.

Psalm 44:1-8
We have heard with our ears, O God, our ancestors have told us,
what deeds you performed in their days, in the days of old:
you with your own hand drove out the nations, but them you planted;
you afflicted the peoples, but them you set free;
for not by their own sword did they win the land,
nor did their own arm give them victory;
but your right hand, and your arm, and the light of your countenance, for you delighted in them.
You are my King and my God; you command victories for Jacob.
Through you we push down our foes;
through your name we tread down our assailants.
For not in my bow do I trust, nor can my sword save me.
But you have saved us from our foes,
and have put to confusion those who hate us.
In God we have boasted continually,
and we will give thanks to your name for ever.

If the Son makes you free, you will be free indeed.

Old Testament Reading
Genesis 15:7-16
Silent Reflection
New Testament Reading

Silent Reflection

If the Son makes you free, you will be free indeed.

Pope John Paul II said, “Pervading nationalism imposes its dominion on man today…The challenge that is already with us is the temptation to accept as true freedom what in reality is only a new form of slavery.”

Prayer for the Day

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, October 15

Freedom and Responsibility

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Great is Thy Faithfulness

The righteous are like trees planted by streams of water; they yield
their fruit in its season, and their leaves do not wither.

Psalm 1

Happy are those who do not follow the advice of the wicked,
or take the path that sinners tread, or sit in the seat of scoffers;
but their delight is in the law of the Lord,
and on his law they meditate day and night.
They are like trees planted by streams of water,
which yield their fruit in its season, and their leaves do not wither.
In all that they do, they prosper.
The wicked are not so, but are like chaff that the wind drives away.
Therefore the wicked will not stand in the judgement,
nor sinners in the congregation of the righteous;
for the Lord watches over the way of the righteous,
but the way of the wicked will perish.

The righteous are like trees planted by streams of water; they yield
their fruit in its season, and their leaves do not wither.

Old Testament Reading

Isaiah 58:1-14

Silent Reflection
New Testament Reading
1 Peter 2:1-17

Silent Reflection

The righteous are like trees planted by streams of water; they yield their fruit in its season, and their leaves do not wither.

Karl Rahner wrote, “How often I have found that we grow to maturity not by doing what we like, but by what we should. How true it is that not every ‘should’ is a compulsion, and not every ‘like’ is a high morality and true freedom.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.
So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, October 20

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Praise to the Lord, the Almighty

He put a new song in my mouth, a song of praise to our God.

Psalm 40:1-5, 11-14

I waited patiently for the Lord;
he inclined to me and heard my cry.
He drew me up from the desolate pit, out of the miry bog,
and set my feet upon a rock, making my steps secure.
He put a new song in my mouth, a song of praise to our God.
Many will see and fear, and put their trust in the Lord.
Happy are those who make the Lord their trust,
who do not turn to the proud, to those who go astray after false gods.
You have multiplied, O Lord my God, your wondrous deeds and your thoughts towards us; none can compare with you.
Were I to proclaim and tell of them, they would be more than can be counted.
Do not, O Lord, withhold your mercy from me;
let your steadfast love and your faithfulness keep me safe for ever.
For evils have encompassed me without number;
my iniquities have overtaken me, until I cannot see;
they are more than the hairs of my head,
and my heart fails me.
Be pleased, O Lord, to deliver me; O Lord, make haste to help me.
Let all those be put to shame and confusion who seek to snatch away my life;
let those be turned back and brought to dishonor who desire my hurt.
He put a new song in my mouth, a song of praise to our God.

Old Testament Reading
Ecclesiastes 7:7-14

Silent Reflection

New Testament Reading
Romans 8:19-27

Silent Reflection

He put a new song in my mouth, a song of praise to our God.

Howard Thurman wrote, “Whatever may be the tensions and the stresses of a particular day, there is always lurking close at hand the trailing beauty of forgotten joy or unremembered peace.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Betwixt and Between

O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song
The Steadfast Love of The Lord Never Ceases

The steadfast love of the Lord never ceases, His mercies never come to an end.
They are new every morning, new every morning, Great is Your faithfulness, O God; Great is Your faithfulness.

I have calmed and quieted my soul, like a weaned child with its mother.

Psalm 131
O Lord, my heart is not lifted up, my eyes are not raised too high;
I do not occupy myself with things too great and too marvellous for me.
But I have calmed and quieted my soul, like a weaned child with its mother; my soul is like the weaned child that is with me.
O Israel, hope in the Lord from this time on and for evermore.

I have calmed and quieted my soul, like a weaned child with its mother.

Old Testament Reading Lamentations 3:19-33

Silent Reflection
New Testament Reading
Philippians 4:4-9

Silent Reflection

I have calmed and quieted my soul, like a weaned child with its mother.

W.H. Vanstone wrote, “So when a person waits up on the world—waits even for things so commonplace as food or sunrise or the relief of pain—the image of God is by no means absent or imperceptible in them. God also waits; and it is in waiting that He invests the world with the possibility and power of meaning.”

Prayer for the Day

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Betwixt and Between

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

And now, Lord, what is there to wait for? In you rests all my hope.

Psalm 39:7-13
And now, Lord, what is there to wait for? In you rests all my hope.
Set me free from all my sins; do not make me the taunt of the fool.
I was silent, not opening my lips, because this was all your doing.
Take away your scourge from me. I am crushed by the blows of your hand.
You punish human sins and correct us;
Like the moth you devour all we treasure.
Humans are no more than a breath;
O Lord, hear my prayer.
O Lord, turn your ear to my cry.
Do not be deaf to my tears.
In your house I am a passing guest, a pilgrim, like all my fathers.
Look away that I may breathe again before I depart to be no more.

And now, Lord, what is there to wait for? In you rests all my hope.

Old Testament Reading
Exodus 14:10-14

New Testament Reading
James 5:7-11

Silent Reflection
And now, Lord, what is there to wait for? **In you rests all my hope.**

Henri Nouwen said, “Waiting patiently is suffering through the present moment, tasting it to the full, and letting the seeds that are sown in the ground on which we stand grow into strong plants. Waiting patiently always means paying attention to what is happening right before our eyes and seeing there the first rays of God’s glorious coming.”

*Prayer for the Day*

**Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.**

**So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen.**  (John Henry Cardinal Newman)

*Prayers for Others*

**The Lord’s Prayer**

*Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.***

**Closing Prayer**

*May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.*
Monday, October 25

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Be Thou My Vision

Let my prayer be counted as incense before you; and the lifting up of my hands as an evening sacrifice.

Psalm 141

I call upon you, O LORD; come quickly to me;
give ear to my voice when I call to you.
Let my prayer be counted as incense before you,
and the lifting up of my hands as an evening sacrifice.
Set a guard over my mouth, O LORD;
keep watch over the door of my lips.
Do not turn my heart to any evil, to busy myself with wicked deeds in company with those who work iniquity;
do not let me eat of their delicacies.
Let the righteous strike me; let the faithful correct me.
Never let the oil of the wicked anoint my head,
for my prayer is continually against their wicked deeds.
When they are given over to those who shall condemn them,
then they shall learn that my words were pleasant.
Like a rock that one breaks apart and shatters on the land,
so shall their bones be strewn at the mouth of Sheol.
But my eyes are turned towards you, O GOD, my Lord;
in you I seek refuge; do not leave me defenceless.
Keep me from the trap that they have laid for me,
and from the snares of evildoers.
Let the wicked fall into their own nets, while I alone escape.
Let my prayer be counted as incense before you; and the lifting up of my hands as an evening sacrifice.

Old Testament Reading
Joel 2:23-32
Silent Reflection
New Testament Reading
Acts 2:1-4, 12-21
Silent Reflection

Let my prayer be counted as incense before you; and the lifting up of my hands as an evening sacrifice.

Aleksandr Solzhenitsyn wrote, “…truth eludes us as soon as our concentration begins to flag, all the while leaving the illusion that we are continuing to pursue it.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

I Sing the Mighty Power of God

The wonders of the Lord are displayed; wherever we turn our eyes.

Psalm 23 (King James Version; read in unison)
The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures; He leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name’s sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil, For thou art with me; thy rod and thy staff, they comfort me. Thou preparlest a table before me in the presence of mine enemies; thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the Lord forever.

The wonders of the Lord are displayed; wherever we turn our eyes.

Old Testament Reading

Genesis 15:1-6

Silent Reflection

New Testament Reading

Acts 11:1-18

Silent Reflection
The wonders of the Lord are displayed; wherever we turn our eyes.

Howard Thurman said, “What am I doing with my life? What are the motives that order my days? What is the end of my doings? Where am I trying to go?...You become one with the thing that you seek. What is it that you want, really? If this can be clear to you then all the resources of life, even God Himself, honors that which is for you worthy of the complete and utter nerve center of your consent.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, October 27

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord : let us shout for joy to the Rock of our salvation.

Song

Sun of My Soul

I have looked upon You in the sanctuary, beholding your power and glory.

Psalm 63:1-8

O God, you are my God, I seek you,
    my soul thirsts for you;
my flesh faints for you,
    as in a dry and weary land where there is no water.
So I have looked upon you in the sanctuary,
    beholding your power and glory.
Because your steadfast love is better than life,
    my lips will praise you.
So I will bless you as long as I live;
    I will lift up my hands and call on your name.

My soul is satisfied as with a rich feast,
    and my mouth praises you with joyful lips
when I think of you on my bed,
    and meditate on you in the watches of the night;
for you have been my help,
    and in the shadow of your wings I sing for joy.
My soul clings to you;
    your right hand upholds me.

I have looked upon You in the sanctuary, beholding your power and glory.
Old Testament Reading  Isaiah 42:18-25
Silent Reflection

New Testament Reading  John 9:13-17, 24-41
Silent Reflection

I have looked upon You in the sanctuary, **beholding your power and glory**.

Nikolai Velimirovic wrote, “Bless my enemies and multiply them; multiply them and make them even more bitterly against me: so that my fleeing to You may have no return; so that all hope in men may be scattered like cobwebs; so that absolute serenity may begin to reign in my soul; so that my heart may become the grave of my two evil twins: arrogance and anger; so that I might amass all my treasure in heaven; ah, so that I may for once be freed from self-deception, which has entangled me in the dreadful web of illusory life.”

Prayer for the Day

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, October 28

O Lord, let my soul rise up to meet you as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

This is My Father’s World

On that day the deaf shall hear the words of a scroll; and out of their gloom and darkness the eyes of the blind shall see.

Psalm 46

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, though the earth should change, though the mountains shake in the heart of the sea; though its waters roar and foam, though the mountains tremble with its tumult.

There is a river whose streams make glad the city of God, the holy habitation of the Most High.

God is in the midst of the city; it shall not be moved; God will help it when the morning dawns.

The nations are in an uproar, the kingdoms totter; he utters his voice, the earth melts.

The LORD of hosts is with us; the God of Jacob is our refuge.

Come, behold the works of the LORD; see what desolations he has brought on the earth.

He makes wars cease to the end of the earth; he breaks the bow, and shatters the spear; he burns the shields with fire.

‘Be still, and know that I am God!’

I am exalted among the nations, I am exalted in the earth.’

The LORD of hosts is with us; the God of Jacob is our refuge.
On that day the deaf shall hear the words of a scroll; and out of their gloom and darkness the eyes of the blind shall see.

**Old Testament Reading**

*Isaiah 29:13-21*

**Silent Reflection**

**New Testament Reading**

*Acts 9:1-19*

**Silent Reflection**

On that day the deaf shall hear the words of a scroll; and out of their gloom and darkness the eyes of the blind shall see.

Christina Rossetti wrote, “My life is like a frozen thing,/No bud nor greenness can I see:/Yet rise it shall—the sap of spring;/O Jesus, rise in me.”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen.  （Orthodox）

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

O Worship the King

To you, Ancient of Days, is given dominion and glory and kingship;
that all peoples, nations and languages should serve you.

Psalm 27

The LORD is my light and my salvation; whom shall I fear?
The LORD is the stronghold of my life; of whom shall I be afraid?
When evildoers assail me to devour my flesh—my adversaries and foes—they shall stumble and fall.

Though an army encamp against me, my heart shall not fear;
though war rise up against me, yet I will be confident.
One thing I asked of the LORD, that will I seek after:
to live in the house of the LORD all the days of my life, to behold
the beauty of the LORD, and to inquire in his temple.
For he will hide me in his shelter in the day of trouble;
he will conceal me under the cover of his tent; he will set me high on a rock.
Now my head is lifted up above my enemies all around me,
and I will offer in his tent sacrifices with shouts of joy;
I will sing and make melody to the LORD.

Hear, O LORD, when I cry aloud, be gracious to me and answer me!
‘Come,’ my heart says, ‘seek his face!’

Your face, LORD, do I seek. Do not hide your face from me.
Do not turn your servant away in anger, you who have been my help.
Do not cast me off, do not forsake me, O God of my salvation!
If my father and mother forsake me, the LORD will take me up.
Teach me your way, O LORD, and lead me on a level path
because of my enemies.
Do not give me up to the will of my adversaries, for false witnesses have risen against me, and they are breathing out violence.

I believe that I shall see the goodness of the LORD in the land of the living.

Wait for the LORD;

be strong, and let your heart take courage; wait for the LORD!

To you, Ancient of Days, is given dominion and glory and kingship; that all peoples, nations and languages should serve you.

Old Testament Reading  
Daniel 7:1-14

Silent Reflection

New Testament Reading  
Revelation 1:9-19

Silent Reflection

To you, Ancient of Days, is given dominion and glory and kingship; that all peoples, nations and languages should serve you.

Steven Garber wrote, “And now knowing what we know, we are responsible, for love’s sake, for the people and places that are ours—if we have eyes that see.”

Prayer for the Day

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen.  (John Henry Cardinal Newman)

Prayers for Others/The Lord’s Prayer

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, November 1

Joy

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Ask Ye What Great Thing I Know

You, O Lord, are a hiding place for me; you preserve me from trouble.

Psalm 32

Happy are those whose transgression is forgiven, whose sin is covered.

Happy are those to whom the Lord imputes no iniquity,
and in whose spirit there is no deceit.

While I kept silence, my body wasted away through my groaning all day long.

For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer.

Then I acknowledged my sin to you, and I did not hide my iniquity;
I said, ‘I will confess my transgressions to the Lord’,
and you forgave the guilt of my sin.

Therefore let all who are faithful offer prayer to you;
at a time of distress, the rush of mighty waters shall not reach them.

You are a hiding-place for me; you preserve me from trouble;
you surround me with glad cries of deliverance.

I will instruct you and teach you the way you should go;
I will counsel you with my eye upon you.

Do not be like a horse or a mule, without understanding, whose temper must be curbed with bit and bridle, else it will not stay near you.

Many are the torments of the wicked,
but steadfast love surrounds those who trust in the Lord.

Be glad in the Lord and rejoice, O righteous,
and shout for joy, all you upright in heart.
You, O Lord, are a hiding place for me; you preserve me from trouble.

Old Testament Reading  Habakkuk 3:16-19
Silent Reflection
New Testament Reading  John 16:16-24
Silent Reflection

You, O Lord, are a hiding place for me; you preserve me from trouble.

Pierre Teilhard de Chardin wrote, “Joy is the infallible sign of the presence of God.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Joy

O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Jesus, Thou Joy of Loving Hearts

Let the heavens be glad, and let the earth rejoice; and let them say among the nations, “The Lord is King!”

Psalm 20

The Lord answer you in the day of trouble! The name of the God of Jacob protect you! May he send you help from the sanctuary, and give you support from Zion. May he remember all your offerings, and regard with favour your burnt sacrifices. May he grant you your heart’s desire, and fulfill all your plans. May we shout for joy over your victory, and in the name of our God set up our banners. May the Lord fulfil all your petitions. Now I know that the Lord will help his anointed; he will answer him from his holy heaven with mighty victories by his right hand. Some take pride in chariots, and some in horses, but our pride is in the name of the Lord our God. They will collapse and fall, but we shall rise and stand upright. Give victory to the king, O Lord; answer us when we call.
Let the heavens be glad, and let the earth rejoice; and let them say among the nations, “The Lord is King!”

**Old Testament Reading**  
1 Chronicles 16:23-34

**Silent Reflection**

**New Testament Reading**  
2 John 4-6; 3 John 4-8

**Silent Reflection**

Let the heavens be glad, and let the earth rejoice; and let them say among the nations, “The Lord is King!”

Pope Paul VI said (in 1975!), “Technological society has succeeded in multiplying the opportunities for pleasure, but it has great difficulty in generating joy.”

**Prayer for the Day**

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
Sing Praise to God Who Reigns Above

God lives in us and walks among us; He is our God, and we are his people.

Psalm 5
Give ear to my words, O Lord; give heed to my sighing. Listen to the sound of my cry, my King and my God, for to you I pray. O Lord, in the morning you hear my voice; in the morning I plead my case to you, and watch.

in the morning I plead my case to you, and watch.
For you are not a God who delights in wickedness; evil will not sojourn with you. The boastful will not stand before your eyes; you hate all evildoers. You destroy those who speak lies; the Lord abhors the bloodthirsty and deceitful. But I, through the abundance of your steadfast love, will enter your house, I will bow down towards your holy temple in awe of you. Lead me, O Lord, in your righteousness because of my enemies; make your way straight before me.

For there is no truth in their mouths; their hearts are destruction; their throats are open graves; they flatter with their tongues. Make them bear their guilt, O God; let them fall by their own counsels; because of their many transgressions cast them out, for they have rebelled against you.

But let all who take refuge in you rejoice; let them ever sing for joy. Spread your protection over them, so that those who love your name may exult in you. For you bless the righteous, O Lord; you cover them with favour as with a shield.
God lives in us and walks among us; **He is our God, and we are his people.**

*Old Testament Reading*  
*Ezra 3:10-13*

*Silent Reflection*

*New Testament Reading*  
*2 Corinthians 6:14-7:1*

*Silent Reflection*

God lives in us and walks among us; **He is our God, and we are his people.**

Henri Nouwen wrote, “There is a quality of sadness that pervades all the moments of our lives. It seems that there is no such thing as a clear-cut pure joy, but that even in the most happy moments of our existence we sense a tinge of sadness….But this intimate experience in which every bit of life is touched by a bit of death can point us beyond the limits of our existence. It can do so by making us look forward in expectation to the day when our hearts will be filled with perfect joy, a joy that no one shall take away from us.”

*Prayer for the Day*

_O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us._ Amen. (John Wesley)

*Prayers for Others*

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

Rejoice, the Lord is King

God rejoices over you with gladness; He renews you in his love.

Psalm 98

O sing to the Lord a new song, for he has done marvelous things. His right hand and his holy arm have gained him victory. The Lord has made known his victory; he has revealed his vindication in the sight of the nations. He has remembered his steadfast love and faithfulness to the house of Israel. All the ends of the earth have seen the victory of our God. Make a joyful noise to the Lord, all the earth; break forth into joyous song and sing praises. Sing praises to the Lord with the lyre, with the lyre and the sound of melody. With trumpets and the sound of the horn make a joyful noise before the King, the Lord. Let the sea roar, and all that fills it; the world and those who live in it. Let the floods clap their hands; let the hills sing together for joy at the presence of the Lord, for he is coming to judge the earth. He will judge the world with righteousness, and the peoples with equity.
God rejoices over you with gladness; **He renews you in his love.**

**Old Testament Reading**
*Zephaniah 3:14-20*

**Silent Reflection**

**New Testament Reading**
*Hebrews 12:1-11*

**Silent Reflection**

God rejoices over you with gladness; **He renews you in his love.**

C.S. Lewis wrote, “All joy reminds. It is never a possession, always a desire for something longer ago or further away or still ‘about to be.’”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you 
as the day rises to meet the sun. 
Glory to the Father, and to the Son, and to the Holy Spirit, 
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

*Song*  
*Joy to the World! The Lord is Come*

In your presence there is fullness of joy; **in your right hand are pleasures forevermore.**

*Psalm 16*  
Protect me, O God, for in you I take refuge.  
I say to the Lord, ‘You are my Lord; I have no good apart from you.’  
As for the holy ones in the land, they are the noble,  
  in whom is all my delight.  
Those who choose another god multiply their sorrows; their drink-offerings of blood I will not pour out or take their names upon my lips.  
The Lord is my chosen portion and my cup; you hold my lot.  
The boundary lines have fallen for me in pleasant places;  
  I have a goodly heritage.  
I bless the Lord who gives me counsel; in the night also my heart instructs me.  
I keep the Lord always before me;  
  because he is at my right hand, I shall not be moved.  
Therefore my heart is glad, and my soul rejoices; my body also rests secure.  
For you do not give me up to Sheol, or let your faithful one see the Pit.  
You show me the path of life.  
  In your presence there is fullness of joy;  
  in your right hand are pleasures forevermore.
In your presence there is fullness of joy; in your right hand are pleasures forevermore.

Old Testament Reading
Isaiah 12

Silent Reflection

New Testament Reading
Luke 2:8-20

Silent Reflection

In your presence there is fullness of joy; in your right hand are pleasures forevermore.

Gardner Taylor said, “There are days when we can bring before God a deep and glad laughter of joy and gratitude. There will be other days when we can only muster a bitter, angry complaint. If it is honest, be confident that God will accept whatever it is we truly have to lift up before him, and he will make it serve his purpose and our good.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, November 8       The Gifts of God
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Praise to the Lord, the Almighty

The Lord is just in all his ways, and kind in all his doings.

Psalm 145:13b-20
The LORD is faithful in all his words,
and gracious in all his deeds.

The LORD upholds all who are falling,
and raises up all who are bowed down.
The eyes of all look to you,
and you give them their food in due season.

