

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
DISC GOLF INSTRUCTION <b>Thursday, September 26</b> 10 AM / Caneadea Town Park entrance/Houghton	FICTION BOOK CLUB <b>Tuesday, October 15</b> 10 AM / Encore Suite	COOKING FOR 1 OR 2 DEMO <b>Wednesday, November 13</b> 2:30 PM / Encore Suite	FICTION BOOK CLUB <b>Tuesday, December 17</b> 10 AM / Encore Suite
GET SMART <b>Thursday, September 26</b> 4 PM / Encore Suite	GET SMART <b>Thursday, October 24</b> 4 PM / Encore Suite	FICTION BOOK CLUB <b>Tuesday, November 19</b> 10 AM / Encore Suite	SUPPER CLUB <b>Thursday, December 19</b>
MEDICARE WORKSHOP <b>Friday, September 27th</b> 10AM - 2PM / Encore Suite	SUPPER CLUB <b>Thursday, October 24</b> 6 PM / Various Homes	PUMPKIN FALL FLOWER ARRANGEMENT WORKSHOP <b>Tuesday, November 19</b> 1 PM / Encore Suite	
		GET SMART <b>Thursday, November 21</b> 4 PM / Encore Suite	

Please see back for programming descriptions.

## WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PICKLEBALL 8:30 AM / KPAC	WATER FITNESS 8-8:45 AM / Nielsen	SENIOR EXERCISE 9-10 AM / Nielsen	WATER FITNESS 8-8:45 AM / Nielsen	SENIOR EXERCISE 9-10 AM / Nielsen
SENIOR EXERCISE 9-10 AM / Nielsen		TAI CHI 7 PM / Wide Awake Library, Fillmore	PICKLEBALL 8:30 AM / Nielsen	
RETIRED MEN'S GATHERING 9:30 AM / Encore Suite			RECORDER GROUP 1:30-3 PM / Encore Suite	
NEEDLE CRAFTS 1-4 PM / Encore Suite				

\*These activities take place each week, with some not meeting when the university is on break. Check with the coordinators and watch the weekly emails for updates.