You open your hand,
satisfying the desire of every living thing.

The LORD is just in all his ways,
and kind in all his doings.

The LORD is near to all who call on him,
to all who call on him in truth.
He fulfils the desire of all who fear him;
he also hears their cry, and saves them.
The LORD watches over all who love him,
but all the wicked he will destroy.

The Lord is just in all his ways, and kind in all his doings.
Old Testament Reading
Genesis 1:26-2:3
Silent Reflection

New Testament Reading
Acts 10:34-48
Silent Reflection

The Lord is just in all his ways, and kind in all his doings.

Henri Nouwen wrote, “The discipline of gratitude is the explicit effort to acknowledge that all I am and have is given to me as a gift of love, a gift to be celebrated with joy.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come.
Thy will be done on earth as it is in heaven. Give us this day our daily bread.
Forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you;
may he guide you through the wilderness: protect you through the storm;
may he bring you home rejoicing: at the wonders he has shown you;
may he bring you home rejoicing: once again into our doors.
Tuesday, November 9  

The Gifts of God

O Lord, let my soul rise up to meet you 
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, 
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord : let us shout for joy to the Rock of our salvation.

Song  
Lift Up Your Heads, Ye Mighty Gates

Commit your way to the Lord; **trust in him, and he will act.**

**Psalm 37:1-11**

Do not fret because of the wicked;
  - do not be envious of wrongdoers, for they will soon fade like the grass, and wither like the green herb.
Trust in the LORD, and do good;
  - so you will live in the land, and enjoy security.
Take delight in the LORD,
  - and he will give you the desires of your heart.
Commit your way to the LORD;
  - trust in him, and he will act.
He will make your vindication shine like the light,
  - and the justice of your cause like the noonday.
**Be still before the LORD, and wait patiently for him;**
  - do not fret over those who prosper in their way,
  - over those who carry out evil devices.
Refrain from anger, and forsake wrath.
  - Do not fret—it leads only to evil.
For the wicked shall be cut off,
  - but those who wait for the LORD shall inherit the land.
Yet a little while, and the wicked will be no more;
**though you look diligently for their place, they will not be there.**
But the meek shall inherit the land,
  - and delight in abundant prosperity.
Commit your way to the Lord; **trust in him, and he will act.**

*Old Testament Reading*  
Genesis 13:14-18  

*Silent Reflection*  

*New Testament Reading*  
Matthew 7:7-12  

*Silent Reflection*  

Commit your way to the Lord; **trust in him, and he will act.**

Parker Palmer wrote, “Even when life challenges us, it is a gift beyond measure.”

*Prayer for the Day*  
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.  
(Martin Luther)

*Prayers for Others*  
*The Lord’s Prayer*  
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*  
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, November 10

The Gifts of God

O Lord, let my soul rise up to meet you as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

I Stand Amazed in the Presence

Come and see what God has done: he is awesome in his deeds among mortals.

Psalm 66:1-7

Make a joyful noise to God, all the earth;
   sing the glory of his name; give to him glorious praise.
Say to God, ‘How awesome are your deeds!
   Because of your great power, your enemies cringe before you. All the earth worships you;
   they sing praises to you, sing praises to your name.’
Come and see what God has done:
   he is awesome in his deeds among mortals.
He turned the sea into dry land;
   they passed through the river on foot.
There we rejoiced in him,
   who rules by his might for ever,
whose eyes keep watch on the nations—let the rebellious not exalt themselves.

Come and see what God has done: he is awesome in his deeds among mortals.

Old Testament Reading

Exodus 6:1-13

Silent Reflection
Silent Reflection

Come and see what God has done: **he is awesome in his deeds among mortals.**

Michael Curry said, “[Jesus] died to save us all. He didn’t die for anything he could get out of it. Jesus did not get an honorary doctorate for dying….He gave up his life, he sacrificed his life, for the good of others, for the good of the other, for the wellbeing of the world…for us.”

Prayer for the Day

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, November 1

The Gifts of God

O Lord, let my soul rise up to meet you as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Christ the Lord is Risen Today

O people of God, trust in the Lord! He is our help and our shield.

Psalm 115

Not to us, O LORD, not to us, but to your name give glory, for the sake of your steadfast love and your faithfulness.

Why should the nations say, ‘Where is their God?’

Our God is in the heavens; he does whatever he pleases.

Their idols are silver and gold, the work of human hands.

They have mouths, but do not speak; eyes, but do not see.

They have ears, but do not hear; noses, but do not smell.

They have hands, but do not feel; feet, but do not walk;

they make no sound in their throats.

Those who make them are like them;

so are all who trust in them.

O Israel, trust in the LORD!
He is their help and their shield.

O house of Aaron, trust in the LORD!
He is their help and their shield.

You who fear the LORD, trust in the LORD!
He is their help and their shield.

The LORD has been mindful of us; he will bless us;

he will bless the house of Israel; he will bless the house of Aaron;

he will bless those who fear the LORD, both small and great.

May the LORD give you increase, both you and your children.

May you be blessed by the LORD, who made heaven and earth.
The heavens are the LORD’s heavens, but the earth he has given to human beings.

The dead do not praise the LORD, nor do any that go down into silence.
But we will bless the LORD from this time on and for evermore.

Praise the LORD!

O people of God, trust in the Lord! He is our help and our shield.

*Old Testament Reading*  
Exodus 16:9-20

*Silent Reflection*

*New Testament Reading*  
1 Corinthians 12:1-13

*Silent Reflection*

O people of God, trust in the Lord! He is our help and our shield.

Sheila Fabricant Linn wrote, “our faults are simply ways our greatest gifts have become distorted through hurts.”

*Prayer for the Day*

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

*Amen.* (Orthodox)

*Prayers for Others*

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
The Gifts of God

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Darkness Has Faded

I will sing to the Lord, because he has dealt bountifully with me.

Psalm 13
How long, O LORD? Will you forget me for ever?
How long will you hide your face from me?
How long must I bear pain in my soul,
and have sorrow in my heart all day long?
How long shall my enemy be exalted over me?
Consider and answer me, O LORD my God!
Give light to my eyes, or I will sleep the sleep of death,
and my enemy will say, ‘I have prevailed’;
my foes will rejoice because I am shaken.
But I trusted in your steadfast love;
my heart shall rejoice in your salvation.
I will sing to the LORD,
because he has dealt bountifully with me.

I will sing to the Lord, because he has dealt bountifully with me.

Old Testament Reading
Ecclesiastes 5:18-20

Silent Reflection

New Testament Reading
1 Corinthians 14:1-12

Silent Reflection
I will sing to the Lord, because he has dealt bountifully with me.

Eugene Peterson wrote, “As the infant is God’s gift to the adult, the adolescent is a gift to the middle-aged. The adolescent is ‘born’ into our lives in our middle decades….In these middle decades of life we are prone to stagnation and depression—the wonders of life reduced to banalities and the juices of life dry up….And then God’s gift: in the rather awkward packaging of the adolescent God brings into our lives a challenge to grow, testing our love, chastening our hope, pushing our faith to the edge of the abyss. It comes at just the right time.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.
Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, November 15 

**Darkness and Light**

O Lord, let my soul rise up to meet you 
as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit, 
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

*Song* 

*Sun of My Soul*

“Come,” my heart says, “seek his face;” your face, Lord, do I seek.

*Psalm 27*

The LORD is my light and my salvation; whom shall I fear? 
The LORD is the stronghold of my life; of whom shall I be afraid?

When evildoers assail me to devour my flesh—my adversaries and foes—they shall stumble and fall. 
Though an army encamp against me, my heart shall not fear; though war rise up against me, yet I will be confident. 

One thing I asked of the LORD, that will I seek after: 
to live in the house of the LORD all the days of my life, to behold 
the beauty of the LORD, and to inquire in his temple. 

For he will hide me in his shelter in the day of trouble; 
he will conceal me under the cover of his tent; he will set me high on a rock. 
Now my head is lifted up above my enemies all around me, 
and I will offer in his tent sacrifices with shouts of joy; 
I will sing and make melody to the LORD. 

Hear, O LORD, when I cry aloud, be gracious to me and answer me! 
‘Come,’ my heart says, ‘seek his face!’ Your face, LORD, do I seek. 

Do not hide your face from me. 

Do not turn your servant away in anger, you who have been my help. 

Do not cast me off, do not forsake me, O God of my salvation! 
If my father and mother forsake me, the LORD will take me up. 

Teach me your way, O LORD, 
and lead me on a level path because of my enemies.
Do not give me up to the will of my adversaries, for false witnesses have risen against me, and they are breathing out violence.

I believe that I shall see the goodness of the LORD in the land of the living.

Wait for the LORD; be strong, and let your heart take courage; wait for the LORD!

“Come,” my heart says, “seek his face;” your face, Lord, do I seek.

Old Testament Reading
Isaiah 9:2-7

Silent Reflection

New Testament Reading
John 1:1-14

Silent Reflection

“Come,” my heart says, “seek his face;” your face, Lord, do I seek.

Mother Teresa of Calcutta said, “Words which do not give the light of Christ increase the darkness.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song Immortal, Invisible, God Only Wise

Look, the Lord our God has shown us his glory and greatness; and we have heard his voice out of the fire.

Psalm 139
O LORD, you have searched me and known me.
You know when I sit down and when I rise up;
you discern my thoughts from far away.
You search out my path and my lying down, and are acquainted with all my ways.
Even before a word is on my tongue, O LORD, you know it completely.
You hem me in, behind and before, and lay your hand upon me.
Such knowledge is too wonderful for me; it is so high that I cannot attain it.
Where can I go from your spirit?
Or where can I flee from your presence?
If I ascend to heaven, you are there;
if I make my bed in Sheol, you are there.
If I take the wings of the morning and settle at the farthest limits of the sea,
even there your hand shall lead me, and your right hand shall hold me fast.
If I say, ‘Surely the darkness shall cover me, and the light around me become night’,
even the darkness is not dark to you; the night is as bright as the day, for darkness is as light to you.

Look, the Lord our God has shown us his glory and greatness; and we have heard his voice out of the fire.
Look, the Lord our God has shown us his glory and greatness; and we have heard his voice out of the fire.

William Cowper wrote, “Sometimes a light surprises the Christian when he sings;/It is the Lord who rises with healing in His wings:/When comforts are declining, He grants the soul again/A season of clear shining, to cheer it after rain.”

Prayer for the Day

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, November 17

Darkness and Light

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Be Thou My Vision

Sleeper, awake! Rise from the dead, and Christ will shine on you.

Psalm 143
Hear my prayer, O LORD; give ear to my supplications in your faithfulness; answer me in your righteousness.
Do not enter into judgement with your servant, for no one living is righteous before you.
For the enemy has pursued me, crushing my life to the ground, making me sit in darkness like those long dead.
Therefore my spirit faints within me; my heart within me is appalled.
I remember the days of old, I think about all your deeds,
I meditate on the works of your hands.
I stretch out my hands to you; my soul thirsts for you like a parched land.
Answer me quickly, O LORD; my spirit fails.
Do not hide your face from me, or I shall be like those who go down to the Pit.
Let me hear of your steadfast love in the morning, for in you I put my trust.
Teach me the way I should go, for to you I lift up my soul.
Save me, O LORD, from my enemies;
I have fled to you for refuge.
Teach me to do your will, for you are my God.
Let your good spirit lead me on a level path.

Sleeper, awake! Rise from the dead, and Christ will shine on you.
Sleeper, awake! **Rise from the dead, and Christ will shine on you.**

James Weldon Johnson wrote,

And far as the eye of God could see
Darkness covered everything,
Blacker than a hundred midnights
Down in a cypress swamp.

Then God smiled,
And the light broke,
And the darkness rolled up on one side,
And the light stood shining on the other,
And God said: That’s good!

**Prayer for the Day**

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. **Amen.** (John Wesley)

**Prayers for Others**

*The Lord’s Prayer*

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, November 18  Darkness and Light
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Darkness Has Faded

How precious is your steadfast love, O God! All people may take refuge in the shadow of your wings.

Psalm 36
Transgression speaks to the wicked deep in their hearts;
there is no fear of God before their eyes.
For they flatter themselves in their own eyes
that their iniquity cannot be found out and hated.
The words of their mouths are mischief and deceit;
they have ceased to act wisely and do good.
They plot mischief while on their beds;
they are set on a way that is not good; they do not reject evil.
Your steadfast love, O LORD, extends to the heavens,
your faithfulness to the clouds.
Your righteousness is like the mighty mountains, your judgements are like the great deep; you save humans and animals alike, O LORD.
How precious is your steadfast love, O God!
All people may take refuge in the shadow of your wings.
They feast on the abundance of your house,
and you give them drink from the river of your delights.
For with you is the fountain of life; in your light we see light.

How precious is your steadfast love, O God! All people may take refuge in the shadow of your wings.
Old Testament Reading  
*Job 38:1-2, 12-24*

Silent Reflection

New Testament Reading  
*John 3:11-21*

Silent Reflection

How precious is your steadfast love, O God! All people may take refuge in the shadow of your wings.

Adoniram Judson, 19th-century American Baptist missionary to Burma, wrote, “If God gave light and wisdom, the religion of Jesus was soon learned; but without God, a man might study all his life long, and make no proficiency.”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

**Prayers for Others**

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, November 19  Darkness and Light

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Jesus, Thou Joy of Loving Hearts

God has made with us an everlasting covenant: ordered in all things and secure.

Psalm 91
You who live in the shelter of the Most High,
who abide in the shadow of the Almighty,
will say to the LORD, ‘My refuge and my fortress; my God, in whom I trust.’
For he will deliver you from the snare of the fowler
and from the deadly pestilence;
he will cover you with his pinions, and under his wings you will find refuge;
his faithfulness is a shield and buckler.
You will not fear the terror of the night, or the arrow that flies by day,
or the pestilence that stalks in darkness,
or the destruction that wastes at noonday.
A thousand may fall at your side, ten thousand at your right hand,
but it will not come near you.
You will only look with your eyes and see the punishment of the wicked.
Because you have made the LORD your refuge, the Most High your dwelling-place, no evil shall befall you; no scourge come near your tent.
For he will command his angels concerning you to guard you in all your ways.
On their hands they will bear you up, so that you will not dash your foot against a stone.
You will tread on the lion and the adder,
the young lion and the serpent you will trample under foot.
Those who love me, I will deliver; I will protect those who know my name.
When they call to me, I will answer them; I will be with them in trouble,
I will rescue them and honour them.
With long life I will satisfy them, and show them my salvation.
God has made with us an everlasting covenant: ordered in all things and secure.

Old Testament Reading 2 Samuel 23:1-7
Silent Reflection
Silent Reflection

God has made with us an everlasting covenant: ordered in all things and secure.

Julian of Norwich wrote, “Truth sees God, and wisdom contemplates God, and of these two comes the third, and that is a marvelous delight in God, which is love…the brightness and clearness of truth and wisdom make one know that they are made for love, a love in which God endlessly protects His own.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.
So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, November 22

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Christians, We Have Met to Worship

Father of orphans and protector of widows is God in his holy habitation.

Psalm 68:1-10

Let God rise up, let his enemies be scattered;
   let those who hate him flee before him.
As smoke is driven away, so drive them away;
   as wax melts before the fire,
   let the wicked perish before God.
But let the righteous be joyful;
   let them exult before God;
   let them be jubilant with joy.
Sing to God, sing praises to his name;
   lift up a song to him who rides upon the clouds—
his name is the Lord—
   be exultant before him.
Father of orphans and protector of widows
   is God in his holy habitation.
God gives the desolate a home to live in;
   he leads out the prisoners to prosperity, 
   but the rebellious live in a parched land.
O God, when you went out before your people,
   when you marched through the wilderness, the earth quaked,
the heavens poured down rain at the presence of God, the God of Sinai, at the presence of God, the God of Israel.
Rain in abundance, O God, you showered abroad; 

you restored your heritage when it languished;
your flock found a dwelling in it; 

in your goodness, O God, you provided for the needy.

Father of orphans and protector of widows is God in his holy habitation.

Old Testament Reading Isaiah 51:7-16
Silent Reflection
New Testament Reading John 14:15-24
Silent Reflection

Father of orphans and protector of widows is God in his holy habitation.

Archbishop Desmond Tutu said, “You don’t choose your family. They are God’s gift to you, as you are to them.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, November 23

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Come, Ye Thankful People, Come

God raises the poor from the dust, and lifts the needy from the ash heap.

Psalm 113

Praise the Lord!
Praise, O servants of the Lord;
    praise the name of the Lord.
Blessed be the name of the Lord from this time on and for evermore.
From the rising of the sun to its setting
    the name of the Lord is to be praised.
The Lord is high above all nations,
    and his glory above the heavens.
Who is like the Lord our God,
    who is seated on high,
who looks far down
    on the heavens and the earth?
He raises the poor from the dust,
    and lifts the needy from the ash heap,
to make them sit with princes,
    with the princes of his people.
He gives the barren woman a home,
    making her the joyous mother of children.
Praise the Lord!
God raises the poor from the dust, and lifts the needy from the ash heap.
Old Testament Reading
Genesis 2:18-25

Silent Reflection

New Testament Reading
Hebrews 13:1-17

Silent Reflection

God raises the poor from the dust, **and lifts the needy from the ash heap.**

St. Ignatius said, “If God has given you the world’s goods in abundance, it is to help you gain those of heaven and to be a good example of sound teaching to your children, servants, and relatives.”

**Prayer for the Day**

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, November 29
Waiting

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

O Come, O Come, Emmanuel

Hear, O Lord, when I cry aloud; Be gracious to me and answer me!

Psalm 27:1-9
The Lord is my light and my salvation; whom shall I fear?
The Lord is the stronghold of my life; of whom shall I be afraid?
When evildoers assail me to devour my flesh—
my adversaries and foes—they shall stumble and fall.
Though an army encamp against me, my heart shall not fear;
though war rise up against me, yet I will be confident.
One thing I asked of the Lord, that will I seek after:
to live in the house of the Lord all the days of my life,
to behold the beauty of the Lord,
and to inquire in his temple.
For he will hide me in his shelter in the day of trouble;
he will conceal me under the cover of his tent;
he will set me high on a rock.
Now my head is lifted up
above my enemies all around me,
and I will offer in his tent
sacrifices with shouts of joy;
I will sing and make melody to the Lord.
Hear, O Lord, when I cry aloud,
be gracious to me and answer me!
‘Come,’ my heart says, ‘seek his face!’
Your face, Lord, do I seek. Do not hide your face from me.
Hear, O Lord, when I cry aloud; Be gracious to me and answer me!

**Old Testament Reading**
Jeremiah 33:1-13

**Silent Reflection**

**New Testament Reading**
Romans 13:11-14

**Silent Reflection**

Hear, O Lord, when I cry aloud; Be gracious to me and answer me!

Dietrich Bonhoeffer wrote, “A prison cell, in which one waits, hopes…and is completely dependent on the fact that the door to freedom has to be opened from the outside, is not a bad picture of Advent.”

**Prayer for the Day**

*Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.* (Book of Common Prayer)

**Prayers for Others**

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you : wherever he may send you; may he guide you through the wilderness : protect you through the storm; may he bring you home rejoicing : at the wonders he has shown you; may he bring you home rejoicing : once again into our doors.
Waiting

O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Come, Thou Long-Expected Jesus

The Lord will be your everlasting light; and your God will be your glory.

Psalm 4

Answer me when I call, O God of my right!

You gave me room when I was in distress.

Be gracious to me, and hear my prayer.

How long, you people, shall my honour suffer shame?

How long will you love vain words, and seek after lies?

But know that the Lord has set apart the faithful for himself; the Lord hears when I call to him.

When you are disturbed, do not sin;

ponder it on your beds, and be silent.

Offer right sacrifices, and put your trust in the Lord.

There are many who say, ‘O that we might see some good! Let the light of your face shine on us, O Lord!’

You have put gladness in my heart more than when their grain and wine abound.

I will both lie down and sleep in peace;

for you alone, O Lord, make me lie down in safety.

The Lord will be your everlasting light; and your God will be your glory.
The Lord will be your everlasting light; **and your God will be your glory.**

Joseph Ratzinger (later Pope Benedict XVI) wrote, “Advent is concerned with that very connection between memory and hope which is so necessary to man. Advent’s intention is to awaken the most profound and basic emotional memory within us, namely, the memory of the God who became a child. This is a healing memory; it brings hope. The purpose of the Church’s year is continually to rehearse her great history of memories, to awaken the heart’s memory so that it can discern the star of hope…. It is the beautiful task of Advent to awaken in all of us memories of goodness and thus to open doors of hope.”

**Prayer for the Day**

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. **Amen.** (Martin Luther)

**Prayers for Others**

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: **Amen.**

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, December 1

Waiting

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                 At the Name of Jesus

In the wilderness prepare the way of the Lord; make straight in the desert a highway for our God.

Psalm 90:1-6

Lord, you have been our dwelling-place in all generations.

Before the mountains were brought forth,
   or ever you had formed the earth and the world,
   from everlasting to everlasting you are God.

You turn us back to dust,
   and say, ‘Turn back, you mortals.’

For a thousand years in your sight
   are like yesterday when it is past,
   or like a watch in the night.

You sweep them away; they are like a dream,
   like grass that is renewed in the morning;
   in the morning it flourishishes and is renewed;
   in the evening it fades and withers.

In the wilderness prepare the way of the Lord; make straight in the desert a highway for our God.

Old Testament Reading        Isaiah 40:1-11
Silent Reflection
Silent Reflection
In the wilderness prepare the way of the Lord; make straight in the desert a highway for our God.

Edward Hays wrote, “Advent is the perfect time to clear and prepare the Way. Advent is a winter training camp for those who desire peace. By reflection and prayer, by reading and meditation, we can make our hearts a place where a blessing of peace would desire to abide and where the birth of the Prince of Peace might take place.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, December 2   Waiting
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord : let us shout for joy to the Rock of our salvation.

Song   Emmanuel
Emmanuel, Emmanuel; his name is called Emmanuel;
God with us, revealed in us; His name is called Emmanuel.

With you, O Lord, is the fountain of life; in your light we see light.

Psalm 36:5-10
Your steadfast love, O Lord, extends to the heavens,
   your faithfulness to the clouds.
Your righteousness is like the mighty mountains,
   your judgements are like the great deep;
   you save humans and animals alike, O Lord.
How precious is your steadfast love, O God!
   All people may take refuge in the shadow of your wings.
They feast on the abundance of your house,
   and you give them drink from the river of your delights.
For with you is the fountain of life;
   in your light we see light.
O continue your steadfast love to those who know you,
   and your salvation to the upright of heart!

With you, O Lord, is the fountain of life; in your light we see light.

Old Testament Reading   Isaiah 60:1-7
Silent Reflection
New Testament Reading   1 Peter 2:1-10
Silent Reflection
With you, O Lord, is the fountain of life; **in your light we see light**.

An anonymous 6th century Christian prayed,

*Hark, a joyful voice is thrilling
and each dim and winding way
of the ancient Temple filling
Dreams, depart! for it is day.
Christ is coming!—from thy bed,
Earth-bound soul, awake and spring,—
With the sun new-risen to shed
Health on human suffering.*

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. **Amen.** (Orthodox)

**Prayers for Others**

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, December 3  
Waiting

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord : let us shout for joy to the Rock of our salvation.

Song  
God Reveals His Presence

This is God, our God forever and ever; **He will be our guide forever.**

*Psalm 48*

Great is the Lord and greatly to be praised in the city of our God.  
**His holy mountain, beautiful in elevation, is the joy of all the earth,**  
Mount Zion, in the far north, the city of the great King.  
**Within its citadels God has shown himself a sure defense.**

Then the kings assembled, they came on together.  
**As soon as they saw it, they were astounded;**  
they were in panic, they took to flight;  
**trembling took hold of them there, pains as of a woman in labour,**  
as when an east wind shatters the ships of Tarshish.  
As we have heard, so have we seen in the city of the Lord of hosts,  
in the city of our God, which God establishes for ever.  
We ponder your steadfast love, O God, in the midst of your temple.  
**Your name, O God, like your praise, reaches to the ends of the earth.**  
Your right hand is filled with victory.

**Let Mount Zion be glad, let the towns of Judah rejoice**  
**because of your judgements.**

Walk about Zion, go all around it, count its towers,  
consider well its ramparts; go through its citadels,  
**that you may tell the next generation that this is God,**  
our God for ever and ever. He will be our guide for ever.

This is God, our God forever and ever; **He will be our guide forever.**

*Old Testament Reading*  
**Isaiah 2:1-5**

*Silent Reflection*
This is God, our God forever and ever; **He will be our guide forever.**

Pope John Paul II wrote, “The liturgy of Advent…helps us to understand fully the value and meaning of the mystery of Christmas. It is not just about commemorating the historical event, which occurred some 2,000 years ago in a little village of Judea. Instead, it is necessary to understand that the whole of our life must be an ‘advent,’ a vigilant awaiting of the final coming of Christ. To predispose our mind to welcome the Lord who, as we say in the Creed, one day will come to judge the living and the dead, we must learn to recognize him as present in the events of daily life. Therefore, Advent is, so to speak, an intense training that directs us decisively toward him who already came, who will come, and who comes continuously.”

**Prayer for the Day**
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.
So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. **Through Christ our Lord:** Amen.  (John Henry Cardinal Newman)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, December 6       The Birth of Christ
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song               Angels from the Realms of Glory

He will reign over the house of Jacob forever; and of His kingdom
there will be no end.

Psalm 8
O Lord, our Sovereign, how majestic is your name in all the earth!
You have set your glory above the heavens.
   Out of the mouths of babes and infants
you have founded a bulwark because of your foes,
   to silence the enemy and the avenger.
When I look at your heavens, the work of your fingers,
   the moon and the stars that you have established;
what are human beings that you are mindful of them,
   mortals that you care for them?
Yet you have made them a little lower than God,
   and crowned them with glory and honour.
You have given them dominion over the works of your hands;
   you have put all things under their feet,
all sheep and oxen,
   and also the beasts of the field,
the birds of the air, and the fish of the sea,
   whatever passes along the paths of the seas.
O Lord, our Sovereign, how majestic is your name in all the earth!
He will reign over the house of Jacob forever; and of His kingdom
there will be no end.
Old Testament Reading  
Genesis 3:8-19

Silent Reflection

New Testament Reading  
Luke 1:26-38

Silent Reflection

He will reign over the house of Jacob forever; and of His kingdom there will be no end.

St. Augustine wrote, “He was created by a mother whom He created. He was carried by hands that He formed. He cried in the manger in wordless infancy, He, the Word, without whom all human eloquence is mute.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
The Birth of Christ

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Of the Father’s Love Begotten

Your offspring shall possess the gates of their enemies; and by your offspring shall all the nations of the earth be blessed.

Psalm 2:1-9
Why do the nations conspire, and the peoples plot in vain?
The kings of the earth set themselves,
and the rulers take counsel together,
against the Lord and his anointed, saying,
‘Let us burst their bonds asunder,
and cast their cords from us.’
He who sits in the heavens laughs;
the Lord has them in derision.
Then he will speak to them in his wrath,
and terrify them in his fury, saying,
‘I have set my king on Zion, my holy hill.’
I will tell of the decree of the Lord:
He said to me, ‘You are my son;
today I have begotten you.
Ask of me, and I will make the nations your heritage,
and the ends of the earth your possession.
You shall break them with a rod of iron,
and dash them in pieces like a potter’s vessel.’
Your offspring shall possess the gates of their enemies; and by your offspring shall all the nations of the earth be blessed.

*Old Testament Reading*  
Genesis 22:15-18

*Silent Reflection*

*New Testament Reading*  
Luke 2:1-7

*Silent Reflection*

Your offspring shall possess the gates of their enemies; and by your offspring shall all the nations of the earth be blessed.

George Whitefield wrote, “Jesus was God and man in one person, so that God and man might be happy together again.”

*Prayer for the Day*

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

*Prayers for Others*

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, December 8  The Birth of Christ
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Silent Night

There shall be endless peace for the throne of David and his kingdom; He will establish and uphold it with justice and with righteousness.

Psalm 89:1-9
I will sing of your steadfast love, O Lord, forever;
with my mouth I will proclaim your faithfulness to all generations.
I declare that your steadfast love is established for ever;
your faithfulness is as firm as the heavens.
You said, ‘I have made a covenant with my chosen one,
I have sworn to my servant David:
“I will establish your descendants for ever,
and build your throne for all generations.”’
Let the heavens praise your wonders, O Lord,
your faithfulness in the assembly of the holy ones.
For who in the skies can be compared to the Lord?
Who among the heavenly beings is like the Lord,
a God feared in the council of the holy ones,
great and awesome above all that are around him?
O Lord God of hosts, who is as mighty as you, O Lord?
Your faithfulness surrounds you.
You rule the raging of the sea;
when its waves rise, you still them.
There shall be endless peace for the throne of David and his kingdom; **He will establish and uphold it with justice and with righteousness.**

*Old Testament Reading*  
Isaiah 9:1-7

*Silent Reflection*

*New Testament Reading*  
Luke 2:8-20

*Silent Reflection*

J.I. Packer wrote, “The Almighty appeared on Earth as a helpless human baby, needing to be fed and changed and taught to talk like any other baby. The more you think about it, the more staggering it gets. Nothing in fiction is so fantastic as this truth of the Incarnation.”

*Prayer for the Day*  
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us.  
**Amen.**  
(John Wesley)

*Prayers for Others*  
*The Lord’s Prayer*  
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*  
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, December 9

The Birth of Christ

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  While Shepherds Watched Their Flocks By Night

You are my God, and I will give thanks to you; You are my God, I will extol you.

Psalm 118:19-29

Open to me the gates of righteousness, that I may enter through them
and give thanks to the Lord.

This is the gate of the Lord; the righteous shall enter through it.
I thank you that you have answered me and have become my salvation.

The stone that the builders rejected has become the chief cornerstone.
This is the Lord’s doing; it is marvellous in our eyes.

This is the day that the Lord has made; let us rejoice and be glad in it.

Save us, we beseech you, O Lord!

O Lord, we beseech you, give us success!
Blessed is the one who comes in the name of the Lord.

We bless you from the house of the Lord.
The Lord is God, and he has given us light.

Bind the festal procession with branches, up to the horns of the altar.
You are my God, and I will give thanks to you;

you are my God, I will extol you.

O give thanks to the Lord, for he is good,

for his steadfast love endures for ever.

You are my God, and I will give thanks to you; You are my God, I will extol you.
Old Testament Reading  Isaiah 11:1-9
Silent Reflection
New Testament Reading  Matthew 2:1-12
Silent Reflection

You are my God, and I will give thanks to you; **You are my God, I will extol you.**

Prof. Horace Russell said, “The farther west he went, the more convinced he was that wise men came from the East.”

**Prayer for the Day**
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

**Prayers for Others**  
**The Lord’s Prayer**
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**

*O Little Town of Bethlehem*

Long ago you laid the foundation of the earth, and the heavens are the work of your hands.

*Psalm 102:18-22, 25-28*

Let this be recorded for a generation to come,
so that a people yet unborn may praise the Lord:
that he looked down from his holy height,
from heaven the Lord looked at the earth,
to hear the groans of the prisoners,
to set free those who were doomed to die;
so that the name of the Lord may be declared in Zion,
and his praise in Jerusalem,
when peoples gather together,
and kingdoms, to worship the Lord.

Long ago you laid the foundation of the earth,
and the heavens are the work of your hands.

They will perish, but you endure;
they will all wear out like a garment.
You change them like clothing, and they pass away;
but you are the same, and your years have no end.
The children of your servants shall live secure;
their offspring shall be established in your presence.

Long ago you laid the foundation of the earth, and the heavens are the work of your hands.
Old Testament Reading

Silent Reflection

New Testament Reading

Silent Reflection

Long ago you laid the foundation of the earth, and the heavens are the work of your hands.

Peter Abelard wrote, “The purpose and cause of the Incarnation was that God might illuminate the world by His wisdom and excite to it the love of Himself.”

Prayer for the Day

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song
Holy, Holy, Holy

Do not, O Lord, withhold your mercy from me; let your steadfast love and your faithfulness keep me safe for ever.

Psalm 40:1-11
I waited patiently for the Lord; he inclined to me and heard my cry.
He drew me up from the desolate pit, out of the miry bog, and set my feet upon a rock, making my steps secure.
He put a new song in my mouth, a song of praise to our God.
Many will see and fear, and put their trust in the Lord.
Happy are those who make the Lord their trust, who do not turn to the proud, to those who go astray after false gods.
You have multiplied, O Lord my God, your wondrous deeds and your thoughts towards us; none can compare with you.
Were I to proclaim and tell of them, they would be more than can be counted.
Sacrifice and offering you do not desire, but you have given me an open ear.
Burnt-offering and sin-offering you have not required.
Then I said, ‘Here I am; in the scroll of the book it is written of me. I delight to do your will, O my God; your law is within my heart.’
I have told the glad news of deliverance in the great congregation;
see, I have not restrained my lips, as you know, O Lord.
I have not hidden your saving help within my heart,
I have spoken of your faithfulness and your salvation;
I have not concealed your steadfast love and your faithfulness from the great congregation.
Do not, O Lord, withhold your mercy from me; let your steadfast love and your faithfulness keep me safe for ever.

Do not, O Lord, withhold your mercy from me; let your steadfast love and your faithfulness keep me safe for ever.

Old Testament Reading
Isaiah 49:1-7

Silent Reflection

New Testament Reading
1 Corinthians 1:1-9

Silent Reflection

Do not, O Lord, withhold your mercy from me; let your steadfast love and your faithfulness keep me safe for ever.

Frederica Mathewes-Green wrote, “As we grow in knowledge of ourselves, God’s grace allows us to resist habitual sin and grow in self-control.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you : wherever he may send you; may he guide you through the wilderness : protect you through the storm; may he bring you home rejoicing : at the wonders he has shown you; may he bring you home rejoicing : once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Praise to the Lord, the Almighty

God has loved us with an everlasting love; therefore He has continued His faithfulness to us.

Psalm 85

LORD, you were favourable to your land; you restored the fortunes of Jacob.
You forgave the iniquity of your people; you pardoned all their sin.
You withdrew all your wrath; you turned from your hot anger.

Restore us again, O God of our salvation,
and put away your indignation towards us.
Will you be angry with us for ever?
Will you prolong your anger to all generations?
Will you not revive us again, so that your people may rejoice in you?

Show us your steadfast love, O LORD, and grant us your salvation.
Let me hear what God the LORD will speak, for he will speak peace to his people, to his faithful, to those who turn to him in their hearts.

Surely his salvation is at hand for those who fear him,
that his glory may dwell in our land.
Steadfast love and faithfulness will meet;
righteousness and peace will kiss each other.
Faithfulness will spring up from the ground,
and righteousness will look down from the sky.
The LORD will give what is good, and our land will yield its increase.
Righteousness will go before him, and will make a path for his steps.
God has loved us with an everlasting love; therefore He has continued His faithfulness to us.

Old Testament Reading  Jeremiah 31:1-6
Silent Reflection
New Testament Reading  Romans 1:1-12
Silent Reflection

God has loved us with an everlasting love; therefore He has continued His faithfulness to us.

Wendell Berry wrote, “I come into the peace of wild things who do not tax their lives with forethought of grief…For a time I rest in the grace of the world, and I am free.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun. 
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**

For the Beauty of the Earth

Therefore prepare your minds for action; discipline yourselves; set all your hope on the grace that Jesus Christ will bring you when he is revealed.

Psalm 68:4-13

Sing to God, sing praises to his name; lift up a song to him who rides upon the clouds—his name is the Lord—be exultant before him.

Father of orphans and protector of widows is God in his holy habitation. God gives the desolate a home to live in; he leads out the prisoners to prosperity, but the rebellious live in a parched land.

O God, when you went out before your people, when you marched through the wilderness, the earth quaked, the heavens poured down rain at the presence of God, the God of Sinai, at the presence of God, the God of Israel.

Rain in abundance, O God, you showered abroad; you restored your heritage when it languished; your flock found a dwelling in it; in your goodness, O God, you provided for the needy.

The Lord gives the command; great is the company of those who bore the tidings: ‘The kings of the armies, they flee, they flee!’

The women at home divide the spoil, though they stay among the sheepfolds—the wings of a dove covered with silver, its pinions with green gold.
Therefore prepare your minds for action; discipline yourselves; set all your hope on the grace that Jesus Christ will bring you when he is revealed.

Old Testament Reading   Exodus 25:17-22
Silent Reflection
New Testament Reading   1 Peter 1:1-16
Silent Reflection

Therefore prepare your minds for action; discipline yourselves; set all your hope on the grace that Jesus Christ will bring you when he is revealed.

St. Ambrose wrote, “God is not accustomed to refusing a good gift to those who ask for one. Since He is good, and especially to those who are faithful to Him, let us hold fast to Him with all our soul, our heart, our strength, and so enjoy His light and see His glory and possess the grace of supernatural joy.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, January 13    Grace and Peace
O Lord, let my soul rise up to meet you
_as the day rises to meet the sun._
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**    _Beautiful Savior_
As a father has compassion for his children, _so the Lord has compassion for those who fear Him._

_Psalm 103:1-14_
Bless the Lord, O my soul,
_and all that is within me, bless his holy name._
Bless the Lord, O my soul, and do not forget all his benefits—
_who forgives all your iniquity, who heals all your diseases,_
who redeems your life from the Pit,
who crowns you with steadfast love and mercy,
_who satisfies you with good as long as you live_
_so that your youth is renewed like the eagle’s._
The Lord works vindication and justice for all who are oppressed.
**He made known his ways to Moses, his acts to the people of Israel.**
The Lord is merciful and gracious,
_slow to anger and abounding in steadfast love._
He will not always accuse, nor will he keep his anger for ever.
**He does not deal with us according to our sins,**
_nor repay us according to our iniquities._
For as the heavens are high above the earth,
_so great is his steadfast love towards those who fear him;_
**as far as the east is from the west,**
_so far he removes our transgressions from us._
As a father has compassion for his children,
so the Lord has compassion for those who fear him.

For he knows how we were made; he remembers that we are dust.

As a father has compassion for his children, **so the Lord has compassion for those who fear Him.**

*Old Testament Reading*  
*Leviticus 26:3-13*

Silent Reflection

*New Testament Reading*  
*John 1:14-18*

Silent Reflection

As a father has compassion for his children, **so the Lord has compassion for those who fear Him.**

Karl Barth wrote, “Grace must find expression in life, otherwise it is not grace.”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.  

**Amen.**  
(Orthodox)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come.

Thy will be done on earth as it is in heaven. Give us this day our daily bread.

Forgive us our debts, as we forgive our debtors.

And lead us not into temptation, but deliver us from evil.

For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

*Song*  
*Children of the Heavenly Father*

Sin will have no dominion over us, since we are not under law but under grace.

*Psalm 23 (King James Version)*  
The Lord is my shepherd; I shall not want.  
He maketh me to lie down in green pastures: he leadeth me beside the still waters.  
He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.  
Yea, though I walk through the valley of the shadow of death, I will fear no evil:  
for thou art with me; thy rod, and thy staff they comfort me.  
Thou preparest a table before me in the presence of mine enemies:  
thou anointest my head with oil; my cup runneth over.  
Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Sin will have no dominion over us, since we are not under law but under grace.

*Old Testament Reading*  
Judges 6:11-27

Silent Reflection

*New Testament Reading*  
Romans 5:18-6:14

Silent Reflection
Sin will have no dominion over us, since we are not under law but under grace.

St. Ignatius of Loyola wrote, “Try to keep your soul always in peace and quiet, always ready for what our Lord may wish to work in you. It is certainly a higher virtue of the soul, and a greater grace, to be able to enjoy the Lord in different times and different places than only one.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.
So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, January 17   The Beloved Community
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song   We Gather Together

God is my shield; he saves the upright in heart.

Psalm 7
O Lord my God, in you I take refuge;
save me from all my pursuers, and deliver me,
or like a lion they will tear me apart;
they will drag me away, with no one to rescue.
O Lord my God, if I have done this,
if there is wrong in my hands,
if I have repaid my ally with harm
or plundered my foe without cause,
then let the enemy pursue and overtake me,
   trample my life to the ground, and lay my soul in the dust.
O let the evil of the wicked come to an end, but establish the righteous,
you who test the minds and hearts, O righteous God.
God is my shield, who saves the upright in heart.
God is a righteous judge, and a God who has indignation every day.
See how they conceive evil, and are pregnant with mischief, and bring forth lies.
They make a pit, digging it out, and fall into the hole that they have made.
Their mischief returns upon their own heads,
   and on their own heads their violence descends.
I will give to the Lord the thanks due to his righteousness,
   and sing praise to the name of the Lord, the Most High.
God is my shield; he saves the upright in heart.

Old Testament Reading  
Amos 5:18-27

Silent Reflection

New Testament Reading  
Luke 18:1-8

Silent Reflection

God is my shield; he saves the upright in heart.

Martin Luther King, Jr., wrote, “Was not Jesus an extremist for love: "Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you." Was not Amos an extremist for justice: "Let justice roll down like waters and righteousness like an ever flowing stream." Was not Paul an extremist for the Christian gospel: "I bear in my body the marks of the Lord Jesus." Was not Martin Luther an extremist: "Here I stand; I cannot do otherwise, so help me God." And John Bunyan: "I will stay in jail to the end of my days before I make a butchery of my conscience." And Abraham Lincoln: "This nation cannot survive half slave and half free." And Thomas Jefferson: "We hold these truths to be self evident, that all men are created equal . . ." So the question is not whether we will be extremists, but what kind of extremists we will be. Will we be extremists for hate or for love? Will we be extremists for the preservation of injustice or for the extension of justice? In that dramatic scene on Calvary's hill three men were crucified. We must never forget that all three were crucified for the same crime--the crime of extremism. Two were extremists for immorality, and thus fell below their environment. The other, Jesus Christ, was an extremist for love, truth and goodness, and thereby rose above his environment. Perhaps the South, the nation and the world are in dire need of creative extremists.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, January 18  The Beloved Community
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  The Church’s One Foundation

In Christ Jesus we are all children of God through faith; since we have been baptized into Christ, we have clothed ourselves with Christ.

Psalm 117
Praise the Lord, all you nations!
   Extol him, all you peoples!
For great is his steadfast love towards us,
   and the faithfulness of the Lord endures for ever.
Praise the Lord!

In Christ Jesus we are all children of God through faith; since we have been baptized into Christ, we have clothed ourselves with Christ.

Old Testament Reading  Genesis 4:1-16
Silent Reflection
New Testament Reading  Galatians 3:19-29
Silent Reflection

In Christ Jesus we are all children of God through faith; since we have been baptized into Christ, we have clothed ourselves with Christ.

John Perkins said, “Well, what we’ve been toying with [in racial reconciliation] is getting together to like each other. It’s bigger than
that. Racism is a sin in the face of the Holy God and of humanity bearing that face of God. We have not gotten deep enough to affirming each other as human beings. As a result we minimize the gospel. We are supposed to be new creations in Christ Jesus, a peacemaking force. We have to come back to brotherhood and sisterhood.”

*Prayer for the Day*

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

*Prayers for Others*

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

O Worship the King

Here are my mother and my brothers and sisters! Whoever does the will of God is my brother and sister and mother.

Psalm 122
I was glad when they said to me,
‘Let us go to the house of the Lord!’
Our feet are standing within your gates, O Jerusalem.
Jerusalem—built as a city
that is bound firmly together.
To it the tribes go up,
the tribes of the Lord,
as was decreed for Israel,
to give thanks to the name of the Lord.
For there the thrones for judgement were set up,
the thrones of the house of David.
Pray for the peace of Jerusalem:
‘May they prosper who love you.
Peace be within your walls,
and security within your towers.’
For the sake of my relatives and friends
I will say, ‘Peace be within you.’
For the sake of the house of the Lord our God,
I will seek your good.
Here are my mother and my brothers and sisters! Whoever does the will of God is my brother and sister and mother.

Old Testament Reading  
Zechariah 14:16-21

Silent Reflection

New Testament Reading  
Mark 3:31-35

Silent Reflection

Here are my mother and my brothers and sisters! Whoever does the will of God is my brother and sister and mother.

Esau McCaulley wrote, “…the church has to recognize that the very nature of the gospel unites us to people of every tribe, tongue, and nation under one king. What better witness to the world could there be than for our churches to reflect now the multi-colored kingdom that will exist when the king returns and God will be all and all? Such a commitment to that vision of church would turn our congregations upside down…”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, January 20             The Beloved Community

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

O For a Thousand Tongues to Sing

They cried to the Lord in their trouble, and he delivered them from their distress.

Psalm 107:1-9

O give thanks to the Lord, for he is good;
    for his steadfast love endures for ever.
Let the redeemed of the Lord say so,
    those he redeemed from trouble
and gathered in from the lands,
    from the east and from the west,
    from the north and from the south.
Some wandered in desert wastes,
    finding no way to an inhabited town;
hungry and thirsty,
    their soul fainted within them.
Then they cried to the Lord in their trouble,
    and he delivered them from their distress;
he led them by a straight way,
    until they reached an inhabited town.
Let them thank the Lord for his steadfast love,
    for his wonderful works to humankind.
For he satisfies the thirsty,
    and the hungry he fills with good things.
They cried to the Lord in their trouble, and he delivered them from their distress.

Old Testament Reading  
Isaiah 6:1-5

Silent Reflection

New Testament Reading  
Acts 9:1-19

Silent Reflection

They cried to the Lord in their trouble, and he delivered them from their distress.

Lewis Fisher wrote, “There is a fellowship of the Spirit, fathoms deeper than differences of opinion. It is the fellowship of those who love the Way of the Ages.”

Prayer for the Day

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
The Beloved Community

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.
Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song
All People that On Earth Do Dwell
The poor shall eat and be satisfied; those who seek him shall praise the Lord.

Psalm 22:21b-28
From the horns of the wild oxen you have rescued me.
I will tell of your name to my brothers and sisters;
in the midst of the congregation I will praise you:
You who fear the Lord, praise him!
All you offspring of Jacob, glorify him;
stand in awe of him, all you offspring of Israel!
For he did not despise or abhor the affliction of the afflicted;
he did not hide his face from me,
but heard when I cried to him.
From you comes my praise in the great congregation;
my vows I will pay before those who fear him.
The poor shall eat and be satisfied;
those who seek him shall praise the Lord.
May your hearts live for ever!
All the ends of the earth shall remember
and turn to the Lord;
and all the families of the nations
shall worship before him.
For dominion belongs to the Lord,
and he rules over the nations.
The poor shall eat and be satisfied; **those who seek him shall praise the Lord.**

*Old Testament Reading*  
Daniel 9:15-19

*Silent Reflection*

*New Testament Reading*  
Ephesians 2:11-22

*Silent Reflection*

The poor shall eat and be satisfied; **those who seek him shall praise the Lord.**

Martin Luther said, “To gather with God's people in united adoration of the Father is as necessary to the Christian life as prayer.”

*Prayer for the Day*

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.

So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen.  
(John Henry Cardinal Newman)

*Prayers for Others*

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, January 24  
A Quiet Place

O Lord, let my soul rise up to meet you 
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, 
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
The Steadfast Love of The Lord Never Ceases
The steadfast love of the Lord never ceases, 
His mercies never come to an end. 
They are new every morning, new every morning, 
Great is Your faithfulness, O God; Great is Your faithfulness.

By day the Lord commands His steadfast love; and at night his song is with me.

Psalm 42:1-8
As a deer longs for flowing streams, so my soul longs for you, O God. 
My soul thirsts for God, for the living God. 
When shall I come and behold the face of God?
My tears have been my food day and night, 
while people say to me continually, ‘Where is your God?’
These things I remember, as I pour out my soul: 
how I went with the throng, and led them in procession to the house of God, with glad shouts and songs of thanksgiving, a multitude keeping festival.
Why are you cast down, O my soul, 
and why are you disquieted within me?
Hope in God; for I shall again praise him, my help and my God.
My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar.
Deep calls to deep at the thunder of your cataracts; 
all your waves and your billows have gone over me.
By day the Lord commands his steadfast love, 
and at night his song is with me, a prayer to the God of my life.
By day the Lord commands His steadfast love; **and at night his song is with me.**

**Old Testament Reading**
1 Chronicles 22:6-16

**Silent Reflection**

**New Testament Reading**
1 Thessalonians 4:9-12

**Silent Reflection**

By day the Lord commands His steadfast love; **and at night his song is with me.**

Thomas Merton wrote, “Preaching God implies silence. If preaching is not born of silence, it is a waste of time. Writing and teaching must be fed by silence or they are a waste of time. There are many declarations made only because we think other people are expecting us to make them. The silence of God should teach us when to speak and when not to speak. But we cannot bear the thought of that silence, lest it cost us the trust and respect of others.”

**Prayer for the Day**

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, January 25  

A Quiet Place

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

This is My Father’s World

I have calmed and quieted my soul, like a weaned child with its mother.

Psalm 131

O Lord, my heart is not lifted up,
my eyes are not raised too high;
I do not occupy myself with things
too great and too marvellous for me.

But I have calmed and quieted my soul,
like a weaned child with its mother;
my soul is like the weaned child that is with me.

O Israel, hope in the Lord
from this time on and for evermore.

I have calmed and quieted my soul, like a weaned child with its mother.

Old Testament Reading  

Ecclesiastes 4:1-8

Silent Reflection

New Testament Reading  

2 Thessalonians 3:6-13

Silent Reflection
I have calmed and quieted my soul, like a weaned child with its mother.

Howard Thurman said, “He waits, he listens; when all is still he listens now at a deeper level of silence; and soundless movement there floats up through all the chambers of his being, encompassing all the tongued cries from many cells: one word: God. And the answer is the same, filling all the living silence before thy face: God. God.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, January 26

A Quiet Place

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Let All Mortal Flesh Keep Silence

God alone is my rock and my salvation, my fortress; I shall never be shaken.

Psalm 62:1-8

For God alone my soul waits in silence;
   from him comes my salvation.
He alone is my rock and my salvation,
   my fortress; I shall never be shaken.

How long will you assail a person,
   will you batter your victim, all of you,
   as you would a leaning wall, a tottering fence?
Their only plan is to bring down a person of prominence.
   They take pleasure in falsehood;
they bless with their mouths,
   but inwardly they curse.
For God alone my soul waits in silence,
   for my hope is from him.
He alone is my rock and my salvation,
   my fortress; I shall not be shaken.

On God rests my deliverance and my honour;
   my mighty rock, my refuge is in God.
Trust in him at all times, O people;
   pour out your heart before him;
God is a refuge for us.
God alone is my rock and my salvation, my fortress; **I shall never be shaken.**

**Old Testament Reading**

Zephaniah 1:1-9

**Silent Reflection**

**New Testament Reading**

Luke 20:20-26

**Silent Reflection**

Thomson Kelly wrote, “Deep within us all there is an amazing inner sanctuary of the soul, a holy place, a Divine Center, a speaking Voice, to which we may continuously return. Eternity is at our hearts, pressing upon our time-torn lives, warming us with intimations of an astounding destiny, calling us home unto Itself. Yielding to these persuasions, gladly committing ourselves in body and soul, utterly and completely, to the Light Within, is the beginning of true life.”

**Prayer for the Day**

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

**Prayers for Others**

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, January 27  
A Quiet Place

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**  
*Jesus, The Very Thought of Thee*

In returning and rest you shall be saved; **in quietness and in trust**  
shall be your strength.

*Lamentations 3:25-32*

The Lord is good to those who wait for him, to the soul that seeks him.  
**It is good that one should wait quietly for the salvation of the Lord.**
It is good for one to bear the yoke in youth,
to sit alone in silence when the Lord has imposed it,
to put one’s mouth to the dust (there may yet be hope),
to give one’s cheek to the smiter, and be filled with insults.
For the Lord will not reject for ever.
**Although he causes grief, he will have compassion**  
according to the abundance of his steadfast love.

In returning and rest you shall be saved; **in quietness and in trust**  
shall be your strength.

*Old Testament Reading*  
Isaiah 30:15-22

*New Testament Reading*  
1 Peter 4:12-19

*Silent Reflection*
In returning and rest you shall be saved; in quietness and in trust shall be your strength.

Miriam-Rose Ungunmerr-Baumann wrote, “Our Aboriginal culture has taught us to be still and to wait. We do not try to hurry things up…We wait on God, too. His time is the right time. We wait for Him to make his Word clear to us. We don’t worry. We know that in time and in the spirit of dadirri (that deep listening and quiet stillness) his way will be clear.”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
A Quiet Place

O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Like a River Glorious

You gave me room when I was in distress. Be gracious to me, and hear my prayer.

Psalm 4

Answer me when I call, O God of my right!

You gave me room when I was in distress. Be gracious to me, and hear my prayer.

How long, you people, shall my honour suffer shame?

How long will you love vain words, and seek after lies?

But know that the Lord has set apart the faithful for himself; the Lord hears when I call to him.

When you are disturbed, do not sin; ponder it on your beds, and be silent.

Offer right sacrifices, and put your trust in the Lord.

There are many who say, ‘O that we might see some good! Let the light of your face shine on us, O Lord!’

You have put gladness in my heart more than when their grain and wine abound.

I will both lie down and sleep in peace; for you alone, O Lord, make me lie down in safety.

You gave me room when I was in distress. Be gracious to me, and hear my prayer.

Old Testament Reading

Proverbs 11:9-14

Silent Reflection

New Testament Reading

James 1:19-27

Silent Reflection
You gave me room when I was in distress. **Be gracious to me, and hear my prayer.**

Henri Nouwen wrote, “Somewhere we know that without a lonely place our lives are in danger. Somewhere we know that without silence words lose their meaning, that without listening speaking no longer heals, that without distance closeness cannot cure. Somewhere we know that without a lonely place our actions quickly become empty gestures. The careful balance between silence and words, withdrawal and involvement, distance and closeness, solitude and community forms the basis of the Christian life and should therefore be the subject of our most personal attention.”

**Prayer for the Day**

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.

So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. **This we ask for Thy love’s sake. Through Christ our Lord: Amen.** (John Henry Cardinal Newman)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil.

For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, January 31       Ancient Stories
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song        Darkness Has Faded
You have made humankind a little lower than God, and crowned us with glory and honor.

Psalm 8
O Lord, our Sovereign, how majestic is your name in all the earth!
You have set your glory above the heavens.

Out of the mouths of babes and infants
you have founded a bulwark because of your foes,
to silence the enemy and the avenger.
When I look at your heavens, the work of your fingers,
the moon and the stars that you have established;
what are human beings that you are mindful of them,
mortals that you care for them?
Yet you have made them a little lower than God,
and crowned them with glory and honour.
You have given them dominion over the works of your hands;
you have put all things under their feet,
all sheep and oxen,
and also the beasts of the field,
the birds of the air, and the fish of the sea,
whatever passes along the paths of the seas.
O Lord, our Sovereign,
how majestic is your name in all the earth!
You have made humankind a little lower than God, and crowned us with glory and honor.
Old Testament Reading  Genesis 2:4b-9, 15-25  
Silent Reflection  
New Testament Reading  Romans 8:18-25  
Silent Reflection  
You have made humankind a little lower than God, and crowned us with glory and honor.

Martin Luther King, Jr. said, "Now there is a final reason I think that Jesus says, "Love your enemies." It is this: that love has within it a redemptive power. And there is a power there that eventually transforms individuals. Just keep being friendly to that person. Just keep loving them, and they can’t stand it too long. Oh, they react in many ways in the beginning. They react with guilt feelings, and sometimes they’ll hate you a little more at that transition period, but just keep loving them. And by the power of your love they will break down under the load. That’s love, you see. It is redemptive, and this is why Jesus says love. There’s something about love that builds up and is creative. There is something about hate that tears down and is destructive. So love your enemies."

Prayer for the Day  
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others  
The Lord’s Prayer  
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer  
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, February 1       Ancient Stories
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                Jesus Shall Reign Wheree’r the Sun

The Lord looks down from heaven on humankind to see if there are any who are wise, who seek after God.

Psalm 14
Fools say in their hearts, ‘There is no God.’
They are corrupt, they do abominable deeds;
there is no one who does good.
The Lord looks down from heaven on humankind to see if there are any who are wise, who seek after God.
They have all gone astray, they are all alike perverse;
there is no one who does good, no, not one.
Have they no knowledge, all the evildoers
who eat up my people as they eat bread,
and do not call upon the Lord?
There they shall be in great terror,
for God is with the company of the righteous.
You would confound the plans of the poor,
but the Lord is their refuge.
O that deliverance for Israel would come from Zion!
When the Lord restores the fortunes of his people,
Jacob will rejoice; Israel will be glad.

The Lord looks down from heaven on humankind to see if there are any who are wise, who seek after God.
The Lord looks down from heaven on humankind to see if there are any who are wise, who seek after God.

Dietrich Bonhoeffer said, “When all is said and done, the life of faith is nothing if not an unending struggle of the spirit with every available weapon against the flesh.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Ancient Stories

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Jesus, the Very Thought of Thee

We know love by this, that Christ laid down his life for us—and we ought to lay down our lives for one another.

Psalm 15

O Lord, who may abide in your tent?
Who may dwell on your holy hill?
Those who walk blamelessly, and do what is right,
and speak the truth from their heart;
who do not slander with their tongue,
and do no evil to their friends,
nor take up a reproach against their neighbours;
in whose eyes the wicked are despised,
but who honour those who fear the Lord;
who stand by their oath even to their hurt;
who do not lend money at interest,
and do not take a bribe against the innocent.
Those who do these things shall never be moved.

We know love by this, that Christ laid down his life for us—and we ought to lay down our lives for one another.

Old Testament Reading  Genesis 4:1-16
Silent Reflection
New Testament Reading 1 John 3:11-22

Silent Reflection

We know love by this, that Christ laid down his life for us—and we ought to lay down our lives for one another.

David Kirk said, “When Jesus called his disciples ‘brothers’ and ‘friends,’ he was contradicting general Jewish usage and breaking through into a new concept of brotherhood which is not tribal, but open to any person.”

Prayer for the Day

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Ancient Stories

Thursday, February 3

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

When Morning Dawns and Evening Fades

You desire truth in the inward being; therefore teach me wisdom in my secret heart.

Psalm 51:1-12

Have mercy on me, O God, according to your steadfast love;
according to your abundant mercy blot out my transgressions.
Wash me thoroughly from my iniquity, and cleanse me from my sin.
For I know my transgressions, and my sin is ever before me.
Against you, you alone, have I sinned, and done what is evil in your sight,
so that you are justified in your sentence
and blameless when you pass judgement.
Indeed, I was born guilty, a sinner when my mother conceived me.
You desire truth in the inward being;
therefore teach me wisdom in my secret heart.
Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
Let me hear joy and gladness;
let the bones that you have crushed rejoice.
Hide your face from my sins, and blot out all my iniquities.
Create in me a clean heart, O God,
and put a new and right spirit within me.
Do not cast me away from your presence, and do not take your holy spirit from me.
Restore to me the joy of your salvation, and sustain in me a willing spirit.
You desire truth in the inward being; therefore teach me wisdom in my secret heart.

Old Testament Reading  
Genesis 6:5-22  

Silent Reflection

New Testament Reading  
2 Peter 3:8-18  

Silent Reflection

You desire truth in the inward being; therefore teach me wisdom in my secret heart.

Brennan Manning wrote, “As we come to grips with our own selfishness and stupidity, we…accept that we are impoverished and broken and realize that, if we were not, we would be God. The art of gentleness toward ourselves leads to being gentle with others -- and is a natural prerequisite for our presence to God in prayer.”

Prayer for the Day

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen.  (Orthodox)

Prayers for Others

The Lord’s Prayer

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Ancient Stories

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

God Reveals His Presence

Creation’s voice goes out: through all the earth, to the end of the world.

Psalm 19

The heavens are telling the glory of God;
    and the firmament proclaims his handiwork.
Day to day pours forth speech, and night to night declares knowledge.
There is no speech, nor are there words; their voice is not heard;
yet their voice goes out through all the earth,
    and their words to the end of the world.
In the heavens he has set a tent for the sun, which comes out like a bridegroom from his wedding canopy, and like a strong man runs its course with joy.
Its rising is from the end of the heavens, and its circuit to the end of them;
    and nothing is hidden from its heat.
The law of the Lord is perfect, reviving the soul;
the decrees of the Lord are sure, making wise the simple;
the precepts of the Lord are right, rejoicing the heart;
the commandment of the Lord is clear, enlightening the eyes;
the fear of the Lord is pure, enduring for ever;
the ordinances of the Lord are true and righteous altogether.
More to be desired are they than gold, even much fine gold;
sweeter also than honey, and drippings of the honeycomb.
Moreover by them is your servant warned; in keeping them there is great reward.
But who can detect their errors? Clear me from hidden faults.
Keep back your servant also from the insolent;
    do not let them have dominion over me.
Then I shall be blameless, and innocent of great transgression.
Let the words of my mouth and the meditation of my heart be acceptable to you, O Lord, my rock and my redeemer.

Creation’s voice goes out: through all the earth, to the end of the world.

*Old Testament Reading*  
*Genesis 11:1-9*

*Silent Reflection*

*New Testament Reading*  
*Acts 2:1-13*

*Silent Reflection*

Creation’s voice goes out: through all the earth, to the end of the world.

Reading from T.S. Eliot’s *The Four Quartets*

*Prayer for the Day*

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.

So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

*Prayers for Others*

*The Lord’s Prayer*

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
We Praise Thee, O God, Our Redeemer, Creator

Remember the wonderful works God has done: his miracles, and the judgments he has uttered.

Psalm 105:1-11
O give thanks to the Lord, call on his name, make known his deeds among the peoples.

Sing to him, sing praises to him; tell of all his wonderful works. Glory in his holy name; let the hearts of those who seek the Lord rejoice. Seek the Lord and his strength; seek his presence continually.

Remember the wonderful works he has done, his miracles, and the judgements he has uttered,
O offspring of his servant Abraham, children of Jacob, his chosen ones.
He is the Lord our God;

his judgements are in all the earth.
He is mindful of his covenant for ever, of the word that he commanded, for a thousand generations, the covenant that he made with Abraham, his sworn promise to Isaac, which he confirmed to Jacob as a statute, to Israel as an everlasting covenant, saying, ‘To you I will give the land of Canaan as your portion for an inheritance.’

Remember the wonderful works God has done: his miracles, and the judgments he has uttered.
Silent Reflection

Remember the wonderful works God has done: **his miracles, and the judgments he has uttered.**

Pope Benedict XVI said, “The blessing hands of Christ are like a roof that protects us. But at the same time, they are a gesture of opening up, tearing the world open so that heaven may enter in, may become present within it.”

**Prayer for the Day**

**Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.** (Book of Common Prayer)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, February 8  

Genesis Narrative

O Lord, let my soul rise up to meet you as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

O Splendor of God’s Glory Bright

The Lord is the stronghold of my life; of whom shall I be afraid?

Psalm 27:1-6

The Lord is my light and my salvation; whom shall I fear?

The Lord is the stronghold of my life; of whom shall I be afraid?

When evildoers assail me to devour my flesh—my adversaries and foes—they shall stumble and fall.

Though an army encamp against me, my heart shall not fear; though war rise up against me, yet I will be confident.

One thing I asked of the Lord, that will I seek after:

to live in the house of the Lord all the days of my life,
to behold the beauty of the Lord, and to inquire in his temple.

For he will hide me in his shelter in the day of trouble;
he will conceal me under the cover of his tent;
he will set me high on a rock.

Now my head is lifted up above my enemies all around me, and I will offer in his tent sacrifices with shouts of joy;
I will sing and make melody to the Lord.

The Lord is the stronghold of my life; of whom shall I be afraid?

Old Testament Reading  

Genesis 22:1-19

Silent Reflection
New Testament Reading

Matthew 27:45-54

Silent Reflection

The Lord is the stronghold of my life; of whom shall I be afraid?

Frederick Buechner wrote, “Our father. We have killed him, and we will kill him again, and our world will kill him. And yet he is there. It is he who listens at the door. It is he who is coming. It is our father who is about to be born. Through Jesus Christ our Lord.”

Prayer for the Day

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, February 9

**Genesis Narrative**

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**

*My Jesus, I Love Thee*

The Lord has done great things for us; **so we rejoice.**

**Psalm 126**

When the Lord restored the fortunes of Zion,
we were like those who dream.
**Then our mouth was filled with laughter,**
and our tongue with shouts of joy;
then it was said among the nations,
‘The Lord has done great things for them.’
**The Lord has done great things for us,**
and we rejoiced.

Restore our fortunes, O Lord,
like the watercourses in the Negeb.
**May those who sow in tears**
reap with shouts of joy.
Those who go out weeping,
bearing the seed for sowing,
shall come home with shouts of joy,
carrying their sheaves.

The Lord has done great things for us; **so we rejoice.**

**Old Testament Reading**

*Genesis 27:1-40*

**Silent Reflection**

Silent Reflection

The Lord has done great things for us; **so we rejoice.**

Brennan Manning wrote, “We should be astonished at the goodness of God, stunned that He should bother to call us by name, our mouths wide open at His love, bewildered that at this very moment we are standing on holy ground.”

**Prayer for the Day**

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. **Amen.** (John Wesley)

**Prayers for Others**

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, February 10

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Ask Ye What Great Thing I Know

If we ascend to heaven, God is there; if we make our bed in the grave, God is there.

Psalm 139:1-10

O Lord, you have searched me and known me.
You know when I sit down and when I rise up;
    you discern my thoughts from far away.
You search out my path and my lying down,
    and are acquainted with all my ways.

Even before a word is on my tongue, O Lord, you know it completely.
You hem me in, behind and before, and lay your hand upon me.

Such knowledge is too wonderful for me;
    it is so high that I cannot attain it.
Where can I go from your spirit?
    Or where can I flee from your presence?
If I ascend to heaven, you are there;
    if I make my bed in Sheol, you are there.
If I take the wings of the morning and settle at the farthest limits of the sea,
even there your hand shall lead me,
    and your right hand shall hold me fast.

If we ascend to heaven, God is there; if we make our bed in the grave, God is there.
Old Testament Reading
Genesis 28:10-17
Silent Reflection

New Testament Reading
John 1:43-51
Silent Reflection

If we ascend to heaven, God is there; **if we make our bed in the grave, God is there.**

Jonathan Edwards said, “The way to heaven is ascending; we must be content to travel uphill, though it be hard and tiresome, and contrary to the natural bias of our flesh.”

**Prayer for the Day**
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

**The Lord’s Prayer**
The Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

God of Grace and God of Glory

First be reconciled to your brother or sister; only then offer your gift

to the Lord.

Psalm 133

How very good and pleasant it is
   when kindred live together in unity!
It is like the precious oil on the head,
   running down upon the beard,
on the beard of Aaron,
   running down over the collar of his robes.
It is like the dew of Hermon,
   which falls on the mountains of Zion.
For there the Lord ordained his blessing,
   life for evermore.

First be reconciled to your brother or sister; only then offer your gift
to the Lord.

Old Testament Reading

Genesis 45:1-15

Silent Reflection

New Testament Reading

Matthew 5:21-26

Silent Reflection
First be reconciled to your brother or sister; **only then offer your gift to the Lord.**

Frederick Buechner wrote, “Almost as much as it is the story of how Israel was saved from famine and extinction, [this] is the story of how Joseph was saved as a human being.”

**Prayer for the Day**

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. *(John Henry Cardinal Newman)*

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, February 14    Acts of the Apostles
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                  Crown Him With Many Crowns

God has gone up with a shout, the Lord with the sound of a trumpet.

Psalm 47
Clap your hands, all you peoples; shout to God with loud songs of joy.
For the Lord, the Most High, is awesome,
    a great king over all the earth.
He subdued peoples under us,
        and nations under our feet.
He chose our heritage for us,
    the pride of Jacob whom he loves.
God has gone up with a shout,
    the Lord with the sound of a trumpet.
Sing praises to God, sing praises;
    sing praises to our King, sing praises.
For God is the king of all the earth;
    sing praises with a psalm.
God is king over the nations;
    God sits on his holy throne.
The princes of the peoples gather
    as the people of the God of Abraham.
For the shields of the earth belong to God;
    he is highly exalted.
God has gone up with a shout, the Lord with the sound of a trumpet.

Old Testament Reading  Isaiah 6:1-10
Silent Reflection
Silent Reflection

God has gone up with a shout, the Lord with the sound of a trumpet.

Francis Peloubet said, “Jesus went away not only to prepare a place for us so that it will be ready for us as one by one we go home, but to prepare us for the place, to fit us for heavenly employments and heavenly service.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Gracious Spirit, Dwell With Me

God will pour out His Spirit on all flesh; we shall prophesy, see visions, and dream dreams.

Psalm 104:24-34, 35b

O Lord, how manifold are your works! In wisdom you have made them all; the earth is full of your creatures. Yonder is the sea, great and wide, creeping things innumerable are there, living things both small and great. There go the ships, and Leviathan that you formed to sport in it. These all look to you to give them their food in due season; when you give to them, they gather it up; when you open your hand, they are filled with good things. When you hide your face, they are dismayed; when you take away their breath, they die and return to their dust. When you send forth your spirit, they are created; and you renew the face of the ground.
May the glory of the Lord endure for ever; may the Lord rejoice in his works—who looks on the earth and it trembles, who touches the mountains and they smoke. I will sing to the Lord as long as I live; I will sing praise to my God while I have being.
May my meditation be pleasing to him, for I rejoice in the Lord. Bless the Lord, O my soul. Praise the Lord!
God will pour out His Spirit on all flesh; **we shall prophesy, see visions, and dream dreams.**

*Old Testament Reading*  
*Numbers 11:24-30*

*Silent Reflection*

*New Testament Reading*  
*Acts 2:1-21*

*Silent Reflection*

God will pour out His Spirit on all flesh; **we shall prophesy, see visions, and dream dreams.**

Henry Blackaby said, “Will God ever ask you to do something you are not able to do? The answer is yes--all the time! It must be that way, for God's glory and kingdom. If we function according to our ability alone, we get the glory; if we function according to the power of the Spirit within us, God gets the glory. He wants to reveal Himself to a watching world.”

*Prayer for the Day*

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.  
(Martin Luther)

*Prayers for Others*

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, February 16

Acts of the Apostles

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

How Sweet the Name of Jesus Sounds

Know that the Lord has set apart the faithful for himself; the Lord hears when I call to him.

Psalm 4

Answer me when I call, O God of my right!
   You gave me room when I was in distress.
   Be gracious to me, and hear my prayer.
How long, you people, shall my honour suffer shame?
   How long will you love vain words, and seek after lies?
But know that the Lord has set apart the faithful for himself;
   the Lord hears when I call to him.

When you are disturbed, do not sin;
   ponder it on your beds, and be silent.
Offer right sacrifices,
   and put your trust in the Lord.

There are many who say, ‘O that we might see some good!
   Let the light of your face shine on us, O Lord!’
You have put gladness in my heart
   more than when their grain and wine abound.
I will both lie down and sleep in peace;
   for you alone, O Lord, make me lie down in safety.

Know that the Lord has set apart the faithful for himself; the Lord hears when I call to him.
Old Testament Reading  Isaiah 57:14-21
Silent Reflection
Silent Reflection

Know that the Lord has set apart the faithful for himself; the Lord hears when I call to him.

Henri Nouwen said, “Did I offer peace today? Did I bring a smile to someone's face? Did I say words of healing? Did I let go of my anger and resentment? Did I forgive? Did I love? These are the real questions. I must trust that the little bit of love that I sow now will bear many fruits, here in this world and the life to come.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, February 17
Acts of the Apostles

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

*Song*  
*Blest Be the Tie that Binds*

The stone that the builders rejected has become the chief cornerstone;  
**this is the Lord’s doing; it is marvelous in our eyes.**

*Psalm 118:14-24*

The Lord is my strength and my might; he has become my salvation.  
There are glad songs of victory in the tents of the righteous:  
‘The right hand of the Lord does valiantly; the right hand of the Lord  
is exalted; the right hand of the Lord does valiantly.’

I shall not die, but I shall live, and recount the deeds of the Lord.  
The Lord has punished me severely, but he did not give me over to death.  
Open to me the gates of righteousness, that I may enter through  
them and give thanks to the Lord.

This is the gate of the Lord; the righteous shall enter through it.  
I thank you that you have answered me and have become my salvation.  
The stone that the builders rejected has become the chief cornerstone.  
This is the Lord’s doing; it is marvellous in our eyes.  
This is the day that the Lord has made; let us rejoice and be glad in it.

The stone that the builders rejected has become the chief cornerstone;  
**this is the Lord’s doing; it is marvelous in our eyes.**

*Old Testament Reading*  
*Jeremiah 31:1-6*

*Silent Reflection*

*New Testament Reading*  
*Acts 10:24-48*

*Silent Reflection*
The stone that the builders rejected has become the chief cornerstone; this is the Lord’s doing; it is marvelous in our eyes.

Hwa Yung said, “Western theology invariably asks the question: Are miracles possible? This of course addresses the Enlightenment problem of a closed universe. In much of Asia that is a non-question because the miraculous is assumed and fairly regularly experienced.”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, February 18  Acts of the Apostles
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                     Joyful, Joyful, We Adore Thee

Sing praises to the Lord, O you his faithful ones; and give thanks to his holy name.

Psalm 30
I will extol you, O Lord, for you have drawn me up,
    and did not let my foes rejoice over me.
O Lord my God, I cried to you for help, and you have healed me.
O Lord, you brought up my soul from Sheol,
    restored me to life from among those gone down to the Pit.
Sing praises to the Lord, O you his faithful ones, and give thanks to his holy name.
For his anger is but for a moment; his favour is for a lifetime.
Weeping may linger for the night, but joy comes with the morning.
As for me, I said in my prosperity, ‘I shall never be moved.’
By your favour, O Lord, you had established me as a strong mountain;
you hid your face; I was dismayed.
To you, O Lord, I cried, and to the Lord I made supplication:
‘What profit is there in my death, if I go down to the Pit?
Will the dust praise you? Will it tell of your faithfulness?
Hear, O Lord, and be gracious to me!
    O Lord, be my helper!’
You have turned my mourning into dancing;
    you have taken off my sackcloth and clothed me with joy,
so that my soul may praise you and not be silent.
    O Lord my God, I will give thanks to you for ever.
Sing praises to the Lord, O you his faithful ones; and give thanks to his holy name.

Old Testament Reading

Silent Reflection

New Testament Reading

Silent Reflection

Sing praises to the Lord, O you his faithful ones; and give thanks to his holy name.

Oscar Romero said, “The church must suffer for speaking the truth, for pointing out sin, for uprooting sin. No one wants to have a sore spot touched, and therefore a society with so many sores twitches when someone has the courage to touch it and say: “You have to treat that. You have to get rid of that. Believe in Christ. Be converted.”

Prayer for the Day

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.

So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, February 21    Letters of Hope and Challenge

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song    Darkness Has Faded

The Lord has done great things for us; so we rejoice.

Psalm 126
When the Lord restored the fortunes of Zion,
we were like those who dream.
Then our mouth was filled with laughter,
and our tongue with shouts of joy;
then it was said among the nations,
‘The Lord has done great things for them.’
The Lord has done great things for us,
and we rejoiced.
Restore our fortunes, O Lord,
like the watercourses in the Negeb.
May those who sow in tears
reap with shouts of joy.
Those who go out weeping,
bearing the seed for sowing,
shall come home with shouts of joy,
carrying their sheaves.

The Lord has done great things for us; so we rejoice.
Old Testament Reading  Joel 2:21-27

Silent Reflection

New Testament Reading  1 Timothy 2:1-7

Silent Reflection

The Lord has done great things for us; so we rejoice.

Brandon McGinley wrote, “We can do nothing better for ourselves, for our society, and for the Body of Christ than to pursue relentlessly that which is good, true and beautiful. This is Christian hope, and it is the antidote for political despair.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun. Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Blessed Assurance

The righteous are like trees planted by streams of water; they yield their fruit in its season, and their leaves do not wither.

Psalm 1

Happy are those who do not follow the advice of the wicked, or take the path that sinners tread, or sit in the seat of scoffers; but their delight is in the law of the Lord, and on his law they meditate day and night.

They are like trees planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all that they do, they prosper.

The wicked are not so, but are like chaff that the wind drives away. Therefore the wicked will not stand in the judgement, nor sinners in the congregation of the righteous; for the Lord watches over the way of the righteous, but the way of the wicked will perish.

The righteous are like trees planted by streams of water; they yield their fruit in its season, and their leaves do not wither.

Old Testament Reading

Deuteronomy 30:15-20

Silent Reflection
New Testament Reading  
Philemon 1-21

Silent Reflection

The righteous are like trees planted by streams of water; they yield their fruit in its season, and their leaves do not wither.

Charles Wesley wrote,
“Within me Thy good Spirit place,
Spirit of health, and love and power,
Plant in me Thy victorious grace,
And sin shall never enter more.”

Prayer for the Day

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, February 23

Letters of Hope and Challenge

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Sun of My Soul

Light dawns for the righteous; and joy for the upright in heart.

Psalm 97

The Lord is king! Let the earth rejoice; let the many coastlands be glad!
Clouds and thick darkness are all around him;
   righteousness and justice are the foundation of his throne.
Fire goes before him, and consumes his adversaries on every side.
His lightnings light up the world; the earth sees and trembles.
The mountains melt like wax before the Lord,
   before the Lord of all the earth.
The heavens proclaim his righteousness; and all the peoples behold his glory.
All worshippers of images are put to shame, those who make their boast in worthless idols;
   all gods bow down before him.
Zion hears and is glad, and the towns of Judah rejoice,
   because of your judgements, O God.
For you, O Lord, are most high over all the earth;
   you are exalted far above all gods.
The Lord loves those who hate evil;
   he guards the lives of his faithful;
   he rescues them from the hand of the wicked.
Light dawns for the righteous,
   and joy for the upright in heart.
Rejoice in the Lord, O you righteous,
   and give thanks to his holy name!

Light dawns for the righteous; and joy for the upright in heart.
Light dawns for the righteous; **and joy for the upright in heart.**

Richard Mouw said, “But I think Jesus’ ability to empathize moves beyond these broad categories of suffering as well. Yes, he experienced pain directly, but perhaps he also experienced it empathetically; with a perfection that made the pain of others fully his. Maybe Jesus, more than any human being, because he loved more than any other human being, and because he was God-with-us, empathized so deeply, was so much for the abused parent he encountered, the blind man sitting at the side of the road, the childless mother’s emptiness, the rejected husband’s loss, the alienated, the depressed, the fearful, the widowed, the lost, the least and the last, that he really did fully experience their pain.”

**Prayer for the Day**

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, February 24

Letters of Hope and Challenge

O Lord, let my soul rise up to meet you as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Trust and Obey

Commit your way to the Lord; trust in him, and he will act.

Psalm 37:1-11

Do not fret because of the wicked;

do not be envious of wrongdoers, for they will soon fade like the grass, and wither like the green herb.

Trust in the LORD, and do good;

so you will live in the land, and enjoy security.

Take delight in the LORD,

and he will give you the desires of your heart.

Commit your way to the LORD;

trust in him, and he will act.

He will make your vindication shine like the light,

and the justice of your cause like the noonday.

Be still before the LORD, and wait patiently for him;

do not fret over those who prosper in their way,

over those who carry out evil devices.

Refrain from anger, and forsake wrath.

Do not fret—it leads only to evil.

For the wicked shall be cut off,

but those who wait for the LORD shall inherit the land.

Yet a little while, and the wicked will be no more;

though you look diligently for their place, they will not be there.

But the meek shall inherit the land,

and delight in abundant prosperity.

Commit your way to the Lord; trust in him, and he will act.
Old Testament Reading  
Silent Reflection  
New Testament Reading  
Silent Reflection

Commit your way to the Lord; **trust in him, and he will act.**

Tish Harrison Warren wrote, “I suspect that for me, getting up and doing the dishes when I’m short on sleep and patience is far more costly and necessitates more of a revolution in my heart than some of the more outwardly risky ways I’ve lived in the past. And so this is what I need now: the courage to face an ordinary day…without despair, the bravery it takes to believe that a small life is still a meaningful life.”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; May he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, February 24   Letters of Hope and Challenge
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song         Take My Life and Let it Be

There is still a vision for the appointed time; if it seems to tarry, wait for it; it will surely come, it will not delay.

Psalm 137:1-8
By the rivers of Babylon—
there we sat down and there we wept when we remembered Zion.
On the willows there we hung up our harps.
For there our captors asked us for songs,
and our tormentors asked for mirth, saying,
‘Sing us one of the songs of Zion!’
How could we sing the Lord’s song in a foreign land?
If I forget you, O Jerusalem, let my right hand wither!
Let my tongue cling to the roof of my mouth, if I do not remember you,
if I do not set Jerusalem above my highest joy.

There is still a vision for the appointed time; if it seems to tarry, wait for it; it will surely come, it will not delay.

Old Testament Reading          Habakkuk 1:1-4, 2:1-4
Silent Reflection
New Testament Reading          2 Timothy 1:1-14
Silent Reflection

There is still a vision for the appointed time; if it seems to tarry, wait for it; it will surely come, it will not delay.
Henri Nouwen wrote, “Without solitude it is virtually impossible to live a spiritual life. Solitude begins with a time and place for God, and for him alone. If we really believe not only that God exists but also that he is actively present in our lives – healing, teaching, and guiding – we need to set aside a time and space to give him our undivided attention.”

**Prayer for the Day**

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.

So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, March 7          Sermon on the Mount
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

_Song_                   _What a Friend We Have in Jesus_
Blessed are we in the city, and blessed are we in the field; **blessed are we when we come in, and blessed are we when we go out.**

_Psalm 32_
Happy are those whose transgression is forgiven, whose sin is covered. **Happy are those to whom the Lord imputes no iniquity,**
    and in whose spirit there is no deceit.
While I kept silence, my body wasted away
    through my groaning all day long.
For day and night your hand was heavy upon me;
    my strength was dried up as by the heat of summer.
Then I acknowledged my sin to you, and I did not hide my iniquity;
I said, ‘I will confess my transgressions to the Lord’,
    and you forgave the guilt of my sin.
Therefore let all who are faithful offer prayer to you;
at a time of distress, the rush of mighty waters shall not reach them.
You are a hiding-place for me; you preserve me from trouble;
    you surround me with glad cries of deliverance.
I will instruct you and teach you the way you should go;
    I will counsel you with my eye upon you.
Do not be like a horse or a mule, without understanding, whose temper must be curbed with bit and bridle, else it will not stay near you.
Many are the torments of the wicked,
    but steadfast love surrounds those who trust in the Lord.
Be glad in the Lord and rejoice, O righteous,
    and shout for joy, all you upright in heart.
Blessed are we in the city, and blessed are we in the field; **blessed are we when we come in, and blessed are we when we go out.**

*Old Testament Reading*  
*Deuteronomy 28:1-8*

*Silent Reflection*

*New Testament Reading*  
*Matthew 5:1-12*

*Silent Reflection*

Blessed are we in the city, and blessed are we in the field; **blessed are we when we come in, and blessed are we when we go out.**

Henri Nouwen wrote, “Ministers [and I think all Christians] are powerless people who have nothing to boast of except their weaknesses. But when the Lord whom they serve fills them with His blessing they will move mountains and change the hearts of people wherever they go.”

*Prayer for the Day*

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

*Prayers for Others*

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, March 8     Sermon on the Mount
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song     Ask Ye What Great Thing I Know

“Come,” my heart says, “seek his face”; your face, O Lord, do I seek.

Psalm 27
The Lord is my light and my salvation; whom shall I fear?
The Lord is the stronghold of my life; of whom shall I be afraid?
When evildoers assail me to devour my flesh—
my adversaries and foes— they shall stumble and fall.
Though an army encamp against me, my heart shall not fear;
though war rise up against me, yet I will be confident.
One thing I asked of the Lord, that will I seek after:
to live in the house of the Lord all the days of my life,
to behold the beauty of the Lord, and to inquire in his temple.
For he will hide me in his shelter in the day of trouble;
he will conceal me under the cover of his tent;
he will set me high on a rock.
Now my head is lifted up above my enemies all around me,
and I will offer in his tent sacrifices with shouts of joy;
I will sing and make melody to the Lord.
Hear, O Lord, when I cry aloud; be gracious to me and answer me!
‘Come,’ my heart says, ‘seek his face!’
Your face, Lord, do I seek. Do not hide your face from me.
Do not turn your servant away in anger, you who have been my help.
Do not cast me off, do not forsake me, O God of my salvation!
If my father and mother forsake me, the Lord will take me up.
Teach me your way, O Lord, and lead me on a level path
because of my enemies.
Do not give me up to the will of my adversaries, for false witnesses have risen against me, and they are breathing out violence. I believe that I shall see the goodness of the Lord in the land of the living. Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!

“Come,” my heart says, “seek his face”; your face, O Lord, do I seek.

Old Testament Reading
2 Samuel 22:26-34

Silent Reflection

New Testament Reading
Matthew 5:13-16

Silent Reflection

“Come,” my heart says, “seek his face”; your face, O Lord, do I seek.

James Cone wrote, “To live meaningfully, we must see light beyond the darkness.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, March 9

Sermon on the Mount

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

We Gather Together

Happy are those you discipline, O Lord, and whom you teach out of your law.

Psalm 94:1-15

O Lord, you God of vengeance, you God of vengeance, shine forth!
Rise up, O judge of the earth; give to the proud what they deserve!
O Lord, how long shall the wicked, how long shall the wicked exult?
They pour out their arrogant words; all the evildoers boast.

They crush your people, O Lord, and afflict your heritage.
They kill the widow and the stranger, they murder the orphan,
and they say, ‘The Lord does not see; the God of Jacob does not perceive.’

Understand, O dullest of the people; fools, when will you be wise?

He who planted the ear, does he not hear?
He who formed the eye, does he not see?

He who disciplines the nations, he who teaches knowledge to humankind, does he not chastise?

The Lord knows our thoughts, that they are but an empty breath.
Happy are those whom you discipline, O Lord,
and whom you teach out of your law,
giving them respite from days of trouble,
until a pit is dug for the wicked.

For the Lord will not forsake his people;
he will not abandon his heritage;
for justice will return to the righteous,
and all the upright in heart will follow it.
Happy are those you discipline, O Lord, and whom you teach out of your law.

Old Testament Reading  Leviticus 19:1-4, 9-18
Silent Reflection

New Testament Reading  Matthew 5:21-26, 38-48
Silent Reflection

Happy are those you discipline, O Lord, and whom you teach out of your law.

Jen Pollock Michel wrote, “King Jesus was bringing redemption in all of its fullness, and the establishment of God’s reign—his kingdom—inherited the campaign to heal all that was broken in the wake of human rebellion. Jesus’ kingship recalibrated values…it reorganized ambition…it also redefined loyalties…it ambiguity was no less than remaking earth in the likeness of heaven.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen. Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, March 10

Sermon on the Mount

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

My Shepherd Will Supply My Need

You restore my soul; you lead me in paths of righteousness for your name’s sake.

Psalm 23

The Lord is my shepherd;
I shall not want.
He maketh me to lie down in green pastures;
He leadeth me beside the still waters.
He restoreth my soul;
He leadeth me in paths of righteousness for his name’s sake.
Yea, though I walk through the valley of the shadow of death, I shall fear no evil;
For Thou art with me; thy rod and thy staff, they comfort me.
Thou preparest a table before me in the presence of mine enemies;
Thou anointest my head with oil; my cup runneth over.
Surely goodness and mercy shall follow me all the days of my life;
And I will dwell in the house of the Lord forever.

You restore my soul; you lead me in paths of righteousness for your name’s sake.

Old Testament Reading

Deuteronomy 10:12-22

Silent Reflection
New Testament Reading Matthew 6:25-34

Silent Reflection

You restore my soul; you lead me in paths of righteousness for your name’s sake.

Thomas Merton wrote, “Monastic prayer begins not so much with ‘considerations’ as with a ‘return to the heart,’” finding one’s deepest center, awakening the profound depths of our being in the presence of God, who is the source of our being and our life.”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  O Worship the King

They will receive blessing from the Lord, and vindication from the God of their salvation.

Psalm 24
The earth is the Lord’s and all that is in it, the world, and those who live in it; for he has founded it on the seas, and established it on the rivers.
Who shall ascend the hill of the Lord? And who shall stand in his holy place? Those who have clean hands and pure hearts, who do not lift up their souls to what is false, and do not swear deceitfully.
They will receive blessing from the Lord, and vindication from the God of their salvation.
Such is the company of those who seek him, who seek the face of the God of Jacob.
Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.
Who is the King of glory?
  The Lord, strong and mighty, the Lord, mighty in battle.
Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.
Who is this King of glory? The Lord of hosts, he is the King of glory.

They will receive blessing from the Lord, and vindication from the God of their salvation.
Old Testament Reading  
*Exodus 3:1-12*

**Silent Reflection**

New Testament Reading  
*Matthew 7:7-11*

**Silent Reflection**

They will receive blessing from the Lord, and **vindication from the God of their salvation.**

Henri Nouwen said, “The discipline of gratitude is the explicit effort to acknowledge that all I am and have is given to me as a gift of love, a gift to be celebrated with joy.”

**Prayer for the Day**

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen.

(John Henry Cardinal Newman)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, March 14   Repentance

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song   Immortal, Invisible, God Only Wise

The promise is for us, for our children, and for all who are far away,
for everyone the Lord our God calls to him.

Psalm 90:1-12

Lord, you have been our dwelling-place in all generations.
Before the mountains were brought forth, or ever you had formed the
earth and the world, from everlasting to everlasting you are God.
You turn us back to dust, and say, ‘Turn back, you mortals.’
For a thousand years in your sight are like yesterday when it is past,
or like a watch in the night.
You sweep them away; they are like a dream, like grass that is
renewed in the morning;
in the morning it flourishes and is renewed;
in the evening it fades and withers.
For we are consumed by your anger;
   by your wrath we are overwhelmed.
You have set our iniquities before you,
   our secret sins in the light of your countenance.
For all our days pass away under your wrath; our years come to
an end like a sigh.
The days of our life are seventy years, or perhaps eighty, if we are strong;
even then their span* is only toil and trouble;
   they are soon gone, and we fly away.
Who considers the power of your anger?
   Your wrath is as great as the fear that is due to you.
So teach us to count our days that we may gain a wise heart.
The promise is for us, for our children, and for all who are far away, for everyone the Lord our God calls to him.

Old Testament Reading
Ecclesiastes 12:1-8

Silent Reflection

New Testament Reading
Acts 2:29-40

Silent Reflection

The promise is for us, for our children, and for all who are far away, for everyone the Lord our God calls to him.

St. Ambrose of Milan said, “Forget not, O Lord, that I am one of those whom Thou hast created, and with Thine own blood has redeemed. I repent of my sins; I will strive to amend my ways.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.
Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

I will sing to the Lord as long as I live; I will sing praise to my God while I have being.

Psalm 104:24-35

O Lord, how manifold are your works!
In wisdom you have made them all; the earth is full of your creatures.
Yonder is the sea, great and wide,
creeping things innumerable are there, living things both small and great.
There go the ships, and Leviathan that you formed to sport in it.
These all look to you to give them their food in due season; when you give to them, they gather it up; when you open your hand, they are filled with good things.
When you hide your face, they are dismayed;
when you take away their breath, they die and return to their dust.
When you send forth your spirit, they are created;
and you renew the face of the ground.
May the glory of the Lord endure forever; may the Lord rejoice in his works—who looks on the earth and it trembles, who touches the mountains and they smoke.
I will sing to the Lord as long as I live;
I will sing praise to my God while I have being.
May my meditation be pleasing to him,
for I rejoice in the Lord.
Let sinners be consumed from the earth,
and let the wicked be no more.
Bless the Lord, O my soul.
Praise the Lord!
I will sing to the Lord as long as I live; **I will sing praise to my God while I have being.**

**Old Testament Reading**

*1 Kings 8:44-53*

**Silent Reflection**

**New Testament Reading**

*2 Corinthians 7:5-13a*

**Silent Reflection**

I will sing to the Lord as long as I live; **I will sing praise to my God while I have being.**

C.S. Lewis said, “The 'average sensual man' who is sometimes unfaithful to his wife, sometimes tipsy, always a little selfish, now and then (within the law) a trifle sharp in his deals, is certainly, by ordinary standards, a 'lower' type than the man whose soul is filled with some great Cause, to which he will subordinate his appetites, his fortune, and even his safety. But it is out of the second man that something really fiendish can be made; an Inquisitor, a Member of the Committee of Public Safety. It is great men, potential saints, not little men, who become merciless fanatics. Those who are readiest to die for a cause may easily become those who are readiest to kill for it.”

**Prayer for the Day**

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, March 17    Repentance
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                Jesus, Keep Me Near the Cross

As a father has compassion for his children, so the Lord has compassion for those who fear him.

Psalm 103:1-14
Bless the Lord, O my soul,
    and all that is within me, bless his holy name.
Bless the Lord, O my soul, and do not forget all his benefits—
who forgives all your iniquity, who heals all your diseases,
who redeems your life from the Pit, who crowns you with steadfast love and mercy, who satisfies you with good as long as you live
    so that your youth is renewed like the eagle’s.
The Lord works vindication and justice for all who are oppressed.
He made known his ways to Moses, his acts to the people of Israel.
The Lord is merciful and gracious, slow to anger and abounding in steadfast love.
He will not always accuse, nor will he keep his anger for ever.
He does not deal with us according to our sins,
    nor repay us according to our iniquities.
For as the heavens are high above the earth,
    so great is his steadfast love towards those who fear him;
as far as the east is from the west,
    so far he removes our transgressions from us.
As a father has compassion for his children,
    so the Lord has compassion for those who fear him.
For he knows how we were made; he remembers that we are dust.
As a father has compassion for his children, so the Lord has compassion for those who fear him.

Old Testament Reading  
Jeremiah 9:1-11

Silent Reflection

New Testament Reading  
Matthew 3:1-12

Silent Reflection

As a father has compassion for his children, so the Lord has compassion for those who fear him.

AJ Swoboda wrote, “Theology is done improperly when it is to collect content rather than to be transformed. Christianity is not about information hoarding. It is about a community transformed into the image of Christ.”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, March 18

Repentance

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Sun of My Soul

Put false ways far from me; and graciously teach me your law.

Psalm 119:25-32
My soul clings to the dust;
revive me according to your word.
When I told of my ways, you answered me;
teach me your statutes.
Make me understand the way of your precepts,
and I will meditate on your wondrous works.
My soul melts away for sorrow;
strengthen me according to your word.
Put false ways far from me;
and graciously teach me your law.
I have chosen the way of faithfulness;
I set your ordinances before me.
I cling to your decrees, O Lord;
let me not be put to shame.
I run the way of your commandments,
for you enlarge my understanding.

Put false ways far from me; and graciously teach me your law.

Old Testament Reading

Ezekiel 14:1-8

Silent Reflection
Put false ways far from me; and graciously teach me your law.

“Gardner Taylor wrote, Love stays on when everything else has left. Love abides! It keeps its vigil around sickbeds and slips through the bars of prison cells. Love stays on! It defies shame and disdains disgrace and believes in us anyhow. It bears pain and endures sorrow, and climbs dark hills. Love lasts when death is passed and the night is come. Love abides, when life has fled and the pulse is stilled, and our homes are empty. This love is hard to march up to, but it demands that we come up to the hard, crippling facts of life, with deep confidence that this love will never let us go.”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.
So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen.  

(John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, March 21

Renovation of the Heart

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Praise to the Lord, the Almighty

You hem me in, behind and before; You lay your hand upon me.

Psalm 139:1-12

O Lord, you have searched me and known me.
You know when I sit down and when I rise up;
you discern my thoughts from far away.
You search out my path and my lying down,
and are acquainted with all my ways.
Even before a word is on my tongue,
O Lord, you know it completely.
You hem me in, behind and before,
and lay your hand upon me.
Such knowledge is too wonderful for me;
it is so high that I cannot attain it.
Where can I go from your spirit? Or where can I flee from your presence?
If I ascend to heaven, you are there;
if I make my bed in Sheol, you are there.
If I take the wings of the morning
and settle at the farthest limits of the sea,
even there your hand shall lead me,
and your right hand shall hold me fast.
If I say, ‘Surely the darkness shall cover me, and the light around me become night’, even the darkness is not dark to you;
the night is as bright as the day, for darkness is as light to you.
You hem me in, behind and before; **You lay your hand upon me.**

*Old Testament Reading*  
*Isaiah 6:1-8*

*Silent Reflection*

*New Testament Reading*  
*Ephesians 4:15-24*

*Silent Reflection*

You hem me in, behind and before; **You lay your hand upon me.**

Dallas Willard wrote, “Jesus does not call us to do what he did, but to be as he was, permeated with love. Then the doing of what he did and said becomes the natural expression of who we are in Him.”

*Prayer for the Day*

**Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.** (Book of Common Prayer)

*Prayers for Others*

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  
Rock of Ages, Cleft for Me

Wash me thoroughly from my iniquity; **cleanse me from my sin.**

Psalm 51:1-12
Have mercy on me, O God, according to your steadfast love;
**according to your abundant mercy blot out my transgressions.**
Wash me thoroughly from my iniquity, and cleanse me from my sin.
For I know my transgressions, and my sin is ever before me.
Against you, you alone, have I sinned, and done what is evil in your sight, so
that you are justified in your sentence and blameless when you pass judgement.
Indeed, I was born guilty, a sinner when my mother conceived me.
You desire truth in the inward being;
 therefore teach me wisdom in my secret heart.
Purge me with hyssop, and I shall be clean;
 wash me, and I shall be whiter than snow.
Let me hear joy and gladness; let the bones that you have crushed rejoice.
Hide your face from my sins, and blot out all my iniquities.
Create in me a clean heart, O God,
 and put a new and right spirit within me.
Do not cast me away from your presence,
 and do not take your holy spirit from me.
Restore to me the joy of your salvation,
 and sustain in me a willing spirit.

Wash me thoroughly from my iniquity; **cleanse me from my sin.**
Wash me thoroughly from my iniquity; cleanse me from my sin.

Dallas Willard wrote, “Christian spiritual formation rests on the indispensable foundation of death to self and cannot proceed except insofar as that foundation is being firmly laid and sustained.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Great is Thy Faithfulness

I think about all your deeds; I meditate on the works of your hands.

Psalm 143:1-8

Hear my prayer, O Lord;

give ear to my supplications in your faithfulness;

answer me in your righteousness.

Do not enter into judgement with your servant,

for no one living is righteous before you.

For the enemy has pursued me,

crushing my life to the ground,

making me sit in darkness like those long dead.

Therefore my spirit faints within me;

my heart within me is appalled.

I remember the days of old,

I think about all your deeds,

I meditate on the works of your hands.

I stretch out my hands to you;

my soul thirsts for you like a parched land.

Answer me quickly, O Lord;

my spirit fails.

Do not hide your face from me,

or I shall be like those who go down to the Pit.

Let me hear of your steadfast love in the morning,

for in you I put my trust.

Teach me the way I should go, for to you I lift up my soul.
I think about all your deeds; I meditate on the works of your hands.

Old Testament Reading 1 Samuel 2:18-21
Silent Reflection
Silent Reflection

I think about all your deeds; I meditate on the works of your hands.

Dallas Willard wrote, “If our gospel does not free the individual up for a unique life of spiritual adventure in living with God daily, we simply have not entered fully into the good news that Jesus brought.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, March 24

Renovation of the Heart

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Draw Me Nearer

With the Lord is steadfast love, and with Him there is great power to redeem.

Psalm 130

Out of the depths I cry to you, O Lord.
    Lord, hear my voice!
Let your ears be attentive
    to the voice of my supplications!
If you, O Lord, should mark iniquities,
    Lord, who could stand?
But there is forgiveness with you,
    so that you may be revered.
I wait for the Lord, my soul waits,
    and in his word I hope;
my soul waits for the Lord
    more than those who watch for the morning,
more than those who watch for the morning.
O Israel, hope in the Lord!
    For with the Lord there is steadfast love,
and with him is great power to redeem.
It is he who will redeem Israel
    from all its iniquities.

With the Lord is steadfast love, and with Him there is great power to redeem.
With the Lord is steadfast love, and with Him there is great power to redeem.

Dallas Willard wrote, “Many churches are measuring the wrong things. We measure things like attendance and giving, but we should be looking at more fundamental things like anger, contempt, honesty, and the degree to which people are under the thumb of their lusts. Those things can be counted, but not as easily as offerings.”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.
Amen. (Orthodox)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, March 25

Renovation of the Heart

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Beautiful Savior

He put a new song in my mouth, a song of praise to our God.

Psalm 40:1-8

I waited patiently for the Lord; he inclined to me and heard my cry.
He drew me up from the desolate pit, out of the miry bog, and set
my feet upon a rock, making my steps secure.
He put a new song in my mouth, a song of praise to our God.

Many will see and fear, and put their trust in the Lord.
Happy are those who make the Lord their trust,
who do not turn to the proud, to those who go astray after false gods.
You have multiplied, O Lord my God, your wondrous deeds and your
thoughts towards us; none can compare with you.

Were I to proclaim and tell of them,
they would be more than can be counted.
Sacrifice and offering you do not desire, but you have given me an open ear.
Burnt-offering and sin-offering you have not required.
Then I said, ‘Here I am; in the scroll of the book it is written of me.
I delight to do your will, O my God;
your law is within my heart.’

He put a new song in my mouth, a song of praise to our God.

Old Testament Reading

Obadiah 1-4

Silent Reflection

New Testament Reading

John 10:1-10

Silent Reflection
He put a new song in my mouth, a song of praise to our God.

Dallas Willard wrote, “So many people would like to have guidance from God because obviously, if you have a word from God, it's the best possible thing. But they don't relate that to life as a whole. Often they want guidance as a way of opting out of the responsibility of making decisions.”

Prayer for the Day

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone.

So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others
The Lord’s Prayer
Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, March 28       The Cry of the Poor

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                   God Reveals His Presence

With righteousness He shall judge the poor, and He will decide with equity
for the meek of the earth.

Psalm 72

Give the king your justice, O God, and your righteousness to a king’s son.
May he judge your people with righteousness, and your poor with justice.
May the mountains yield prosperity for the people,
    and the hills, in righteousness.
May he defend the cause of the poor of the people,
    give deliverance to the needy, and crush the oppressor.
May he live while the sun endures,
    and as long as the moon, throughout all generations.
May he be like rain that falls on the mown grass,
    like showers that water the earth.
In his days may righteousness flourish
    and peace abound, until the moon is no more.
May he have dominion from sea to sea,
    and from the River to the ends of the earth.
May his foes bow down before him, and his enemies lick the dust.
May the kings of Tarshish and of the isles render him tribute,
    may the kings of Sheba and Seba bring gifts.
May all kings fall down before him, all nations give him service.
For he delivers the needy when they call,
    the poor and those who have no helper.
He has pity on the weak and the needy, and saves the lives of the needy.
From oppression and violence he redeems their life;
    and precious is their blood in his sight.
Long may he live! May gold of Sheba be given to him. May prayer be made for him continually, and blessings invoked for him all day long. May there be abundance of grain in the land; may it wave on the tops of the mountains; may its fruit be like Lebanon; and may people blossom in the cities like the grass of the field. May his name endure for ever, his fame continue as long as the sun. May all nations be blessed in him; may they pronounce him happy.

With righteousness He shall judge the poor, and He will decide with equity for the meek of the earth.

Old Testament Reading Isaiah 11:1-9
Silent Reflection
Silent Reflection

With righteousness He shall judge the poor, and He will decide with equity for the meek of the earth.

Ron Sider wrote, “For the poor, the schools do not work and their jobs do not pay. For the richest nation on Earth, this situation is unnecessary. For the Christian, it is immoral.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others
The Lord’s Prayer
Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, March 29        The Cry of the Poor

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Holy, Holy, Holy!

The Lord protects the poor and keeps them alive; they are called happy in the land.

Psalm 41

Happy are those who consider the poor;
the LORD delivers them in the day of trouble.
The LORD protects them and keeps them alive;
they are called happy in the land.
You do not give them up to the will of their enemies.
The LORD sustains them on their sickbed;
in their illness you heal all their infirmities.

As for me, I said, ‘O LORD, be gracious to me;
heal me, for I have sinned against you.’

My enemies wonder in malice when I will die, and my name perish.
And when they come to see me, they utter empty words, while their hearts gather mischief; when they go out, they tell it abroad.
All who hate me whisper together about me; they imagine the worst for me.
They think that a deadly thing has fastened on me,
that I will not rise again from where I lie.

Even my bosom friend in whom I trusted,
who ate of my bread, has lifted the heel against me.
But you, O LORD, be gracious to me, and raise me up, that I may repay them.

By this I know that you are pleased with me;
because my enemy has not triumphed over me.
But you have upheld me because of my integrity,
and set me in your presence for ever.
Blessed be the LORD, the God of Israel, from everlasting to everlasting. Amen and Amen.

The Lord protects the poor and keeps them alive; they are called happy in the land.

Old Testament Reading  Amos 8:4-12
Silent Reflection
New Testament Reading  Mark 10:17-31
Silent Reflection

The Lord protects the poor and keeps them alive; they are called happy in the land.

Pope Francis said, “To love God and neighbor is not something abstract, but profoundly concrete: it means seeing in every person and face the Lord to be served, to serve him concretely.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

God of Grace and God of Glory

From the rising of the sun to its setting the name of the Lord is to be praised.

Psalm 113

Praise the LORD!
Praise, O servants of the LORD; praise the name of the LORD.
Blessed be the name of the LORD from this time on and for evermore.
From the rising of the sun to its setting the name of the LORD is to be praised.
The LORD is high above all nations, and his glory above the heavens.
Who is like the LORD our God, who is seated on high, who looks far down on the heavens and the earth?
He raises the poor from the dust, and lifts the needy from the ash heap, to make them sit with princes, with the princes of his people.
He gives the barren woman a home, making her the joyous mother of children.
Praise the LORD!
From the rising of the sun to its setting the name of the Lord is to be praised.

Old Testament Reading  
Deuteronomy 15:7-11

Silent Reflection

New Testament Reading  
James 2:1-7

Silent Reflection

From the rising of the sun to its setting the name of the Lord is to be praised.

St. John Chrysostom wrote, “…remember this without fail: that to fail to share our own wealth with the poor is theft from the poor and deprivation of their means of life; we do not possess our own wealth but theirs.”

Prayer for the Day
O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

Prayers for Others

The Lord’s Prayer  
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, March 31  The Cry of the Poor
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  May the Mind of Christ, My Savior

God will rise up to defend the poor; he will place them in the safety for which they long.

Psalm 12
Help, O LORD, for there is no longer anyone who is godly;
the faithful have disappeared from humankind.
They utter lies to each other;
with flattering lips and a double heart they speak.
May the LORD cut off all flattering lips, the tongue that makes great boasts,
those who say, ‘With our tongues we will prevail;
our lips are our own—who is our master?’
‘Because the poor are despoiled, because the needy groan,
I will now rise up,’ says the LORD;
‘I will place them in the safety for which they long.’
The promises of the LORD are promises that are pure,
silver refined in a furnace on the ground, purified seven times.
You, O LORD, will protect us;
you will guard us from this generation for ever.
On every side the wicked prowl,
as vileness is exalted among humankind.

God will rise up to defend the poor; he will place them in the safety for which they long.
God will rise up to defend the poor; he will place them in the safety for which they long.

Richard John Neuhaus wrote, “Consumerism is not simply the state of being well off, it is the spiritual disposition of being controlled by what one consumes, of living in order to consume, of living in order to have things. This, of course, is a great spiritual danger for rich and poor alike.”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, April 1  

The Cry of the Poor

O Lord, let my soul rise up to meet you 
as the day rises to meet the sun. 

Glory to the Father, and to the Son, and 
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord : let us shout for joy to the Rock of our salvation.

Song  

Sun of My Soul

The Lord raises up the poor from the dust; he lifts the needy from the ash heap.

Psalm 68:1-10

Let God rise up, let his enemies be scattered; 
let those who hate him flee before him. 

As smoke is driven away, so drive them away; 
as wax melts before the fire, let the wicked perish before God. 

But let the righteous be joyful; let them exult before God; let them be jubilant with joy. 

Sing to God, sing praises to his name; lift up a song to him who rides upon the clouds—his name is the Lord—be exultant before him. 

Father of orphans and protector of widows is God in his holy habitation. 

God gives the desolate a home to live in; he leads out the prisoners to prosperity, but the rebellious live in a parched land. 

O God, when you went out before your people, when you marched through the wilderness, 
the earth quaked, the heavens poured down rain at the presence of God, the God of Sinai, at the presence of God, the God of Israel. 

Rain in abundance, O God, you showered abroad; 

you restored your heritage when it languished; 

your flock found a dwelling in it; in your goodness, O God, you provided for the needy.

The Lord raises up the poor from the dust; he lifts the needy from the ash heap.
Old Testament Reading

1 Samuel 2:1-10

Silent Reflection

New Testament Reading

Luke 1:46-56

Silent Reflection

The Lord raises up the poor from the dust; he lifts the needy from the ash heap.

Mother Teresa said, “Our life of poverty is as necessary as the work itself. Only in heaven will we see how much we owe to the poor for helping us to love God better because of them.”

Prayer for the Day

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, April 4

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Amazing Grace

Through Christ God was pleased to reconcile to himself all things:
making peace through the blood of his cross.

Psalm 80:1-7
Give ear, O Shepherd of Israel, you who lead Joseph like a flock!
You who are enthroned upon the cherubim, shine forth
before Ephraim and Benjamin and Manasseh.
Stir up your might, and come to save us!
Restore us, O God; let your face shine, that we may be saved.
O Lord God of hosts, how long will you be angry with your people’s prayers?
You have fed them with the bread of tears,
and given them tears to drink in full measure.
You make us the scorn of our neighbours;
our enemies laugh among themselves.
Restore us, O God of hosts;
let your face shine, that we may be saved.

Through Christ God was pleased to reconcile to himself all things:
making peace through the blood of his cross.

Old Testament Reading
Jeremiah 31:31-34

Silent Reflection

New Testament Reading
Colossians 1:15-23

Silent Reflection
Through Christ God was pleased to reconcile to himself all things: making **peace through the blood of his cross**.

N.T. Wright wrote, “The message of Easter is that God’s new world has been unveiled in Jesus Christ and you’re invited to be a part of it.”

**Prayer for the Day**

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

**Prayers for Others**

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Ask Ye What Great Thing I Know
Blessed are we in the city, and blessed are we in the field; blessed are we when we come in, and blessed are we when we go out.

Psalm 126
When the Lord restored the fortunes of Zion, we were like those who dream.
Then our mouth was filled with laughter, and our tongue with shouts of joy; then it was said among the nations, ‘The Lord has done great things for them.’
The Lord has done great things for us, and we rejoiced.
Restore our fortunes, O Lord, like the watercourses in the Negeb.
May those who sow in tears reap with shouts of joy.
Those who go out weeping, bearing the seed for sowing, shall come home with shouts of joy, carrying their sheaves.

Blessed are we in the city, and blessed are we in the field; blessed are we when we come in, and blessed are we when we go out.

Old Testament Reading  Deuteronomy 28:1-14
Silent Reflection
Silent Reflection
Blessed are we in the city, and blessed are we in the field; blessed are we when we come in, and blessed are we when we go out.

Philip Yancey wrote, “[Christian faith is] basically about love and being loved and reconciliation. These things are so important, they’re foundational and they can transform individuals and families.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, April 6       Reconciliation

O Lord, let my soul rise up to meet you
**as the day rises to meet the sun.**
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

**Song**   For the Beauty of the Earth

If you remember that your brother or sister has something against you:
**leave your gift there before the altar and go.**

**Psalm 133**  
How very good and pleasant it is
   when kindred live together in unity!
**It is like the precious oil on the head,**
   **running down upon the beard,**
on the beard of Aaron,
   **running down over the collar of his robes.**
It is like the dew of Hermon,
   which falls on the mountains of Zion.
**For there the Lord ordained his blessing,**
   **life for evermore.**

If you remember that your brother or sister has something against you:
**leave your gift there before the altar and go.**

**Old Testament Reading**  
*Genesis 45:4-15*  
Silent Reflection

**New Testament Reading**  
*Matthew 5:21-26*  
Silent Reflection
If you remember that your brother or sister has something against you: leave your gift there before the altar and go.

Timothy Tyson said, "If there is to be reconciliation, first there must be truth."

**Prayer for the Day**

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song Jesus, What a Friend for Sinners

Create in me a clean heart, O God: and put a new and right spirit within me.

Psalm 51:1-12
Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I know my transgressions, and my sin is ever before me. Against you, you alone, have I sinned, and done what is evil in your sight, so that you are justified in your sentence and blameless when you pass judgment.
Indeed, I was born guilty, a sinner when my mother conceived me. You desire truth in the inward being; therefore teach me wisdom in my secret heart. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Let me hear joy and gladness; let the bones that you have crushed rejoice. Hide your face from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and put a new and right spirit within me. Do not cast me away from your presence, and do not take your holy spirit from me. Restore to me the joy of your salvation, and sustain in me a willing spirit.

Create in me a clean heart, O God: and put a new and right spirit within me.
Create in me a clean heart, O God: and put a new and right spirit within me.

Craig Keener wrote, “If God summons us to surmount a barrier that He Himself had established in Scripture (the barrier separating Israel from Gentiles), how much more does he summon us to surmount every other barrier that has been established merely by human sinfulness?”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Reconciliation

Friday, April 8

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Jesus, Thou Joy of Loving Hearts

The Lord, the Most High, is awesome, a great King over all the earth.

Psalm 47

Clap your hands, all you peoples;
   shout to God with loud songs of joy.
For the Lord, the Most High, is awesome,
   a great king over all the earth.
He subdued peoples under us,
   and nations under our feet.
He chose our heritage for us,
   the pride of Jacob whom he loves.
God has gone up with a shout, the Lord with the sound of a trumpet.
Sing praises to God, sing praises;
   sing praises to our King, sing praises.
For God is the king of all the earth;
   sing praises with a psalm.
God is king over the nations;
   God sits on his holy throne.
The princes of the peoples gather
   as the people of the God of Abraham.
For the shields of the earth belong to God;
   he is highly exalted.
The Lord, the Most High, is awesome, a great King over all the earth.

Old Testament Reading  
*Genesis 4:8-16*

Silent Reflection

New Testament Reading  
*2 Corinthians 5:11-21*

Silent Reflection

The Lord, the Most High, is awesome, a great King over all the earth.

Anne Kennedy wrote, “If you fling yourself on God’s mercy, which you don’t deserve, he will stand you on your feet and he will not leave you alone, but will help you learn how to behave well, will help you to see that other people are people too, and that you yourself are not a god worthy of adoration.”

Prayer for the Day

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, April 11            His Bitter Passion
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                  What Wondrous Love is This
If my father and mother forsake me, the Lord will take me up.

Psalm 27
The Lord is my light and my salvation; whom shall I fear?
The Lord is the stronghold of my life; of whom shall I be afraid?
When evildoers assail me to devour my flesh—
my adversaries and foes— they shall stumble and fall.
Though an army encamp against me, my heart shall not fear;
though war rise up against me, yet I will be confident.
One thing I asked of the Lord, that will I seek after:
to live in the house of the Lord all the days of my life, to behold the
beauty of the Lord, and to inquire in his temple.
For he will hide me in his shelter in the day of trouble;
he will conceal me under the cover of his tent; he will set me high on a rock.
Now my head is lifted up above my enemies all around me,
and I will offer in his tent sacrifices with shouts of joy;
I will sing and make melody to the Lord.
Hear, O Lord, when I cry aloud,
be gracious to me and answer me!
‘Come,’ my heart says, ‘seek his face!’
   Your face, Lord, do I seek. Do not hide your face from me.
Do not turn your servant away in anger, you who have been my help.
Do not cast me off, do not forsake me, O God of my salvation!
If my father and mother forsake me, the Lord will take me up.
Teach me your way, O Lord, and lead me on a level path
   because of my enemies.
Do not give me up to the will of my adversaries,
for false witnesses have risen against me,
and they are breathing out violence.
I believe that I shall see the goodness of the Lord in the land of the living.
Wait for the Lord; be strong, and let your heart take courage;
wait for the Lord!

If my father and mother forsake me, the Lord will take me up.

Old Testament Reading Isaiah 38:10-13
Silent Reflection
Silent Reflection

If my father and mother forsake me, the Lord will take me up.

Hans Urs von Balthasar said, “It is to the Cross that the Christian is challenged
to follow his Master: no path of redemption can make a detour around it.”

Prayer for the Day
Lord God, almighty and everlasting Father, you have brought us
in safety to this new day: Preserve us with your mighty power,
that we may not fall into sin, nor be overcome by adversity; and in
all we do, direct us to the fulfilling of your purpose; through Jesus
Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others
The Lord’s Prayer
Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you;
may he guide you through the wilderness: protect you through the storm;
may he bring you home rejoicing: at the wonders he has shown you;
may he bring you home rejoicing: once again into our doors.
Tuesday, April 12        His Bitter Passion
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                In the Cross of Christ I Glory
But I, O Lord, cry out to you; in the morning my prayer comes before you.

Psalm 88
O Lord, God of my salvation, when, at night, I cry out in your presence, let my prayer come before you; incline your ear to my cry.
For my soul is full of troubles, and my life draws near to Sheol.
I am counted among those who go down to the Pit;
I am like those who have no help, like those forsaken among the dead, like the slain that lie in the grave, like those whom you remember no more, for they are cut off from your hand.
You have put me in the depths of the Pit, in the regions dark and deep.
Your wrath lies heavy upon me, and you overwhelm me with all your waves.
You have caused my companions to shun me;
you have made me a thing of horror to them.
I am shut in so that I cannot escape; my eye grows dim through sorrow.
Every day I call on you, O Lord; I spread out my hands to you.
Do you work wonders for the dead?
Do the shades rise up to praise you?
Is your steadfast love declared in the grave, or your faithfulness in Abaddon?
Are your wonders known in the darkness,
or your saving help in the land of forgetfulness?
But I, O Lord, cry out to you; in the morning my prayer comes before you.
O Lord, why do you cast me off? Why do you hide your face from me?
Wretched and close to death from my youth up, I suffer your terrors; I am desperate.
Your wrath has swept over me; your dread assaults destroy me.
They surround me like a flood all day long; from all sides they close in on me. 
**You have caused friend and neighbour to shun me; my companions are in darkness.**

But I, O Lord, cry out to you; **in the morning my prayer comes before you.**

**Old Testament Reading**
*Isaiah 38:14-16*

**Silent Reflection**

**New Testament Reading**
*John 18:33-19:16*

**Silent Reflection**

But I, O Lord, cry out to you; **in the morning my prayer comes before you.**

James Earl Massey wrote, “Jesus came into the world to save us, not only from the wrath of God but also from the waywardness which makes us deserve that wrath.”

**Prayer for the Day**

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, April 13  His Bitter Passion
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  Beneath the Cross of Jesus
Do not be far from me, for trouble is near, and there is no one to help.

Psalm 22
My God, my God, why have you forsaken me?
Why are you so far from helping me, from the words of my groaning?
O my God, I cry by day, but you do not answer; and by night, but find no rest.
Yet you are holy, enthroned on the praises of Israel.
In you our ancestors trusted; they trusted, and you delivered them.
To you they cried, and were saved; in you they trusted, and were not put to shame.
But I am a worm, and not human; scorned by others, and despised by the people.
All who see me mock at me; they make mouths at me, they shake their heads;
‘Commit your cause to the Lord; let him deliver—
   let him rescue the one in whom he delights!’
Yet it was you who took me from the womb; you kept me safe on my mother’s breast.
On you I was cast from my birth, and since my mother bore me you have been my God.
Do not be far from me, for trouble is near and there is no one to help.

Many bulls encircle me, strong bulls of Bashan surround me;
they open wide their mouths at me, like a ravening and roaring lion.
I am poured out like water, and all my bones are out of joint;
my heart is like wax; it is melted within my breast;
my mouth is dried up like a potsherd, and my tongue sticks to my jaws;
   you lay me in the dust of death.

For dogs are all around me; a company of evildoers encircles me.
My hands and feet have shriveled; I can count all my bones.
They stare and gloat over me; they divide my clothes among themselves, and for my clothing they cast lots.
But you, O Lord, do not be far away!
   O my help, come quickly to my aid!
Deliver my soul from the sword, my life from the power of the dog!
   Save me from the mouth of the lion!
From the horns of the wild oxen you have rescued me.
I will tell of your name to my brothers and sisters;
   in the midst of the congregation I will praise you:
You who fear the Lord, praise him! All you offspring of Jacob, glorify him; stand in awe of him, all you offspring of Israel!

For he did not despise or abhor the affliction of the afflicted; he did not hide his face from me, but heard when I cried to him.

From you comes my praise in the great congregation; my vows I will pay before those who fear him. The poor shall eat and be satisfied; those who seek him shall praise the Lord. May your hearts live for ever!

All the ends of the earth shall remember and turn to the Lord; and all the families of the nations shall worship before him.

For dominion belongs to the Lord, and he rules over the nations. To him, indeed, shall all who sleep in the earth bow down; before him shall bow all who go down to the dust, and I shall live for him.

Posterity will serve him; future generations will be told about the Lord, and proclaim his deliverance to a people yet unborn, saying that he has done it.

Do not be far from me, for trouble is near, and there is no one to help.

*Epistle Reading*  
Philippians 2:5-11

*Silent Reflection*

*New Testament Reading*  
Mark 15:16-47

*Silent Reflection*

Do not be far from me, for trouble is near, and there is no one to help.

St. John said, “Herein is love, not that we loved God, but that He loved us, and sent His son to be the propitiation for our sins.”

*Prayer for the Day*

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us.

*Amen.* (John Wesley)

*Prayers for Others*

*The Lord’s Prayer*

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, April 19  

He is Risen Indeed

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

Christ the Lord is Risen Today

I shall not die, but I shall live, and recount the deeds of the Lord.

Psalm 118:1-2, 15-24

O give thanks to the Lord, for he is good; his steadfast love endures forever!

Let Israel say, ‘His steadfast love endures for ever.’

There are glad songs of victory in the tents of the righteous:
‘The right hand of the Lord does valiantly; the right hand of the
Lord is exalted; the right hand of the Lord does valiantly.’

I shall not die, but I shall live, and recount the deeds of the Lord.

The Lord has punished me severely, but he did not give me over to
death.

Open to me the gates of righteousness, that I may enter through them
and give thanks to the Lord.

This is the gate of the Lord; the righteous shall enter through it.

I thank you that you have answered me and have become my salvation.

The stone that the builders rejected has become the chief
cornerstone.

This is the Lord’s doing; it is marvellous in our eyes.

This is the day that the Lord has made; let us rejoice and be glad in it.

I shall not die, but I shall live, and recount the deeds of the Lord.

Old Testament Reading  

Jonah 2

Silent Reflection
**New Testament Reading**

Matthew 28:1-15

**Silent Reflection**

I shall not die, but I shall live, **and recount the deeds of the Lord.**

Frederica Mathewes-Green said, “Easter tells us of something children can’t understand, because it addresses things they don’t yet have to know: the weariness of life, the pain, the profound loneliness and hovering fear of meaninglessness….Easter may seem boring to children, and it is blessedly unencumbered by the silly fun that plagues Christmas. Yet it contains the one thing needful for every human life: the good news of the Resurrection.”

**Prayer for the Day**

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, April 20  

He is Risen Indeed

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

Darkness Has Faded

Sing to God, sing praises to him; tell of all his wonderful works.

Psalm 105:1-7

O give thanks to the Lord, call on his name,
make known his deeds among the peoples.

Sing to him, sing praises to him;
tell of all his wonderful works.

Glory in his holy name;
let the hearts of those who seek the Lord rejoice.

Seek the Lord and his strength;
seek his presence continually.

Remember the wonderful works he has done,
his miracles, and the judgements he has uttered,
O offspring of his servant Abraham,
children of Jacob, his chosen ones.

He is the Lord our God;
his judgements are in all the earth.

Sing to God, sing praises to him; tell of all his wonderful works.

Old Testament Reading  

Hosea 6:1-3

Silent Reflection
Silent Reflection

Sing to God, sing praises to him; **tell of all his wonderful works.**

Pope John Paul II said, “Do not abandon yourselves to despair. We are the Easter people and hallelujah is our song.”

**Prayer for the Day**

**O** that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. **Amen.** (John Wesley)

**Prayers for Others**

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, April 21

He is Risen Indeed

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

My Hope is in the Lord

Because the Lord is at my right hand, my heart is glad; my soul rejoices, and my body also rests secure.

Psalm 16

Protect me, O God, for in you I take refuge.
I say to the Lord, ‘You are my Lord; I have no good apart from you.’
As for the holy ones in the land, they are the noble, in whom is all my delight.
Those who choose another god multiply their sorrows; their drink-offerings of blood I will not pour out or take their names upon my lips.
The Lord is my chosen portion and my cup; you hold my lot.
The boundary lines have fallen for me in pleasant places; I have a goodly heritage.
I bless the Lord who gives me council; in the night also my heart instructs me.
I keep the Lord always before me; because he is at my right hand,
I shall not be moved.
Therefore my heart is glad, and my soul rejoices; my body also rests secure.
For you do not give me up to Sheol, or let your faithful one see the Pit.
You show me the path of life. In your presence there is fullness of joy;
in your right hand are pleasures for evermore.

Because the Lord is at my right hand, my heart is glad; my soul rejoices, and my body also rests secure.

Old Testament Reading

Job 19:23-27

Silent Reflection
Silent Reflection

Because the Lord is at my right hand, my heart is glad; my soul rejoices, and my body also rests secure.

N.T. Wright said, “Jesus’ resurrection is the beginning of God’s new project not to take people away from earth to heaven but to colonize earth with the life of heaven. That, after all, is what the Lord’s Prayer is about.”

Prayer for the Day
As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

Prayers for Others
The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Friday, April 22

He is Risen Indeed

O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

That Easter Day With Joy Was Bright

Make melody to God with the harp of ten strings. Sing to him a new song, play skillfully on the strings, and shout for joy.

Psalm 33:1-11

Rejoice in the Lord, O you righteous.
   Praise befits the upright.

Praise the Lord with the lyre;
   make melody to him with the harp of ten strings.
Sing to him a new song; play skilfully on the strings, with loud shouts.
For the word of the Lord is upright,
   and all his work is done in faithfulness.
He loves righteousness and justice;
   the earth is full of the steadfast love of the Lord.

By the word of the Lord the heavens were made,
   and all their host by the breath of his mouth.

He gathered the waters of the sea as in a bottle;
   he put the deeps in storehouses.
Let all the earth fear the Lord;
   let all the inhabitants of the world stand in awe of him.
For he spoke, and it came to be;
   he commanded, and it stood firm.
The Lord brings the counsel of the nations to nothing; he frustrates the plans of the peoples.
The counsel of the Lord stands for ever, the thoughts of his heart to all generations.

Make melody to God with the harp of ten strings. Sing to him a new song, play skillfully on the strings, and shout for joy.
Old Testament Reading  
*Isaiah 53:7-12*

Silent Reflection

New Testament Reading  
*John 21:1-14*

Silent Reflection

Make melody to God with the harp of ten strings. **Sing to him a new song, play skillfully on the strings, and shout for joy.**

Philips Brooks said, “Let every man and woman count themselves immortal. Let them catch the revelation of Jesus in his resurrection. Let them say not merely, “Christ is risen,” but “I am risen.”

*Prayer for the Day*

Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

*Prayers for Others*

**The Lord’s Prayer**

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

**Closing Prayer**

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Monday, April 25       The Blessed Hope
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song                Darkness Has Faded

Sing praises to the Lord, O you his faithful ones; and give thanks to his holy name.

Psalm 30
I will extol you, O Lord, for you have drawn me up,
    and did not let my foes rejoice over me.
O Lord my God, I cried to you for help, and you have healed me.
O Lord, you brought up my soul from Sheol,
    restored me to life from among those gone down to the Pit.
Sing praises to the Lord, O you his faithful ones, and give thanks to his holy name.
For his anger is but for a moment; his favour is for a lifetime.
Weeping may linger for the night, but joy comes with the morning.
As for me, I said in my prosperity, ‘I shall never be moved.’
By your favour, O Lord, you had established me as a strong mountain;
you hid your face; I was dismayed.
To you, O Lord, I cried, and to the Lord I made supplication:
‘What profit is there in my death, if I go down to the Pit?
Will the dust praise you? Will it tell of your faithfulness?
Hear, O Lord, and be gracious to me! O Lord, be my helper!’
You have turned my mourning into dancing;
    you have taken off my sackcloth and clothed me with joy,
so that my soul may praise you and not be silent.
    O Lord my God, I will give thanks to you for ever.
Sing praises to the Lord, O you his faithful ones; and give thanks to his holy name.

New Testament Reading  
Acts 9:1-6

Silent Reflection

New Testament Reading  
Revelation 5:11-14

Silent Reflection

The Lord has done great things for us; so we rejoice.

Hannah Anderson wrote, “Just as the choices of the first man and woman affected generations to come, so the choices of Jesus affected generations to come. This is the mystery and the hope of the incarnation: we are restored as much by the life of Christ as by His death and resurrection.”

Prayer for the Day

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen. (Book of Common Prayer)

Prayers for Others

The Lord’s Prayer

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Tuesday, April 26  

The Blessed Hope

O Lord, let my soul rise up to meet you  
as the day rises to meet the sun.  
Glory to the Father, and to the Son, and to the Holy Spirit,  
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song  

When Morning Dawns and Evening Fades

You restore my soul; you lead me in paths of righteousness for your name’s sake.

Psalm 23 (King James Version; read in unison)  
The Lord is my shepherd; I shall not want.  
He maketh me to lie down in green pastures;  
He leadeth me beside the still waters.  
He restoreth my soul: he leadeth me in the paths of righteousness for his name’s sake.  
Yea, though I walk through the valley of the shadow of death, I will fear no evil,  
For thou art with me; thy rod and thy staff, they comfort me.  
Thou preparest a table before me in the presence of mine enemies; thou anointest my head with oil; my cup runneth over.  
Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the Lord forever.  

You restore my soul; you lead me in paths of righteousness for your name’s sake.

Gospel Reading  
John 10:22-30

Silent Reflection
New Testament Reading  Revelation 7:9-17

Silent Reflection

You restore my soul; you lead me in paths of righteousness for your name’s sake.

Martin Luther King wrote, “True peace is not merely the absence of tension, but it is the presence of justice.”

Prayer for the Day
I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen. (Martin Luther)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Wednesday, April 27       The Blessed Hope
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song       All People That On Earth Do Dwell

God is the king of all the earth; sing praises with a psalm.

Psalm 47
Clap your hands, all you peoples;
   shout to God with loud songs of joy.
For the Lord, the Most High, is awesome,
   a great king over all the earth.
He subdued peoples under us,
   and nations under our feet.
He chose our heritage for us,
   the pride of Jacob whom he loves.
God has gone up with a shout,  
   the Lord with the sound of a trumpet.
Sing praises to God, sing praises;
   sing praises to our King, sing praises.
For God is the king of all the earth;
   sing praises with a psalm.
God is king over the nations;  
   God sits on his holy throne.
The princes of the peoples gather
   as the people of the God of Abraham.
For the shields of the earth belong to God;
   he is highly exalted.
God is the king of all the earth; **sing praises with a psalm.**

*Old Testament Reading*  
Amos 5:18-24

*Silent Reflection*

*New Testament Reading*  
Revelation 21:1-8

*Silent Reflection*

God is the king of all the earth; **sing praises with a psalm.**

G.K. Chesterton wrote, “The true object of all human life is play. Earth is a task garden; heaven is a playground.”

*Prayer for the Day*

O that we may all receive of Christ’s fullness, grace upon grace; grace to pardon our sins, and subdue our iniquities; to justify our persons and to sanctify our souls; and to complete that holy change, that renewal of our hearts, whereby we may be transformed into that blessed image wherein thou didst create us. Amen. (John Wesley)

*Prayers for Others*

*The Lord’s Prayer*

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

*Closing Prayer*

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Thursday, April 28    The Blessed Hope
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song    Praise to the Lord, the Almighty

The nations are in an uproar, the kingdoms totter; he utters his voice, the earth melts.

Psalm 46
God is our refuge and strength, a very present help in trouble.
Therefore we will not fear, though the earth should change,
though the mountains shake in the heart of the sea; though its waters roar and foam, though the mountains tremble with its tumult.
There is a river whose streams make glad the city of God,
the holy habitation of the Most High.
God is in the midst of the city; it shall not be moved; God will help it when the morning dawns.
The nations are in an uproar, the kingdoms totter; he utters his voice, the earth melts.
The Lord of hosts is with us; the God of Jacob is our refuge.
Come, behold the works of the Lord; see what desolations he has brought on the earth.
He makes wars cease to the end of the earth; he breaks the bow, and shatters the spear; he burns the shields with fire.
‘Be still, and know that I am God! I am exalted among the nations,
I am exalted in the earth.’
The Lord of hosts is with us; the God of Jacob is our refuge.

The nations are in an uproar, the kingdoms totter; he utters his voice, the earth melts.

Old Testament Reading    Daniel 7:9-14
Silent Reflection
New Testament Reading    Revelation 21:9-26
Silent Reflection

The nations are in an uproar, the kingdoms totter; **he utters his voice, the earth melts.**

C.S. Lewis wrote, “…if you have really handed yourself over to Christ, it must follow that you are trying to obey Him. But trying in a new way, a less worried way. Not doing these things in order to be saved, but because He has begun to save you already. Not hoping to get to Heaven as a reward for your actions, but inevitably wanting to act in a certain way because a first faint gleam of Heaven is already inside you.”

**Prayer for the Day**

As I rise from sleep, I thank you, Holy Trinity, for because of your great goodness and patience, you were not angry with me, an idler and sinner, nor have you destroyed me in my sins, but have shown your usual love for me. And when I was prostrate in despair, you raised me to glory with your power. Enlighten now my mind’s eye; open my mouth to study your words and understand your commandments, to do your will and sing to you in heartfelt adoration, and praise your most holy name, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. (Orthodox)

**Prayers for Others**

_The Lord’s Prayer_

Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

_Closing Prayer_

May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; May he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
O Lord, let my soul rise up to meet you
as the day rises to meet the sun.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be forever. Amen.

Come, let us sing to the Lord: let us shout for joy to the Rock of our salvation.

Song

All Creatures of our God and King

All the ends of the earth shall remember and turn to the Lord; and all the families of the nations shall worship before him.

Psalm 22:22-31
I will tell of your name to my brothers and sisters;
in the midst of the congregation I will praise you:
You who fear the Lord, praise him! All you offspring of Jacob, glorify him; stand in awe of him, all you offspring of Israel!
For he did not despise or abhor the affliction of the afflicted;
he did not hide his face from me, but heard when I cried to him.
From you comes my praise in the great congregation;
my vows I will pay before those who fear him.
The poor shall eat and be satisfied; those who seek him shall praise the Lord. May your hearts live for ever!
All the ends of the earth shall remember and turn to the Lord;
and all the families of the nations shall worship before him.
For dominion belongs to the Lord, and he rules over the nations.
To him, indeed, shall all who sleep in the earth bow down;
before him shall bow all who go down to the dust,
and I shall live for him.
Posterity will serve him; future generations will be told about the Lord, and proclaim his deliverance to a people yet unborn, saying that he has done it.
All the ends of the earth shall remember and turn to the Lord; and all the families of the nations shall worship before him.

Old Testament Reading
Malachi 4

Silent Reflection

New Testament Reading
Revelation 22

Silent Reflection

All the ends of the earth shall remember and turn to the Lord; and all the families of the nations shall worship before him.

C.S. Lewis wrote, “I have come home at last! This is my real country! I belong here. This is the land I have been looking for all my life, though I never knew it till now...Come further up, come further in!”

Prayer for the Day
Help us to be cheerful when things go wrong, persevering when things are difficult, serene when things are irritating. Enable us to be helpful to those in difficulties, kind to those in need, sympathetic to those whose hearts are sore and sad. Grant that nothing may make us lose our tempers, nothing may take away our joy, nothing may ruffle our peace, and nothing may make us bitter towards anyone. So grant that through all this day, all with whom we work, and all those whom we meet, may see in us the reflection of the Master, Whose we are, and Whom we seek to serve. This we ask for Thy love’s sake. Through Christ our Lord: Amen. (John Henry Cardinal Newman)

Prayers for Others

The Lord’s Prayer
Our Father, who art in heaven: Hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory for ever: Amen.

Closing Prayer
May the peace of the Lord Christ go with you: wherever he may send you; may he guide you through the wilderness: protect you through the storm; may he bring you home rejoicing: at the wonders he has shown you; may he bring you home rejoicing: once again into our doors.
Evening Communion

Opening Litany
Leader: Blessed be God: Father, Son and Holy Spirit.
People: And blessed be His Kingdom, now and forever. Amen.
Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love You, and worthily magnify your holy name, through Christ our Lord. Amen.

The Word of God
Let us speak together the words of Christ: You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the first and greatest commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments hang all the Law and the Prophets.

Scripture Readings (from morning prayer, or selected by presider; read by presider or other selected person)
Old Testament, followed by silent reflection
New Testament, followed by silent reflection
Presider’s Reflections (optional)

The Prayers of the People
All may simply name a cause for thanksgiving, or a person or situation in need of prayer. After each name/request, all together say, “Lord, hear our prayer.”

Confession of Sin
Let us pray: (kneel as you are able)
Lord, have mercy; Christ, have mercy; Lord, have mercy.
I confess to Almighty God, and to you, my brothers and sisters, that I have sinned through my own fault: in my thoughts, and in my words, in what I have done, and in what I have failed to do; and I ask you, my brothers and sisters, to pray for me to the Lord our God. (silent prayer)
If we confess our sin, God is faithful, and God is just; He will forgive us our sin, and cleanse us from all unrighteousness.

**Sung together (standing; other songs may be substituted):**

*The Steadfast Love of the Lord* OR *In the Lord, I’ll be ever thankful (Taizé)*

**The Steadfast Love of the Lord never ceases;**

*The steadfast love of the Lord never ceases;*  
*His mercies never come to an end.*

**They are new every morning, new every morning;**

*They are new every morning, new every morning;*  
*Great is Your faithfulness, O God;*  
*Great is Your faithfulness.*  
*(Edith McNeill)*

**In the Lord, I will rejoice.**

*In the Lord, I will rejoice.*  
*Lift up your voices, the Lord is near,*  
*Lift up your voices, the Lord is near.*

**Communion**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing,  
always and everywhere to give thanks to you,  
Father Almighty, creator of heaven and earth.  
You formed us in your image and breathed into us the breath of life.  
When we turned away, and our love failed, your love remained steadfast.  
You delivered us from captivity, made covenant to be our sovereign God, called us through the Law, and spoke to us through your prophets.  
And so, with your people on earth and all the company of heaven, with myriad myriads of angels, and ministers of fire and spirit, together with the cherubim and seraphim, we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might,**

*Holy, holy, holy Lord, God of power and might,*  
*heaven and earth are full of your glory,*  
*Hosanna in the highest.***

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**
Holy are you, and blessed is your Son Jesus Christ. Your Spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save your people. He healed the sick, fed the hungry, and ate with sinners.

By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the spirit. When the Lord Jesus ascended he promised to be with us always, in the power of your Word and Holy Spirit.

On the night in which he gave himself up for us, Our Lord Jesus took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

Likewise, when the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith:

**Christ has died; Christ is risen; Christ will come again.**

Pour out your Holy Spirit on us here, and on these gifts of bread and the cup, that they may be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by His blood. Even as this broken bread was scattered over the hills, and was gathered together and became one, so let your church be gathered together from the ends of the earth into your kingdom. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory and we feast at his heavenly banquet. Through your Son Jesus Christ, with your Holy Spirit in your Holy Church, all honor and glory is yours, Almighty Father, now and forever.  

Amen.
And now, as our savior Christ has taught us, let us pray:

**Our Father, who art in heaven, hallowed be thy name;**
**Thy kingdom come. Thy will be done on earth as it is in heaven.**
**Give us this day our daily bread.**
**And forgive us our trespasses, as we forgive those who trespass against us.**
**And lead us not into temptation, but deliver us from evil.**
**For thine is the kingdom, and the power, and the glory, forever. Amen.**

Presider: The gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on Him in your hearts by faith, with thanksgiving.

The presider and an aide hold the bread and the cup, taking them around to the people, who partake by intinction. The one holding the bread may say: “The body of Christ,” and the one holding the cup may say: “The blood of Christ.” If the servers find it preferable, silence may be kept or other appropriate words said.

**Post-communion Prayer**

You, Master Almighty, have created all things for your name's sake. You gave food and drink to all people for enjoyment, that they might give thanks to you; but to us you freely give spiritual food and drink and life eternal through Jesus, your servant.

Remember, Lord, your church. Deliver us from all evil and make us perfect in your love, and gather us from the four winds, sanctified for your kingdom which you have prepared for us. For Yours is the power and the glory forever.

**Hymn**  Morning Hymn, For the Fruit of All Creation or Day is Done

**Benediction** *(presider may choose his/her own words if preferable)*

May the grace of the Lord Jesus Christ,
And the love of God,
And the fellowship of the Holy Spirit
Be with you all, now and forever: Amen.
**Evening Prayer**

Leader: Blessed be God: Father, Son and Holy Spirit.

**People: And blessed be His Kingdom, now and forever. Amen.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love You, and worthily magnify your holy name, through Christ our Lord. **Amen.**

**The Word of God**

Let us speak together the words of Christ: **You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the first and greatest commandment. And the second is like it: You shall love your neighbor as yourself. On these two commandments hang all the Law and the Prophets.**

**Scripture Readings** (from morning prayer, or selected by presider; read by presider or other selected person)

Old Testament, followed by silent reflection
New Testament, followed by silent reflection
Presider’s Reflections (optional)

**The Prayers of the People**

*All may simply name a cause for thanksgiving, or a person or situation in need of prayer. After each name/request, all together say, “Lord, hear our prayer.”*

**Confession of Sin**

Let us confess our sin to God and each other: (kneel as you are able)

Lord, have mercy; Christ, have mercy; Lord, have mercy.

I confess to Almighty God, and to you, my brothers and sisters, that I have sinned through my own fault: in my thoughts, and in my words, in what I have done, and in what I have failed to do; and I ask you, my brothers and sisters, to pray for me to the Lord our God. (silent prayer)
Assurance of Pardon
St. John reminds us that if we confess our sin, God is faithful, and God is just; He will forgive us our sin, and cleanse us from all unrighteousness.

Fear not, for I have redeemed you.
I have called you by name; you are mine.
Fear not, for I have redeemed you.
I have called you by name; you are mine.
When you pass through the waters, I will be with you.
When you walk through fire, you shall not be burned.
I have called you by name; you are mine.
Glory to the Father and to the Son and to the Holy Spirit.
Fear not, for I have redeemed you.
I have called you by name; you are mine.

(from Isaiah 43)

Prayer for the Evening Ahead
That this evening may be holy, good, and peaceful, let us pray with one heart and mind.
(Silence)
As our evening prayer rises before you, O God, so may your mercy come down upon us: to cleanse our hearts, and set us free to sing your praise now and forever. Amen.

The Lord’s Prayer
And now, as our Savior Christ has taught us, let us pray:
Our Father, who art in heaven, hallowed be thy name;
Thy kingdom come. Thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever. Amen.

Benediction (presider may choose his/her own words if preferable)
May the grace of the Lord Jesus Christ,
And the love of God,
And the fellowship of the Holy Spirit
Be with you all, now and forever: Amen.
Darkness Has Faded

text by James Quinn; to the tune CHRISTE SANCTORUM
(on next page)

Darkness has faded, night gives way to morning;
Sleep has refreshed us, now we thank our Maker.
Singing his praises, lifting up to heaven
Hearts, minds and voices.

Father of mercies, bless the hours before us;
While there is daylight may we work to please you,
Building a city fit to be your dwelling,
Home for all nations.

Daystar of heaven, Dawn that ends our darkness.
Sun of salvation, Lord enthroned in splendor,
Stay with us, Jesus; let your Easter glory
Fill all creation.

Flame of the Spirit, fire with love’s devotion
Hearts love created, make us true apostles;
Give us a vision wide as heav’n's horizon.
Bright with your promise.

Father in heaven, guide your children homewards;
Jesus, our Brother, walk beside us always;
Joy-giving Spirit, make the world one people,
Sign of God’s Kingdom.
Father, we praise Thee, now the night is over;  
Active and watchful, stand we all before Thee;  
Singing, we offer, prayer and meditation;  
Thus we adore Thee.

Monarch of all things, fit us for Thy mansions;  
Banish our weakness, health and wholeness sending;  
Bring us to Heaven, where Thy saints united  
Joy without ending.

All holy Father, Son and equal Spirit,  
Trinity blessed, send us Thy salvation;  
Thine is the glory, gleaming and resounding  
Through all creation.

Gregory the Great, 540-604
(Topics and Lead-in Below)

When Morning Dawns and Evening Fades

TUNE: FOREST GREEN
Psalm 65:8-13

1. When morning dawns and evening fades, I hear a song of joy.
2. When morning dawns and evening fades, I know that You are love.
3. O Lord, our Lord, Almighty God, Beyond all I can see, Your hand is working even now To set creation free.

Your greatness is a mighty hymn That will
Your riches fill the spreading sea. You will
Every heart can hear. And all day long the endless showers us with light. Throughout the land Your holy fill a world renewed When every hill and every

WORDS: Ken Bible
MUSIC: Traditional English Melody; arr. by Ken Bible

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song Arises pure and clear.
hand Brings all the earth to life.
heart Are singing, Lord, of You!


TOPICS: Creator; Praise & Worship; Eternal Life; God's Love

LEAD-IN: Psalm 65 says, “Where morning dawns and evening fades you
call forth songs of joy. You care for the land and water it; you enrich
it abundantly...You crown the year with your bounty...The grasslands
of the desert overflow; the hills are clothed with gladness...They shout
for joy and sing.” (Psalm 65:8-13, NIV)
For the Fruit of All Creation

words: Fred Pratt Green, 1970

Tune: AR HYD Y NOS, commonly “All Through The Night,” Welsh

For the fruit of all creation,
Thanks be to God.
For His gifts to every nation,
Thanks be to God.
For the plowing, sowing, reaping,
Silent growth while we are sleeping,
Future needs in earth’s safe-keeping,
Thanks be to God.

In the just reward of labor,
God’s will is done.
In the help we give our neighbor,
God’s will is done.
In our worldwide task of caring
For the hungry and despairing,
In the harvests we are sharing,
God’s will is done.

For the harvests of the Spirit,
Thanks be to God.
For the good we all inherit,
Thanks be to God.
For the wonders that astound us,
For the truths that still confound us,
Most of all, that love has found us,
Thanks be to God.
Day is Done
Text: Fr. James Quinn
Tune: AR HYD Y NOS, commonly “All Through the Night”

Day is done, but love unfailing dwells ever here;
Shadows fall, but hope, prevailing,
calms every fear.
Loving Father, none forsaking,
take our hearts
of Love's own making
Watch our sleeping, guard our waking,
be always near.

Dusk descends, but light unending
shines through our night
You are with us, ever lending
new strength to sight
One in love, your truth confessing
one in hope of heaven's blessing
May we see, in love's possessing
love's endless light!

Eyes will close, but you unsleeping
watch by our side
Death may come, in love's safekeeping
still we abide
God of love, all evil quelling
sin forgiving, fear dispelling
Stay with us, our hearts indwelling
this eventide.
Between the exhilaration of Beginning
and the satisfaction of Concluding
is the Middle Time
    of enduring, changing, trying,
    despairing, continuing, becoming.

Jesus Christ was the man of God’s Middle Time
between Creation and . . . Accomplishment.
Through him God said of Creation,
“Without mistake.”
And of Accomplishment,
“Without doubt.”

And we, in our Middle Times
    of wondering, waiting, hurrying,
    hesitating, regretting, revising;
We who have begun many things—
and seen but few completed;
We who are becoming more—and less;
through the evidence of God’s Middle Time
have a stabilizing hint
    that we are not mistakes,
    that we are irreplaceable,
    that our Being is of interest
and our Doing is of purpose,
    that our Being and our Doing
are surrounded by AMEN.

Jesus Christ is the Completer
    of unfinished people
    with unfinished work
    in unfinished times.

May he keep us from sinking, ceasing,
wasting, solidifying—
    that we may be for him
experimenters, enablers, encouragers,
and associates in Accomplishment.

~ Lona Fowler
“Little Gidding”
From T.S. Eliot, *The Four Quartets*
The dove descending breaks the air
with flame of incandescent terror
Of which the tongues declare
The one discharge from sin and error.
The only hope, or else despair
Lies in the choice of pyre or pyre-
To be redeemed from fire by fire.

Who then devised the torment? Love.
Love is the unfamiliar Name
Behind the hands that wove
The intolerable shirt of flame
Which human power cannot remove.
We only live, only suspire
Consumed by either fire or fire.
The Servant Song

1. Brother, let me be your servant.
   Let me be as Christ to you.
   Pray that I might have the grace
to let you be my servant, too.

2. We are pilgrims on a journey.
   We are travelers on the road.
   We are here to help each other
walk the mile and bear the load.

3. I will hold the Christ-light for you
   in the night time of your fear.
   I will hold my hand out to you,
speak the peace you long to hear.

4. I will weep when you are weeping.
   When you laugh, I'll laugh with you.
   I will share your joy and sorrow
till we've seen this journey through.

5. When we sing to God in heaven,
   We shall find such harmony
Born of all we've known together
Of Christ's love and agony.

6. Sister, let me be your servant.
   Let me be as Christ to you.
   Pray that I might have the grace
to let you be my servant, too.